

~TVCCA SENIOR CAFÉ NOVEMBER MENU~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu is subject to change without notice. 1% milk & whole grain bread are served with each meal.</p>				<p>I. <u>BIRTHDAY LUNCH</u> BROCCOLI, POTATO & CHEDDAR SOUP POT ROAST MASHED POTATOES MIXED VEGGIES APPLESAUCE CAKE & ICE CREAM</p>
<p>4. BRAISED BEEF TIPS HERB ROASTED POTATOES PEAS & PEARL ONIONS FRUIT COCKTAIL</p>	<p>5. TERIYAKI CHICKEN STEAMED RICE JAPANESE VEGGIE BLEND FRESH ORANGE</p>	<p>6. SWEDISH MEATBALLS EGG NOODLES ZUCCHINI, PEASE & CARROTS SWEET TREAT JUICE</p>	<p>7. LEMON DILL HADDOCK PARSLEY POTATOES SQUASH MIX w/ CARROTS & STRING BEANS DICED PEACHES</p>	<p>8. <u>VETERAN'S DAY CELEBRATION</u></p> 
<p>11. SENIOR CENTER CLOSED</p> <p style="text-align: center;">  Thank You VETERANS</p>	<p>12. STUFFED GREEN PEPPERS CARROT COINS CAULIFLOWER FRUIT COCKTAIL</p>	<p>13. STUFFED SHELLS w/ MARINARA GARLIC BREAD WAXED BEANS PEAS FRESH FRUIT</p>	<p>14. CHICKEN FAJITA SPANISH RICE MIXED VEGGIE MEDLEY PINEAPPLE TIDBITS</p>	<p>15. CHICKEN NOODLE SOUP STEAMED PORK DUMPLINGS SHREDDED CABBAGE & CARROT BROCCOLI JAPANESE VEGGIE BLEND SWEET TREAT JUICE</p>
<p>18. MONTE CRISTO SANDWICH SWEET POTATO TATER TOTS BROCCOLI, PEPPERS & MUSHROOMS PINEAPPLE TIDBITS</p>	<p>19. STUFFED HADDOCK w/ SHELLFISH RICE PILAF MIXED VEGGIE MEDLEY APPLESAUCE</p>	<p>20. <u>THANKSGIVING LUNCHEON</u> TURKEY w/ GRAVY STUFFING MASHED POTATOES CRANBERRY SAUCE GREEN BEANS PUMPKIN PIE JUICE</p>	<p>21. PORK SAUSAGE & GRAVY BISCUIT TATER TOTS CORN w/ PEPPERS & ONIONS PEARS w/ MANDARIN ORANGES</p>	<p>22. SPLIT PEA & HAM SOUP CHEESE PIEROGIES GROATS w/ ROASTED VEGETABLES SQUASH MIX w/ CARROTS & STRING BEANS FRESH ORANGE</p>
<p>25. PORK STIR FRY STEAMED RICE BRUSSEL SPROUTS FRESH FRUIT</p>	<p>26. SHEPHERDS PIE CORN PEAS & PEARL ONIONS SWEET TREAT JUICE</p>	<p>27. CRISPY COD PATTY MACARONI & CHEESE BROCCOLI FRUIT COCKTAIL</p>	<p>28. SENIOR CENTER CLOSED 29. SENIOR CENTER CLOSED</p> <p style="font-size: 2em; color: #D9534F; font-family: cursive;">Happy Thanksgiving</p>	

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$9.27. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made circling your choices on the menu and submitting it in the office or by calling 860-487-9876.

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