



# SENIOR SPARKS

VOLUME 37 ISSUE 7    MANSFIELD SENIOR CENTER ASSOCIATION, INC.    JULY 2011  
303 Maple Road, Storrs/Mansfield CT 06268    (860) 429-0262, ext. 5

\* President: Marilyn Gerling \* Vice President: Chuck Boster \* Secretary: Beverly Gotch \* Finance Officer: Don Stitts \* Treasurer: Wilfred Bigl  
\* Asst. Treasurer & Sparks Manager: Kathy Rule \* Travel: Judy Bigl \* Ways & Means: Jan Scottron  
\* Program Co-Chairs: Ferne MacDonald & Estelle Elliott \* Member-at-Large: Sam Gordon

## New Officers of the Mansfield Senior Center Association, Inc.'s Executive Board

(July 1, 2011 to June 30, 2013)

- President: Marilyn Gerling
- Vice President: Chuck Boster
- Secretary: Beverly Gotch
- Finance Officer: Don Stitts
- Treasurer: Wilfred Bigl

### Committee Chairs:

- Travel: Judy Bigl
- Ways & Means: Jan Scottron
- Program Planning: Ferne MacDonald & Estelle Elliott
- Sparks Manager: Kathy Rule
- Computer: Mike Palmer & Frank Trainor
- Member-at-Large: Sam Gordon
- Immediate Past President: Tom Rogers

## Something New is in the Air!

Starting with the August issue of *Senior Sparks*, we will be devoting a page each month for suggestions and comments from our members. Please feel free to sign your name or remain anonymous.

Perhaps there is a trip, class, or speaker you would like to see offered at the Center. Maybe you feel there are things we could be doing differently so we may serve you better. We need your input. It's your Center, so get involved ...

### *Speak up! Speak out!*

Please give comments or suggestions to Kathy Rule or place in the *Sparks* folder before the middle of each month in order for them to be published in a timely manner.

Thanking you in advance,

Kathy Rule  
*Sparks* Manager

*"Let every nation know, whether it wishes us well or ill, we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, to assure the survival and success of liberty."*

~ John F. Kennedy

**A NOTE FROM CINDY DAINTON ...  
SENIOR SERVICES COORDINATOR**

Reminder: The Senior Center will be closed the week of July 18th to the 22nd for annual maintenance. If you have any questions during that time, please contact Mansfield Human Services at 860-429-3315.

Recently, some of you may have noticed that I have been going around to some of the classes to do head counts. I am finding individuals that are not swiping in. It is important to swipe in for many reasons. First, the town watches the attendance at the Senior Center for usage. This impacts the budget, custodial time, and other services from the town. Second, I use the figures to determine rooms for the groups. Third, these are the figures that are used in grant applications. If you have misplaced your swipe card, please see a staff member for a replacement. If you are not swiping in for any other reason, please see me. As a reminder, there is a fee waiver that is income-based for Mansfield residents. If you feel that you may qualify, please see myself or Barbara Lavoie.

Thursday evening programming is in full swing when you get this newsletter. I am hoping that you will come in and cool off at the Senior Center this summer. Matt Hart will be holding an informal conversation on the 7th, a Downtown Partnership update will be on the 14th, and a showing of *The King's Speech* will be on the 28th. Please look elsewhere in the newsletter for more detailed information.

Congratulations to the Human Services Department for being awarded the grant for a van for seniors and disabled residents of Mansfield! The money will not come into the department until late fall. In the meantime, we are looking for volunteers that would be interested in driving the van. Please see Gianna Stebbins if you are interested, and she will be able to assist you with getting a public service license.

As a gentle reminder, please drink your water this summer and stay hydrated! Dehydration can have some significant complications any time of year, but especially during the summer. The Senior Center is air conditioned so please feel free to come here to get cooled off!

