



# SENIOR SPARKS

VOLUME 39 ISSUE 2 MANSFIELD SENIOR CENTER ASSOCIATION, INC. FEBRUARY 2013  
303 Maple Road, Storrs/Mansfield CT 06268 (860) 429-0262, ext. 5

\* President: Rita Braswell \* Vice President: Jean Ann Kenny \* Secretary: Beverly Gotch \* Finance Officer: Don Stitts \* Treasurer: Mike Beschler  
\* Sparks Manager & Asst. Treasurer: Kathy Rule \* Travel: Vacant \* Ways & Means Co-Chairs: Alma Maldonado-Cordner & Toni Drescher  
\* Program Planning: Estelle Elliott \* Member-at-Large: Sam Gordon \* Computer Co-Chairs: Mike Palmer & Don Stitts



*The Mansfield Senior Center Association proudly presents a*

## CRAFTS & COLLECTIBLES FAIR



Saturday, March 23, 2013  
9:00 AM to 2:00 PM



at the  
Mansfield Senior Center  
303 Maple Road, Storrs/Mansfield CT 06268



*Pot Luck refreshments will be available for sale.*

**\$20.00 per vender per table.** For information on table rental, please call Estelle at 860-429-1685, or Beverly at 860-456-2570.



*A Note from the President ...*

Two days ago as I drove up to the Center, I noticed the bright, shiny, brand-new van sitting in the first parking row, waiting, you might almost say, yearning to be used. I thought of all the trips members had mentioned over the years—trips to the “big” malls: West Farms, Buckland, the new one in West Hartford where there is access to stores like Whole Foods and Trader Joe’s, and clothing shops that carry a wider range of sizes and prices, maybe even a shopping consultant; trips to the Hartford Athenaeum or other museums and historical sites; to the beach on a summer’s day; to that movie house that shows operas; to cinemas that show art films; to see the leaves in autumn or flowering orchards in the spring; to the Coventry Farmer’s Market; somewhere to look up at the night sky from a dark area and realize once more just how many millions of stars there actually are; to UConn events in the day or at night; trips to and from the C.L.I.R. courses that have been written up elsewhere in this *Sparks*; trips we might not want to bother Dial-a-Ride about, but that could add a little fun and color to our daily routines.

With the van, we could do all this and more, but a van requires drivers! So, we are asking you—all of you who are members of the MSCA, and all of you who take advantage of the services, classes, and special events that the Senior Center offers you, to seriously consider becoming a van driver. If you’re unable to do this yourself, canvass your friends and acquaintances to see who might be willing to become a part of this project. The town will pay the expenses involved in getting certification for driving the van. There are no limitations, except for a Connecticut driver’s license. Insurance will be covered under the town. And, you set your own hours. Gianna Stebbins, 860-429-0262, ext. 2, has all the details. Leave a message and she will get back to you.

*A Note from the Coordinator ...*

Are there homeless people in Mansfield? In the past several months, I have gotten a number of questions regarding homelessness in Mansfield. Most individuals start with, “I never knew that there were any homeless individuals in Mansfield.” In my short letter, I am not going to try to represent the amount of homelessness in Mansfield, but rather state that there are people in Mansfield who are homeless. The next question I get is, “What can I do to assist individuals that I might know of?” Perhaps the first response would be to refer them to the Human Services Department in Mansfield where they will be connected with services that would be able to assist them. You can give the individual the following telephone number of 860-429-3315. This will put them in touch with the services that they are able to obtain. One of the harder questions that is often asked is, “What if they don’t accept services or want to call?” This is one of the most difficult because we want to help people. Individuals have the choice to accept or reject services. No one can mandate someone else to accept something they do not want; even if we feel that it is in their best interest. In closing, please know that there is assistance in soup kitchens, shelters, energy assistance, and many more services available to those who do chose to use them. You just might make the difference in another’s life.

Much is planned for the Senior Center in February. Please take the time to fully read this issue in case there is something that you really wanted to attend but missed!

