



VIRTUAL Dementia Caregivers Support Group

Do you care for someone diagnosed with dementia? A support group provides emotional, educational and social support.

Topics include:

- Communication techniques
- Caregiver support
- Benefits of activities
- Stages of disease
- Family dynamics
- Safety issues

When:

Mondays: 10am, Tuesdays: 3pm, Wednesdays: 10am, & Fridays: 2pm

**Starting Wednesday, March 18, these will be offered on a week-by-week basis.*

**To join Hartford HealthCare's Virtual Meeting Room,
Call: 860.972.6338. Access code: 19623#.**

Facilitated by:

Hartford HealthCare Center for Healthy Aging's
Certified Dementia Specialists

For more information, please call 877.424.4641. No RSVP needed.