**Have a Safe and Hydrated Summer!!**

**MANSFIELD SENIOR CENTER ASSOCIATION, INC.**

*A Note from Marilyn Gerling, President, M.S.C.A.*

Email: gerling@snet.net

First I want to thank Tom Rogers for all he's done for the Association and individual members for the past four years. And also for being very helpful in orienting me to my new position in the Association.

This year I'm wearing a different hat! Last year in the July newsletter I was writing about leaving my position as Interim Coordinator and becoming free to volunteer. Never did I imagine volunteering as President of the Association! This will be a challenge for me, and is one in which I'm looking forward to what we can accomplish together. With lots of help from you wonderful volunteers, we'll be fine!

One thing that would make a big difference is if you all try to be more conscientious about swiping in. This gives us a more accurate picture of how many are actually coming to the Senior Center, and what you are coming for. In this respect, be sure to swipe in and check "volunteers" when you are volunteering. I found this a bit of a maze at first, but by clicking on "volunteers" in the upper right corner, then "general assistance", and "other", I finally got to "program", which was what I was looking for. Then the hours will pop up. Maybe I'm the only one for whom this is all new!

We have many committees, and I'd like to have another one to brainstorm on some ideas about other things you might like to see offered. If you or someone you know would be interested in heading up a reading or writing group, please let me or Cindy know. Check the next issue of *Sparks* for the date and time of a new "Ideas" committee meeting.

***Have a Happy and Safe 4th of July!!!***



**MISCELLANY**

**Thank You**

Many thanks to John Adamcik, June Curtis, Sam Gordon, Beryl Griffin, Richard Hobby, Ed Siccard, and Al Swanson for collating the June issue of *Sparks*.

**BLUEBERRY STUDY**

Blueberries must be ordered by **Thursday, July 14th, 11:00 AM**

*NO EXCEPTIONS!*

Blueberry pick-up is **Friday, July 22nd, 11:00 to 11:30 AM**

*Blueberries are available to Study Participants Only*

Welcome to the newest member of the Mansfield Senior Center Association:

**Phillip Maiorana**

**Sparks Submissions**

Please submit your articles for the August issue of *Sparks* by July 8th. Thank you.

**CHARTER OAK PASS**

The Charter Oak Pass provides Connecticut residents age 65 or older free access to Connecticut State Parks and Forests. The Charter Oak Pass is a life-use pass for which no fee is charged. You must be a Connecticut resident 65 or older, and provide proof of age and residency. To receive additional information or to apply by mail: Dept. of Environmental Protection, Charter Oak Pass, State Parks Division, 79 Elm St., Hartford CT 06106-5127. 1-860-424-3200 or www.ct.gov/dep.

**TRAVEL DESK**



**WELCOME TO OUR NEW 2011 TRAVEL SCHEDULE**

Contact Judy at 860-429-0180 or the Travel Desk at 860-429-0262, ext. 6.

The trips are starting to fill up, so be sure to sign up soon! We have a great schedule coming up and hope to see you all on the bus .....

July 14 (Thursday): *Dock & Dine w/Show & Thimble Island Cruise* \$71.00 pp *This is a great, fun trip. So don't miss it...*

August 16 (Tuesday): *Newport Playhouse & Cabaret "Lobster Bake Buffet"* \$85.00 pp. Deadline: Aug. 5th. *Last year it was a sellout, so don't miss out!*



September 7 (Wednesday): *Suffolk Downs Raceway (Boston) w/ Luncheon Buffet*—includes 8x10" photo, much more, see flyer. A real fun day. Deadline: Aug. 22. *A fun day and only \$50.00!*

October 18 (Tuesday): *Octoberfest at Inn at Villa Bianca, Seymour, CT.* All you can eat German buffet, unlimited beer and wine, German entertainment and dancing. \$75.00 pp. Deadline: Oct. 3rd. *This is a very popular trip!*



November 3 (Thursday): *Buddy Holly Tribute w/Luncheon at Log Cabin* in North Hampton, MA. Roast turkey AND Yankee pot roast. \$68.00 pp. Deadline: Oct. 31st. *This trip will certainly bring back some old memories!*

November 29 (Tuesday): *Hukelau's "Christmas in Hawaii"* Chicopee, MA. Prime rib or baked scrod. \$62.00 pp. Deadline: November 16. *What better way to start the holiday season!*



**Change of Address?**

Have you recently moved? **Please** let us know if you have a change of address or if you will be temporarily away, so we may update our records, especially if you receive the monthly newsletter *Senior Sparks*. Thanks!