**Mansfield Senior Center****860-429-0262, ext. 0**

Fax: (860) 429-3208

E-mail: SeniorCenter@mansfieldct.org  
www.mansfieldct.org**Hours:** Monday to Friday  
8:30 AM to 4:30 PMSenior Center Coordinator:Cindy Dainton, 860-429-0262, ext. 9  
daintonch@mansfieldct.orgSenior Services Social Worker:

Beth Hudson-Hankins, LCSW, ext. 1

Volunteer Transportation Manager:

Gianna Stebbins, ext. 2

Administrative Assistant:

Linda C. Wohllebe, ext. 3

Receptionist:

Kathy Yaffee, ext. 4

The Municipal Agent for the Elderly, &amp; Director, Dept. of Human Services: Kevin Grunwald, MSW, (860) 429-3315.

**Transportation:** Dial-a-Ride Transportation & Medical Transport outside the Dial-a-Ride Region: (860) 456-1462, **48 hours** in advance.***Where’s Waldo?!***

Find the hidden item somewhere in this issue, and send in the answer on the entry form to: Mansfield Senior Center/MSCA, 303 Maple Road, Storrs CT 06268, by Feb. 10th, or drop in the box at the Front Desk, in order to qualify for the drawing. We will draw one name from all of the correct entries, and that person will win a free lunch on the Association here at the Center. The Feb. winner will be announced in the March issue of *Sparks*. Please, only one entry per person. Good luck!

**Jan. Winner: Francine Leffler*****Congratulations!*****“Hidden Item” Entry Form****Name:** \_\_\_\_\_**Phone #:** \_\_\_\_\_**Correct Page & Answer #:** \_\_\_\_\_**Hidden Item:**

**MISCELLANY**

**Thank You**

Many thanks to Jim Campetelle, June Curtis, Sam Gordon, Beryl Griffin, Alice Jansen, Sue Kwas-tel, and Karen Peters for collating the January issue of *Sparks*. *Thanks so very much!*

**Welcome to the newest members of the Mansfield Senior Center Association:**

*Ellen Marshall  
David Palmer  
Lena Sokolovsky  
Susan Zito  
Madge Manfred*



**Senior Hobby Display Case**

*Share your talent!*

*Antique Tin Cans  
Courtesy of Barbara Ladd*

Please let Linda know if you have items you would like to display.

**Genealogy Group**

The Genealogy Group with Helen Collins meets on Tuesday, Feb. 12th, at 10:00 AM. Everyone is welcome to this informal group, no matter what your level of genealogy is. Join us!

**Sparks Submissions**

Please submit your articles, in writing, for the March newsletter by Feb. 8th.

**WANTED TRAVEL CHAIR**

***WE ARE IN DESPARATE NEED*** for a volunteer to fill the Travel Chair position. If you are interested, please contact MSCA President Rita Braswell at 860-429-0262, ext. 5, leave a message, and she will get back to you. And remember, your trip is free for doing all the work!

**Wanted**

Volunteer drivers for the town van. If you are interested, please contact Gianna Stebbins at 860-429-0262, ext. 2.



**Entertainers for Our Vaudeville Show!**

If we can get enough acts together, we would love to begin this tradition again this coming spring!

Sing, dance, play an instrument, tell a story, or be a clown!  
How about impressions?  
We'll take it all!

Please contact Estelle Elliott at 860-429-1685.

***We know you are out there!***

**JACKET MISSING FROM THE MANSFIELD SENIOR CENTER**

A missing grey "Land's End" jacket was last seen at the Senior Center on Thursday, December 13th. We are sure this was worn in error. The owner has a very sentimental attachment to this jacket as it belonged to her deceased husband. If you have this jacket, we ask that you please return it to the Senior Center. No questions asked. Thank you.

