



~TVCCA SENIOR CAFÉ JANUARY MENU~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu is subject to change without notice. 1% milk & whole grain bread are served with each meal.</p>		<p>I. SENIOR CENTER CLOSED</p> <p>HAPPY NEW YEAR!</p>	<p>2. SALISBURY STEAK W/ GRAVY MASHED POTATOES MIXED VEGETABLES PINEAPPLE TIDBITS</p>	<p>3. <u>BIRTHDAY LUNCH</u> SPLIT PEA & HAM SOUP HUNGARIAN GOULASH EGG NOODLES BROCCOLI, WAXED BEANS, & CARROTS CAKE & ICE CREAM</p>
<p>6. PHILLY CHEESESTEAK TATER TOTS CORN W/ PEPPERS & ONIONS APPLESAUCE</p>	<p>7. CHICKEN CACCIATORE PASTA SHELLS W/ MARINARA GREEN & YELLOW SQUASH SWEET TREAT JUICE</p>	<p>8. BEEF STEW HERB ROASTED POTATOES BROCCOLI FRESH FRUIT</p>	<p>9. CRISPY COD MACARONI & CHEESE BRUSSEL SPROUTS DICED PEACHES</p>	<p>10. CORN CHOWDER PORK DUMPLINGS W/ SHREDDED CABBAGE & CARROTS STEAMED RICE JAPANESE VEGETABLE BLEND PEARS W/ MANDARIN ORANGES</p>
<p>13. CHICKEN PARMESAN FARFALLE PASTA W/ MARINARA GREEN BEANS PINEAPPLE TIDBITS</p>	<p>14. BRAISED BEEF TIPS HERB ROASTED POTATOES MIXED VEGETABLES PINEAPPLE TIDBITS</p>	<p>15. MEAT LASAGNA BRUSSEL SPROUTS SQUASH MIX W/ CARROTS & STRING BEANS DINNER ROLL PUDDING JUICE</p>	<p>16. PORK SAUSAGE & GRAVY BISCUIT TATER TOTS CORN W/ PEPPERS & ONIONS MANDARIN ORANGES</p>	<p>17. BROCCOLI, POTATO, & CHEDDAR SOUP CHICKEN MARSALA GARLIC ROASTED POTATOES ZUCCHINI, PEAS, & CARROTS FRESH ORANGE</p>
<p>20. SENIOR CENTER CLOSED</p> 	<p>21. MEATLOAF W/ GRAVY MASHED POTATOES BRUSSEL SPROUTS FRESH FRUIT</p>	<p>22. STUFFED CHICKEN KIEV RICE PILAF GREEN & WAXED BEANS SWEET TREAT JUICE</p>	<p>23. ITALIAN SAUSAGE & PEPPERS GRINDER PEAS & PEARL ONIONS PINEAPPLE TIDBITS</p>	<p>24. <u>FRESH FRIDAY</u></p>  <p>PLEASE REGISTER IN OFFICE WITH PAYMENT BY 1/17</p>
<p>27. PORK LOIN W/ MUSHROOM GRAVY ROASTED GARLIC POTATOES MIXED VEGETABLES FRESH ORANGE</p>	<p>28. MEATBALLS MARINARA PENNE PASTA GREEN BEANS APPLESAUCE</p>	<p>29. FISHERMAN STEW PARSLEY POTATOES CAULIFLOWER, CARROTS, & SNAP PEAS PINEAPPLE TIDBITS</p>	<p>30. CHEESE PIEROGIS GROATS W/ ROASTED VEGETABLES BROCCOLI SWEET TREAT JUICE</p>	<p>31. MINISTRONE SOUP CHICKEN FAJITA YELLOW RICE & BLACK BEANS CORN W/ ONIONS & PEPPERS TROPICAL FRUIT CUP</p>

Lunch is served at 12:00pm Monday through Friday for individuals aged 60 & over and their spouses. Suggested voluntary donation is \$3.00, payable the day of the meal. The price for those under 60 is \$9.27. Please remember to make your reservation by 10:00am the day before you plan to come for lunch. Reservations can be made circling your choices on the menu and submitting it in the office or by calling 860-487-9876.