**Senior Hobby Display Case Share your talent!**

Please stop by and enjoy this month's display, courtesy of Alice Miner.

If you have items you would like to share in the Hobby Display Case, please see Cindy.

**LOST & FOUND**

Nikon Camera Flash (please see Linda)

**Barbara Lavoie, MSW, Senior Services Social Worker**

Barbara is available at the Mansfield Senior Center Monday, Wednesday, Thursday, and Fridays from 8:30 AM-4:30 PM, to assist you with information, assessments, and referrals to community services, as well as short-term counseling free of charge.



**JULY**

**BE WELL NEWSLETTER**

Dear Members,

As many of you know, ConnPace as we know it, will be phased out July 1, 2011, to all Medicare beneficiaries. If you presently have ConnPace, you are eligible for the Medicare Savings Program (MSP). The Medicare Savings Program has three sub-groups. As a ConnPace member you will fall into one of these groups. It is imperative that when you receive your notice from ConnPace (phasing out letter), that you complete the yellow application that is enclosed with this letter. This is your application to go onto the MSP Program. I understand that these yellow letters will be processed ASAP so that people will not have any lapse in medication coverage, so don't delay in sending this application in. Any questions? Please call me.

Thank you all for the food donations!!!! Every can of soup, box of cereal, or box of pasta goes to people in our community who are less fortunate than us.

The newly formed "Caregivers Support Group", that meets every third Thursday of the month, is gaining

strength. This is a very warm and comfortable support group for those who are caring for a loved one and need support. Come for a cup of tea (oh, the comfort of tea!), and meet others for support.

Lisa Holle will visit the Wellness Center on Monday, July 25, 9:00 to 11:00 AM & 1:00 to 3:30 PM. Ms. Holle will offer you one-on-one time to examine any medications that you are taking and advise you of any potential dangers or conflicts that these drugs may have with each other. Call me to schedule your appointment at 860-429-0262, ext. 1.

Last, but not least...please remember to protect yourself from the sun and heat. Sunglasses, sun lotions, and hats are essential for barrier protection. Please remember to drink fluids; it is very easy to dehydrate and end up in the hospital (sick as a dog!). Be aware of sunlight and medication restrictions. Enjoy yourself safely.

Peace to you.

Barbara

As July and the heat of summer are upon us, it is important for men to attend to their unique health needs. Here are some of the recommended health checkups and screenings for men over 50: a complete physical exam; annual blood pressure screening; annual blood tests and urinalysis to screen for things such as high cholesterol, diabetes, and kidney or thyroid problems; an EKG every three years or more frequently, based on your history; rectal exam; PSA blood test; Hemocult test; colonoscopy; and other screenings such as bone density and testosterone. The goal of preventive screening and regular check-ups is to identify problems that are present and may not have symptoms and to find problems before they progress. Identifying a problem at an early stage, treatment is likely to be more successful. Schedule an appointment to see your Primary Care Provider for a check-up ... you'll be glad you did!

Mary B. Withey, MSN, APRN  
Coord. of Community Outreach Services

*(For full article, please see a copy on the bulletin board in the Wellness Center.)*

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**Thank You to our Sponsors for their support**

## WELLNESS PROGRAMS & SUPPORT GROUPS

Please call Kathy Yaffee at 860-429-0262,x4, Monday through Thursday, 10:00 AM to 2:00 PM, to schedule appointments with the providers listed below, unless otherwise noted.