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**LIBRARY BOOKS**

Because of space constraints, we are unable at this time to accept the following types of books:

- ◇ Cook Books
- ◇ History or Geography Books
- ◇ Autobiographies or Biographies
- ◇ Art or Architecture
- ◇ Non-Fiction
- ◇ Any Mystery or Fiction printed before 1995

**In Memory Of**

**Sara Tormey  
Charles O. Senkbeil  
Carolyn Haddad**



**A.A.R.P. Spring & Fall Driver Safety Courses**  
*taught by Lynne White, District Coordinator,*  
 at the Mansfield Senior Center

**Tuesday, April 2nd, 9:00 AM to 1:00 PM**  
 &

**Tuesday, November 12th, 9:00 AM to 1:00 PM**

\$12.00 A.A.R.P. Members (*please bring your card*)  
 &  
 \$14.00 Non-Members

Payable to the class instructor at the time of the course; however, please call the Mansfield Senior Center at 860-429-0262, ext. 0, to sign up. Class is limited to 25, so please sign up early.

\* \* \* \* \*

#### A.A.R.P. TAX-AIDE ASSISTANCE

A.A.R.P. Tax-Aide, a free program, provides income tax preparation assistance for low and middle income taxpayers of all ages, *with special attention to those 60 and older.* **Call the Mansfield Senior Center at 860-429-0262, ext. 0, to schedule an appointment with a certified Tax-Aide counselor.** Walk-in's will also be welcome. The tax assistance schedule is:

**Mondays & Wednesdays,**  
**February 4th to April 15th, 2013**

**9:00 to 11:00 AM & 1:00 to 3:00 PM**

If married, both husband and wife should be present during an income tax counseling session. The following information and documents will be needed:

- ~ Copies of 2012 income tax forms
- ~ Social Security of Individual Taxpayer ID numbers for all household members and personal identification
- ~ A checkbook so any refund may be direct-deposited
- ~ All documents that relate to deductible expenses
- ~ All 2012 income report forms that have been received:
  - \*SSA-1099, Social Security Benefit Statement
  - \*All 1099 Forms
  - \*W-2, Wage and Tax Statement Form
  - \*W-2G, Certain Gambling Winnings
  - \*Original cost of assets sold during 2012

#### FEBRUARY & MARCH at C.L.I.R.

(Center for Learning & Retirement)

**NOT READY TO JOIN? Remember, you and a friend are invited to attend one or two offerings at no cost. And there are no requirements, tests, or term papers.**

**Flight: From Icarus through WWI:** Thursdays, 1:15-2:45 PM, starts Jan 31, four weeks. A survey of the first half-century of powered flight and of earlier work the Wright brothers built upon. Will discuss the technology, progress, and impact of aviation in war and peace. If there is interest, a trip will be planned to the New England Air Museum.

**What's New in Physical Science?:** Fridays, 10:00-11:45 AM, starts February 1, eight weeks. Most classes will be based on a brilliant course-on-disc, "**Chaos, Part 1.**" You won't be surprised to hear that chaos is as prevalent in the universe as order is. It is also present in the arts and daily life.

**Shakespeare's Coriolanus:** Wednesdays, 1:15-2:45 PM, starts February 6, four weeks. A difficult man, Coriolanus—not even his mother will disagree. The play is rejuvenated by a recent acclaimed film production.

**Two Model Minorities: "New Jews," "Old Asians," and Comparative Ethnic Studies:** Tuesday, Feb. 26, 10:15-11:45 AM. One session only. Who are these people, what do they have in common, and why study them? Presented by the Director of the Asian American Studies Institute and Associate Professor of English and Asian American Studies, UConn.

**Great People:** Tuesdays, 1:15-2:45 PM, starts Feb. 26, four weeks. And you thought you had problems! Presents the lives of four people (Queen Elizabeth I, Catherine the Great, Napoleon, and Winston Churchill) who began with few resources but made major impacts on Western Civilization.

**A British Translator Who Helped Sink Nazi Ships:** Thursday, Feb. 28, 1:15-2:45 PM. One session only. Now a 95-year old Storrs resident, the presenter was teaching in Germany when she was called back to work for the British Foreign Office.