**ADULT HEALTH SCREENINGS** by VNA East Nurse Mary Hess. Nominal charges for blood pressure, cholesterol, HDL cholesterol, blood glucose, earwax, and foot care. Checks payable to VNA East. 8:30 AM to 12:30 PM. July 14th.

**BLOOD PRESSURE SCREENINGS** every other Wednesday at 11:00 AM, offered by Interim Health Care. No appointments necessary for these free screenings. July 6th and Aug 3, 17.

**CAREGIVER'S SUPPORT GROUP** with Barbara Lavoie every third Thursday at 6:30 PM. A meeting is not scheduled for July. Please call Barbara at 860-429-0262x1, for further information.

**ELDERCARE LAW** with Attorney Gates from CT Legal Services provided free to people 60 years or older. Monday, July 25th, 1:00-3:00 PM. Please call Kathy Yaffee for an appointment.

**FOOTCARE** with Dr. Walter, Podiatrist, Tuesday, July 26th and August 16th, 9:00 AM. Medicare will be billed if you are eligible. Dr. Walter carries Dr. Comfort shoes, including M/C Diabetic shoes. Call Kathy for your appointment.

**LOW VISION SUPPORT GROUP** with Barbara Lavoie the second Monday of each month from 11:00 AM to 12:00 PM. Next meeting is Monday, July 11th.

**MS SUPPORT GROUP** will resume in September.



**REFLEXOLOGY** every other Friday with Therese John, still only \$15.00, payable to Therese John. If you haven't tried yet—now is the time! Call Kathy Yaffee for your appointment. July dates: July 15 & 29th.

## OTHER NOTES OF IMPORTANCE

### Community Education Session with Lisa Holle, PharmD, BCOP Assistant Clinical Professor

11:00-11:45 AM at the Wellness Center

Monday, July 25th: **Skin Cancer**

Over 50% of Americans older than 65 years will develop skin cancer, or the abnormal growth of skin cells, during their lifetime. This seminar will discuss the types of skin cancer, the causes and risk factors for developing skin cancer, what you can do to prevent and/or get skin cancer diagnosed early, and the treatment of skin cancer.

Monday, August 29th:

**Chronic Obstructive Pulmonary Disease**

### Conversations with Betty Heiss, MSW

each 1st and 3rd Thursday of the month  
at the Wellness Center—11:00 AM

*will resume in August*

Thursday, August 4th: *"The Person I Admire Most"*

Thursday, August 18th: *"All About the City/Town  
I Grew Up In"*

*Everyone welcome for a friendly, lively discussion.*

### Michael Rouleau, SNAP Outreach Advocate for End Hunger Connecticut

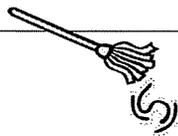
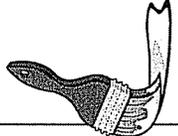
*at the Mansfield Senior Center*

**Tuesday, July 5th, 11:00 AM to 1:00 PM**

Mr. Rouleau will be here to provide one-on-one information, answer questions, prescreen you for food stamps, and to assist you with the food stamp application. Please stop by during this time.



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SAT. & SUN.

18.	19.	20.	21.	22.	23. Saturday ~~~~~ 24. Sunday
 <p style="font-size: 24pt; font-weight: bold;">Closed this week for maintenance.</p> 					
<p><b>25.</b> 9:00-Beg. T'ai Chi 9:00-11:00-Medications 10:00-Sparkettes/Art Studio 10:30-Program Planning 11:00-Skin Cancer 12:00-Conversación en Español 12:00-Lunch 12:30-Mahjongg 1:00-Beginner's Tap 1:00-Atty. Gates 1:00-3:30-Medications 3:15-Senior Aerobics 6:30-9:00-Condo Assn.</p>	<p><b>26.</b> 8:30-Strength/Stability 9:00-12:30-Dr. Walter 10:00-Scrabble 10:00-Wii Bowl 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bingo 1:30-Therapeutic Ex.</p>	<p><b>27.</b> 9:15-T'ai Chi 10:15-T'ai Chi 12:00-Causeries en Français 12:00-Lunch 6:00-Ballet-R</p>	<p><b>28.</b> 8:30-Strength/Stability 10:00-Sparkettes 10:00-Wii Bowl 10:00-Bridge w/Chinky 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bridge 1:00-Jewelry 1:30-Therapeutic Ex. 3:15-Senior Aerobics 5:30-6:30-Fit &amp; Fun 5:00-7:00-Picnic Dinner &amp; Movie—<i>The King's Speech</i></p>	<p><b>29.</b> 8:30-Pilates 9:00-Yoga 10:00-Scrabble 10:15-Zumba Gold 10:30-Reflexology <b>11:30-Lunch</b> 1:00-T'ai Chi 1:00-Duplicate Bridge</p>	<p><b>30.</b> Saturday ~~~~~ <b>31.</b> Sunday</p>

August 3rd: Birthday Lunch w/One Accord  
August 17th: Horseracing w/Ted & Ellie  
August 24th: Creamery Brook Presentation  
August 31st: Fire Safety w/John  
**Check out page 9 for our Thursday evening activities.**



Sept. 1st: 6:30 PM: Entertainer Millicent Wong  
Sept. 7th: Birthday Lunch w/Crooner's Corner Concert  
Sept. 14th: How to Read a Food Label by TVCCA  
Sept. 21st: "Good to Go" - Entertainment  
Sept. 28th: Identity Theft

Please note that the *Senior Sparks* may be checked on the Town of Mansfield Web Event calendar at <http://mansfieldct.org> for updated changes.

Classes followed by "R" are Recreation/Community Center-sponsored classes.

**JULY / JUILLET / JULI BIRTHDAYS**

*Birthstone: Ruby for Nobility  
Flower: Larkspur for Haughtiness*

- 1 Doris Clark, Katherine Elliott, Carol Hewitt  
Richard Martin, Richard Santi  
Alfred Schroeter, Alberta Weber
- 3 Barbara Guggolz
- 4 Violet Dechesneau, Barbara Franson  
Norma Gingras, Michael Howard, Rein Laak  
Phyllis Lambert, Eugene Manning
- 5 Carol Abramson, Shirley Katz, Harris Marcus
- 6 Thomas Hyde, Pat Kegler, Lynne Koths
- 7 Leslie Kennard, Ronald Pardus  
Mauricette Stwalley
- 8 Patricia Chamberland, Nazina Couchon  
Larry Frankel, John Hutt, Theresa Miner
- 9 Eddy LaFlamme, Marilyn Slater
- 10 Michelle Luurdtsma, James McVeigh  
Marie Palmer, Josephine Saternow
- 11 Dorothy Briggs, Elizabeth Paterson
- 13 Robert Cole, Sondra Morrison, Joan Rogers
- 14 John Brand
- 15 Jeannine Sherman
- 16 Lucille Lewis, Margaret Menditto  
Igor Shvartsman, Charlaine Taylor
- 17 David Hall, Bonita Miller, Elizabeth Wardwell
- 18 Robert Brewer, Henry Schone, Ethel Wills  
Lawrence Woodward
- 19 Herman Marshall, Barbara Rychling  
Jean Sabatine
- 20 Carl Kusmer, Kenneth Morgan
- 21 Ethel Hawkins, James McLaughlin  
Constance Morrisette, John Mulkem
- 22 Sylvia Carr, Charles Hicking, Jay Koths  
Dorothy Luckey, Marie Schone  
Sally Sumner, Vincent Westlake
- 23 Theresa Adamcik, Rosemary Beecher
- 24 Ruth Johnston, Lavida Mead, Richard Sallee
- 25 Carmen Berg, Rita Pollack, Paul Toney
- 26 Jim Parola, Roger Skelly
- 27 Jack Clauson, Beverly Flynn  
Elaine Polansky, Joyce Tremblay  
Calvin Wilcox
- 29 Evelyn Niderno, Helen Ross
- 30 Gary John, Gertrude Lamb, Patt Murray
- 31 Peggy Dugan, Dolores Hilding