**A UConn Theater Director Discusses a CRT Production:** Wednesday, March 6, 10:15-11:45 AM. One session only. CRT's production of Simon Stephen's **Punk Rock** will be performed the end of March and beginning of April. The director will tell us about the play and the theater, and her role in guiding students to give convincing performances.

(Cont. on page 5)

## WELLNESS PROGRAMS & SUPPORT GROUPS

Please call Kathy Yaffee at 860-429-0262, ext. 4, Monday through Thursday, 10:00 AM to 2:00 PM, to schedule appointments with the providers listed below, unless otherwise noted.

**ADULT HEALTH SCREENINGS** by VNA East Nurse Mary Hess. Nominal charges for blood pressure, cholesterol, HDL cholesterol, blood glucose, earwax, and foot care. Checks payable to VNA East. Feb. 13 & 14.

**NOTE:** Due to lack of attendance, the **ALZHEIMER'S SUPPORT GROUP** with Jane Downing from Home Instead Home Care at the Mansfield Wellness Center will no longer meet. Jane will be looking into some other options. Thank you.

**CAREGIVERS SUPPORT GROUP** with Kevin Grunwald usually meets the third Thursday of each month at 6:30 PM. This month's meeting is February 21st.

**FREE BLOOD PRESSURE SCREENINGS** on the first and third Wednesday of each month at 11:30 AM, offered by Interim Health Care. No appointments necessary. Feb. 6 & 20.

**ELDERCARE LAW** with Attorney Gates from CT Legal Services provided free to people 60 years or older, usually the fourth Monday of each month, 1:00-3:00 PM. February 25th.

**FOOTCARE** with Dr. Walter, Podiatrist, Tuesday, Feb. 5 & 26, beginning at 9:00 AM. Medicare will be billed if you are eligible. Dr. Walter carries Dr. Comfort shoes, including M/C Diabetic shoes. Call Kathy for your appointment.

**NEW: JIN SHIN JYSUTSU** every Tuesday from 9:00 AM to 3:00 PM beginning Feb. 5. Call Kathy for your 50-minute session appointment. Cost is \$20.00 payable to the practitioner.

**LOW VISION GROUP** with Kevin Grunwald on Monday, February 11th, at 11:00 AM.

**MASSAGE THERAPY** with Faith Manning will resume in May.

**MINI-SPA** from 9:00 AM to noon the second Monday of each month. Call Kathy for your appointment. Haircuts by Michelle, and nails by Hope. February 11th.

**M.S. SUPPORT GROUP** normally meets the second Tuesday of each month in the Craft Room from 6:30 to 8:00 PM. The group will meet February 12th. Please contact Susan Gavitt at 860-423-7413 for further info.

*(Cont. from page 4)*

Participants are invited to attend a rehearsal prior to opening night. (And wouldn't it be nice if we had a driver for this—someone who could take us from the Center to the theater and back, maybe to our own house, in our own Mansfield van?)

**Topics in Aging & Retirement:** Thursdays, 1:15-2:45 PM, starts March 7, four weeks. For those near or in retirement, will treat of the life-changing forces that impact us.

- ◆ For details about these courses, call Betty Heiss, (C.L.I.R. Curriculum Co-Chair) at 860-429-6324. Buildings are handicapped accessible.

### Conversation with Betty

Usually the first Thursday of the month from 11:00 AM to Noon, Mansfield Wellness Center

Thursday, February 7th:

*"I Know You Think You Understand ..."*

Thursday, March 7th:

*"Wasting Time?"*

Everyone welcome for this friendly, lively discussion. Please call Betty at 860-429-6324 if you have any questions.

### UST (Urban Service Track) Fall Prevention Event

*at the Mansfield Senior Center*

**Friday, February 22, 2013, 12:30 PM**

*(Snow Date March 4th)*

**Sponsored by Paul Hwang, UConn, Pharm D  
Candidate 2014—Urban Service Track Scholar**

The purpose of the Urban Service Track: Spring Forward—Don't Fall Back!, is to educate elders about the risk of falls and empower them to live independently. The purpose of this educational program is to make the public more aware, but less afraid, of the risk of falls that they may encounter as they age.