*Our June Birthday Lunch Attendees:  
June Curtis, Mary Haskell,  
Winthrop Hilding, and Judith Yorke*

*Happy Belated Birthday Wishes  
to Cynara Stites on her  
past January Birthday!*



**August 3rd: One Accord**

**September 7th:  
Crooner's Corner Concert**

<b>Cards</b>	
<b>Duplicate Bridge: May 20, 2011</b>	
<b>NS</b>	
1. Doris LeDoyt & Anna McLain	75
2. Jerry Shaffer & Omar Sheppard	53.5
3. Helen Collins & Rita Pollack	51.5
<b>EW</b>	
1. Barbara Hood & Michael Stephens	51
2. Aline Booth & Jeanne Haas	50
3. George Waller & Nancy Mathis	46

**Mansfield Senior Center****860-429-0262, ext. 0**

Fax: (860) 429-3208

Wellness Fax: (860) 429-3905

E-mail: SeniorCntr@mansfieldct.org

www.mansfieldct.org

**Summer Hours (6/23-9/1):**

Mon. - Wed., 8:30 AM - 4:30 PM

Thurs., 8:30 AM - 7:30 PM

Fri., 8:30 AM - 1:00 PM

*(Lunch served at 11:30 AM Fridays)***Senior Center Coordinator:**

Cindy Dainton, 860-429-0262, ext. 9

**Senior Services Social Worker:**

Barbara Lavoie, MSW, ext. 1

**Volunteer Transportation Manager:**

Gianna Stebbins, ext. 2

**Administrative Assistant:**

Linda C. Wohllebe, ext. 3

**Receptionist:**

Kathy Yaffee, ext. 4

The Municipal Agent for the Elderly, & Director, Dept. of Human Services: Kevin Grunwald, MSW, (860) 429-3315.

**Transportation:** Dial-a-Ride Transportation & Medical Transport outside the Dial-a-Ride Region: (860) 456-1462, **48 hours** in advance.

***A Room with a View!***

The beautiful flowering bushes this spring outside our alcove window!

**~ Summer Hours at the Mansfield Senior Center ~**

Don't forget our different hours for the summer taking us to Thursday, September 1st. The hours are: Monday to Wednesdays: 8:30 AM to 4:30 PM; Thursdays: 8:30 AM to 7:30 PM; and Fridays, 8:30 AM to 1:00 PM. **Meals on these Fridays will be served at 11:30 AM.** For those of you who use the Dial-A-Ride, the office has been notified, and they know to pick you up before we close at 1:00 PM. We hope you will be able to join us, especially on Thursday evenings.

**Some of our Thursday evening events include:**

- **“Fit & Fun” Combo Exercise Group with Patty** Thursday evenings from 5:30 to 6:30 PM. This is a sampling of different exercises that should please everyone.
- **Thursday, July 7th:** Sign up with the receptionist to partake in a “party grinder” dinner at 5:45 PM (only \$5.00); then at 6:30 PM, enjoy a “Conversation with Matt Hart.” Matt will also be joining us for dinner.
- **Thursday, July 14th:** Sign up for a pizza dinner (\$5.00) at 5:45 PM, then Cynthia van Zelm, from the Downtown Partnership, will be here at 6:30 PM to give an informal presentation and discussion on the progress of the Storrs Downtown.
- **Thursday, July 28th:** 5:00 to 7:00 PM—Bring yourself a picnic dinner to eat while watching **“The King’s Speech.”** Winner of four Academy awards, this inspiring true story has been universally hailed as “a masterpiece. The majestic cast is overwhelming” (*The New York Observer*). 119 minutes. Rated R.

**Our future Thursday dinners will include:** KFC Original or Grilled meal (\$7.00); a “party grinder” meal for \$5.00; a pizza dinner (again, \$5.00); and let's plan to have a “pot luck” for our final late Thursday on September 1st! All dinners begin at 5:45 PM, unless otherwise noted.

We'll have sign up sheets in the Special Events book on the receptionist desk for all our events. Keep watching the Senior Center bulletin board for further information or additional events as they are scheduled!

***Hope to see you on Thursdays!***

**CLASS UPDATES**

**NEW: AARP SAFE DRIVING COURSE with Lyn White** at the Mansfield Senior Center on Tuesday, August 9th, from 9:00 AM to 1:00 PM \$12.00 for AARP members; \$14.00 for non-members, payable to MSCA with sign up.

**NEW: BEGINNER'S TAP with Richard Risley** now on Mondays from 1:00 to 2:00 PM beginning July 11. \$5.00 per class for Mansfield residents; \$6.00 for non-residents. Sign up at the Mansfield Senior Center. Minimum of five students needed.

**DUPLICATE BRIDGE** will be played on Friday, July 29th at 1:00 PM. Bridge will not be played on July 15th due to maintenance work.

**DRAWING CLASS with Bill Dougal** will resume Sept. 7th.

**QUILTING CLASSES with Pat Ferguson** will resume the following dates:

**Quilting w/Pat on Thursdays**  
 10:00 AM to 12:30 PM  
 Sept. 8, 15, 22, 29 &  
 Oct. 6, 20, 27—seven classes  
 \$42.00 residents  
 \$49.00 non-residents

**Evening Quilting w/Pat**  
 1st & 3rd Wed. of the Month  
 Sept, 7, 21; Oct. 5, 19; and  
 Nov. 2, 16—six classes  
 \$36.00 residents  
 \$42.00 non-residents

**Mini Quilting Retreat**  
**All Day Quilting w/Pat**  
 Mon., Sept. 26, 10:00 AM-4:30 PM  
 \$30.00 residents  
 \$35.00 non-residents

*Memorial Committee Minutes*

May 16, 2011, held in Memorial Room.

Present: Don Stitts, Jan Scottron, Sam Gordon, Rita Braswell, Marilyn Gerling, Cindy Dainton

Don Stitts opened the meeting at 10:30 A.M. He explained how Sam Gordon was instrumental in getting 12 armchairs for the Memorial Room and having them delivered at no cost for the chairs or the delivery. Sam was warmly thanked for this.

Marilyn Gerling suggested Memorial Fund money be used to purchase a healing board to be installed on the back wall of the dining room. This board will "heal" when tacks, etc., are removed as decorations are taken down. She will find out the cost of this board, including installation.

Review was made of Memorial Funds:

Approximately \$11,000 was held in the fund as of May 11, 2011.

The Executive Board has approved the Memorial Committee spending \$2,500 of that money—\$600 was spent for three tables; \$300 was designated for Barbara Lavoie to get two benches and two barrels; \$500 may be spent on DVD's for the Memorial Room TV (Tom Rogers and Will Bigl is researching this); and \$100 was designated to be spent on plants.

\$1000 is the remaining amount left of what has been approved.

There was discussion about replacing the worn mat in the side entrance. Decision was to have the town order the mat and the Memorial Committee pay for the mat.

A vote was taken as to where to have the Memorial plaques hung. Decision was they will be hung in the Memorial Room.

Memorial Committee records will now be stored in the Association Office.

Notes taken by Marilyn Gerling

*Do you want to learn how to play Bridge or maybe just freshen you game a little?*

**Bridge with Chinky**

each Thursday from  
 10:00 to 11:00 AM  
*at the Mansfield Senior Center*

\$15.00 per month residents  
 \$20.00 non-residents

Registration forms available at  
 the Mansfield Senior Center



**WE WANT YOU!**

**Volunteer Drivers Needed**

**for the Volunteer Transportation Program**

Please call Gianna Stebbins,  
 Volunteer Transportation  
 Program Manager,  
 at 860-429-0262, ext. 2,  
 for further information.