**Event Organization:** Introduction to Fall Prevention; define falls, explain the epidemiology, and highlight the intention of the program; distribute materials to participants; play Jeopardy game with hand-out prizes; and a question and answer period.

*We hope to see you at this free prevention event.*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT. & SUN.

# February 2013

## New State Groundhog Announced

*"Connecticut Chuckles VIII" is the next in a long line of weather-predicting rodents. She will be sworn in as the official Connecticut State Groundhog on February 2, 2013. She will emerge early that morning to face a huge crowd of visitors and the statewide media all wanting to know if she saw her shadow. She will, with a little assistance from our Mayor, make an accurate prediction regarding the coming of spring. Meet "Chuckles" at the Lutz Children's Museum at 247 South Main Street in Manchester. 860-643-0949.*

- 1. 9:00-T'ai Chi  
10:00-Scrabble  
10:00-Knitting & Crocheting  
10:00-Photo Club  
10:15-Zumba Gold  
11:00-Brain Aerobics  
12:00-Lunch  
1:00-Art Studio  
1:00-3:00-Free Computer Seminar by Dan Gebben

## 2. Saturday Groundhog Day



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## 3. Sunday

- 4. 9:00 & 10:00-T'ai Chi  
9:00-11:00-Tax Assis.  
10:00-Sparkettes  
10:00-Art Studio  
10:00-Computer Help  
12:00-Lunch  
1:00-Mahjongg  
1:00-Beg.'s Tap  
1:00-3:00-Tax Assis.  
1:30-Chorus  
3:15-Senior Aerobics

- 5. 8:30-Strength/Stability  
9:00-Dr. Walters  
9:00-3:00-Jin Shin Jyutsu  
10:00-Scrabble  
10:00-Wii Bowl  
10:30-Watercolors w/Bill  
11:00-Ways & Means Mtg.  
12:00-Lunch  
12:30-Lovely Old Bones  
1:00-Bingo  
1:30-Therapeutic Exer.  
2:30-Computer Comm.

- 6. 9:00-11:00-Tax Assistance  
9:15 & 10:15-T'ai Chi  
10:00-Writing Group  
11:30-12:30-Blood Pressure  
12:00-Causeries en Français  
12:00-Birthday Lunch  
12:45-Movie: Rodgers & Hammerstein's "Oklahoma!"  
1:00-3:00-Tax Assistance

- 7. 8:30-Strength/Stability  
9:00-Yoga w/Sharon  
10:00-Sparkettes / Wii Bowl  
10:00-Quilting w/Pat  
10:00-Bridge w/Chinky  
11:00-Conversation w/Betty  
11:30-Foodshare  
12:00-Lunch  
12:30-Lovely Old Bones  
1:00-Bridge / Jewelry  
1:30-Ther. Exercise  
2:30-Wii Bowl  
3:15-Senior Aerobics

- 8. 9:00-T'ai Chi  
10:00-Scrabble  
10:00-Knitting & Crocheting  
10:15-Zumba Gold  
11:00-Brain Aerobics  
12:00-Lunch  
1:00-Art Studio

## 9. Saturday

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## 10. Sunday

- 11. 9:00 & 10:00-T'ai Chi  
9:00-11:00-Tax Assis.  
9:00-Mini Spa  
9:00-Internet Workshop  
10:00-Sparkettes/Art Studio  
10:00-Computer Help  
11:00-Low Vision Grp.  
12:00-Lunch  
1:00-Mahjongg/Beg.'s Tap  
1:00-3:00-Computer Genealogy w/Helen Collins  
1:00-3:00-Tax Assis.  
1:30-Chorus  
3:15-Senior Aerobics

- 12. Lincoln's Birthday  
8:30-Strength/Stability  
9:00-Excel 2010  
9:00-3:00-Jin Shin Jyutsu  
10:00-Scrabble/Wii Bowl  
10:00-Genealogy  
10:30-Watercolors w/Bill  
12:00-Lunch  
12:30-Lovely Old Bones  
1:00-Bingo  
1:00-3:00-Digital Camera  
1:30-Therapeutic Ex.  
6:30-M.S. Support Grp.

- 13. 8:30-VNA East  
9:00-11:00-Tax Assistance  
9:15 & 10:15-T'ai Chi  
10:00-Writing Group  
10:15-Executive Board Mtg.  
12:00-Causeries en Français  
12:00-Lunch  
12:45-Oak Grove Montessori School Students to Sing  
1:00-3:00-Tax Assistance  
2:00-Non-Fiction Book Club  
6:30-9:00-TNT Quilters  
Ash Wednesday

- 14. VNA East  
8:30-Strength/Stability  
9:00-Yoga w/Sharon  
9:00-Excel 2010  
10:00-Sparkettes/Wii Bowl  
10:00-Quilting w/Pat  
10:00-Bridge w/Chinky  
12:00-Lunch  
12:30-Lovely Old Bones  
1:00-Bridge / Jewelry  
1:00-3:00-Digital Camera  
1:30-Therapeutic Exer.  
2:30-Wii Bowl  
3:15-Senior Aerobics  
St. Valentine's Day

- 15. 9:00-T'ai Chi  
10:00-Scrabble  
10:00-Knitting/ Crocheting  
10:00-Photo Club  
10:15-Zumba Gold  
11:00-Brain Aerobics  
12:00-Lunch  
1:00-Art Studio  
1:00-Duplicate Bridge

## 16. Saturday

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## 17. Sunday

**MONDAY**

**TUESDAY**

**WEDNESDAY**

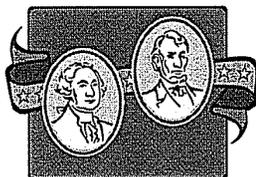
**THURSDAY**

**FRIDAY**

**SAT. & SUN.**

**18.**

**PRESIDENT'S DAY**



**CENTER CLOSED**

**19.**

8:30-Strength/Stability  
 9:00-Excel 2010  
 9:00-3:00-Jin Shin  
 9:15 & 10:15-T'ai Chi  
 10:00-Scrabble  
 10:00-Wii Bowl  
 10:30-Watercolors w/Bill  
 12:00-Lunch  
 12:30-Lovely Old Bones  
 1:00-Bingo  
 1:00-Program Planning  
 1:30-Therapeutic Ex.

**20. Washington's Birthday**

9:00-11:00-Tax Assis.  
 10:00-Writing Group  
 11:30-12:30-Blood Pressure  
 12:00-Causeries en Français  
 12:00-Lunch  
 12:45-Entertainer  
*Bruce John*  
 1:00-3:00-Tax Assis.  
 2:00-Red Hatters  
 6:30-TNT Quilters

**21.**

8:30-Strength/Stability  
 9:00-Yoga w/Sharon  
 9:00-Excel 2010  
 10:00-Sparkettes  
 10:00-Wii Bowl  
 10:00-Bridge w/Chinky  
 11:30-Foodshare  
 12:00-Lunch  
 12:30-Lovely Old Bones  
 1:00-Bridge / Jewelry  
 2:30-Wii Bowl  
 3:15-Senior Aerobics  
 6:30-Caregivers Support

**22.**

9:00-T'ai Chi  
 10:00-Scrabble  
 10:00-Knitting/  
 Crocheting  
 10:15-Zumba Gold  
 11:00-Brain Aerobics  
 12:00-Lunch  
 12:30-UST Fall  
**Prevention Event**  
 1:00-Art Studio

**23. Saturday**

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**24. Sunday**

**25.**

9:00 & 10:00-T'ai Chi  
 9:00-Internet Workshop  
 10:00-Sparkettes  
 10:00-Art Studio  
 10:00-Computer Help  
 12:00-Lunch  
 1:00-Mahjonn  
 1:00-Beg.'s Tap  
 1:00-Atty. Gates  
 1:00-3:00-Tax Assis.  
 1:30-Chorus  
 3:15-Senior Aerobics