## Meal Program

The TVCCA meal program is subsidized through the Older Americans Act and available to seniors 60 years or older at a suggested donation of \$2.00. Individuals younger than 60 are welcome to eat at the Center, but are asked to pay the actual cost of the meal, which is \$7.00. **Reservations must be made 72 hours in advance by 11:00 AM of that third day (three workdays, excluding weekends and holidays).** Guests and new members will need to complete a registration form at the time of their reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

### Main Entrée Options

*Please indicate main meal or salad when completing your menus for the month.*

**Fri., July 1:** Chicken Parmesan *OR*  
Tuna Salad Plate

**Mon., July 4:** Independence Day -  
Center Closed

**Tues., July 5:** Beef Hot Dog w/Bun

**Wed., July 6:** Healthy Turkey Loaf *OR*  
Caesar Salad

**Thurs., July 7:** Penne Pasta & Meatballs

**Fri., July 8:** Ritz Crusted Pollock *OR*  
Egg Salad Plate

**Mon., July 11:** Eggplant Parmesan

**Tues., July 12:** Chicken Breast

**Wed., July 13:** Swedish Meatballs *OR*  
Tuna Salad Plate

**Thurs., July 14:** Pork Loin

**Fri., July 15:** Lazy Man's Lasagna *OR*  
Greek Salad

*Closed the week of Monday,  
July 18 to Friday, July 22nd.*

**Mon., July 25:** Baked Ziti & Sausage

**Tues., July 26:** Asian Pork Loin

**Wed., July 27:** Chicken Salad w/Roll  
*OR* Greek Salad

**Thurs., July 28:** Chicken Dijonaise

**Fri., July 29:** Salisbury Steak *OR*  
Tuna Salad Plate

## Computer Program

**Office Hours for any Computer or Digital Camera Issues** with Dan Gebben, Mondays 10:00-11:00 AM. No charge.

### JULY

**Excel 2007: Prerequisite: Introduction to Computers or equivalent experience.** In Excel, you create a document that can automatically perform all of the mathematic functions (addition, division, multiplication, and subtraction) by just entering the data. For example, a check register would allow you to enter only the date, the payee, and the amount. The current balance would be calculated automatically by formulas you have constructed to suit your circumstances. But Excel can also manipulate data such as names and telephone numbers. By entering a name, a document can automatically look up the phone number, address, and other information previously entered into a table. In this course, you can learn how to work with numbers and data.

**Tues. and Wed. July 5, 6, 12, 13 (9:00 AM-12:00 PM)** Instructor: Mike Beschler. \$10.00.

“Mac Club” at the Mansfield Senior Center. Call Frank Trainor or Mike Palmer at 860-429-0262, ext. 7, for more information. Please leave your name and phone number if you receive the voice mail.

### SAVE THE DATE:

**Friday, September 9, 2011**

**Computer Learning Center  
Open House**  
at the  
Mansfield Senior Center

## Help for Those Facing Foreclosure

- Zero interest loan program for home owners facing Foreclosure.
- Emergency Homeowners Loan Program (EHLPL).
- Up to \$50,000 for a maximum of two years for eligible CT homeowners who are at least 90 days delinquent on their mortgage payments.
- EHLPL is designed to assist unemployed or underemployed families pay their mortgages if they meet certain qualifications while they look for jobs.
- Connecticut Housing Finance Authority administers the Program.
- Runs from April 1 to September 30<sup>th</sup>, 2011.

For more information call 2-1-1 or visit [www.chfa.org](http://www.chfa.org)

Disclaimer: Information summarized

### Special Thanks ...

... to Sue Carpenter and Barbara Lavoie for all their hard work in creating our lovely front entrance.



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