**26.**

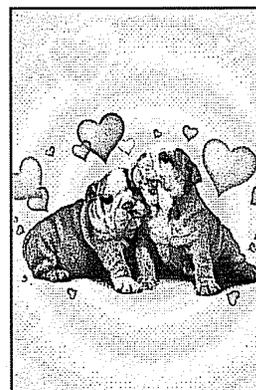
8:30-Strength/Stability  
 9:00-Dr. Walters  
 9:00-3:00-Jin Shin  
 9:15-&10:15-T'ai Chi  
 10:00-Scrabble  
 10:00-Wii Bowl  
 10:30-Watercolors w/Bill  
 12:00-Lunch  
 12:30-Lovely Old Bones  
 1:00-Bingo  
 1:30-Therapeutic Ex.

**27.**

9:00-11:00-Tax Assis.  
 10:00-Writing Group  
 12:00-Causeries en Français  
 12:00-Lunch  
 12:45-Nutrition  
**Program by  
 Windham Hospital**  
 1:00-3:00-Tax Assis.  
 2:00-Non-Fiction  
 Book Club

**28.**

8:30-Strength/Stability  
 9:00-Yoga w/Sharon  
 10:00-Sparkettes  
 10:00-Wii Bowl  
 10:00-Bridge w/Chinky  
 12:00-Lunch  
 12:30-Lovely Old Bones  
 1:00-Bridge  
 1:00-Jewelry  
 2:30-Wii Bowl  
 3:15-Senior Aerobics



**Anyone can catch your  
 eye, but it takes  
 someone special  
 to catch your heart.**

**~Anonymous**

**FEBRUARY BIRTHDAYS**

**Flower:** *Amethyst for Sincerity*

**Birthstone:** *Violet for Modesty*

- 1 Eugene Alassi, Helen Fogg, Jeanne Rice
- 2 Charlene Armitage, Frank Castagna  
Trudy Nicholls, Howard Ogushwitz
- 3 Harvey Luce, Patricia O'Hara
- 4 Curt Beck, Stella Cowles, David Dunnack
- 4 Patricia Frantz
- 5 Lorraine Basset, Janet Jones, Carol Kubgsel  
Jean Wahner, Samuel Witryol
- 6 John Adamcik, Joan Gerdson, Rita Lambert  
Nancy Palmer
- 7 Beverly Hamel, David Kobey, Marilyn Wielock
- 8 Mary Beth Courtney, Juanita Hall  
Mary Louise Martell
- 9 Eileen Kennedy
- 10 Deanna Federowicz, Claire Stewart
- 11 Angela Blossick, Francis Trainor
- 12 Dorothy Jenson, Cheryl Kusmer, Beverly Parrotte
- 14 Matthew Koch, Roberta Smith, Monique Vigneau  
Martin Whitmore
- 15 Joan Kotula, Lee Sisson
- 16 Linda Lester, Donald Nolan, Ray Nurme
- 17 Susan Bartholomew, Ursula Beschler  
Orlena Bray
- 17 Anne Dodd, Gerald Leibowitz  
William Petix, Joan Terry
- 18 Dorothy Kireyezyk, Emma Kuchta
- 19 Beth Acebo, Doris Alvarez, Theresa Carpenter  
Andrew Filtz, Eileen Kopec, Joan Milvae
- 20 William Lawrence
- 21 Peggy Dillon, Ayla Kardestuncer  
Sandra Marschat, Hilda Slater  
Paula Tate, Susanna Thomas
- 22 Joan Charron, Caren Golob, Samuel Gordon  
Georgina Hendrick, Jeanette Lussier
- 23 Richard Drake, Esther Gruber, Ursula Laak  
Janet Roach
- 24 Mary Beardsley, Mary Judd, Sharon Swanson
- 25 Edwin Tucker, Janice Walenecewicz
- 26 Jane Jackman
- 27 Willard Daniels, Meryl Kogan  
Mary Lou LaFlamme

*When love is not madness,  
it is not love.*

~Pedro Calderon de la Barca



**Happy Birthday to our January  
Birthday Lunch Attendees:  
Gene Barberet,  
Lois McClintock, and Mary Russell  
(picture not available).**

**CARDS**



*Duplicate Bridge: Friday, December 21, 2012*

**NS**

- 1. Lavida Mead & George Waller 16
- 2. Carol Hewitt & Floyd Bass 11
- TIE:*
- 3. Paula Tate & Jerry Shaffer 10.5
- 3. Judy Senkbeil & Addie Specyalski 10.5

**EW**

- 1. Sue Losee & Ellie Tambornini 13.5
- 2. Nappy Gauthier & Helen Gauthier 13.5
- 3. Aline Booth & Jeanne Haas 11.5

**American Cancer Society's**

**Daffodil Days**

- ~ Bouquet of 10 Daffodils  
\$10.00
- ~ Potted Daffodil Bulbs  
\$15.00
- ~ Bear & A Bunch  
\$25.00

**Last day to order is Friday, March 1st**

Please order at the Mansfield Senior Center  
or call Linda at 860-429-0262, ext. 3  
if you are interested.

Checks payable to:  
American Cancer Society



**Speak Up! Speak Out!**

**AAA Helps Seniors Drive Safer and Longer**

*Submitted by Joan Terry*

To address the special needs of the mature driver, AAA launched a senior mobility dedicated to keeping senior drivers on the road as long as safely possible. Visit [www.SeniorDriving.AAA.com](http://www.SeniorDriving.AAA.com) to learn more about AAA's senior mobility initiatives. The information and free resources available on the Web site can help senior drivers maintain confidence and independence while enhancing their ability to drive safely.

**ROADWISE REVIEW:** Roadwise Review is a confidential, self-screening program that can be utilized in the privacy of your own home to determine which of your skills and abilities may need a tune up. The free computer-based program identifies steps to reduce risk in eight key areas and offers feedback along with suggestions to keep you safe behind the wheel.

**ROADWISE RX:** Roadwise Rx is a free online tool that provides confidential, personalized feedback on how medications, herbal supplements and foods, and their interactions with each other, can impact safety behind the wheel. Drivers are encouraged to discuss the confidential results with their doctor or pharmacist to learn how to mitigate possible crash risks.

**DRIVER IMPROVEMENT COURSE:** AAA's Driver Improvement Course offers classroom and online courses to help increase confidence and awareness behind the wheel. The course will help mature drivers understand how to adjust for slower reflexes, weaker vision, and other changes. Other benefits related to taking a safe driving course include: possible discount on insurance premiums and learning more about the latest in vehicle technology, such as antilock brakes and lane-departure warning systems.

*(Reprinted from Journeys Jan/Feb 2013.*

*For more information, please go to [www.SeniorDriving.AAA.com](http://www.SeniorDriving.AAA.com).)*

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Do you have any comments, articles, a favorite poem, etc., you would like to see in the *Sparks*? Please see Kathy Rule, or leave a message at 860-429-0262, ext. 5. She will return your call as soon as she can. Thank you.

**BLUEBERRY STUDY**

Blueberries must be ordered by **Tuesday, March 5, 2013, 12:00 PM**

***NO EXCEPTIONS!***

Blueberry pick-up is **Friday, March 15, 11:00 AM**

*Blueberries are available to study participants only; however, you may become a new participant in the study by contacting Howard Raphaelson.*

**Jorgenson Tickets**

Remember, you must be on a "list" that is sent to the Jorgenson by the Mansfield Senior Center the first Monday of each month. To get on the "list" you **MUST** be a member of the Mansfield Senior Center Association, Inc. If you are not a member, you may join—there is no fee. Just drop in and see us and we'll check your status. Once you are on the list, you remain there for the season.

***Events left for the season:***

- Feb. 4: Motionhouse
- Mar. 14: Beethoven Orchestra of Bonn
- Mar. 28: Russian National Ballet
- May 2: Lila Downs

The Jorgenson Box Office may be reached by calling 860-486-4226.

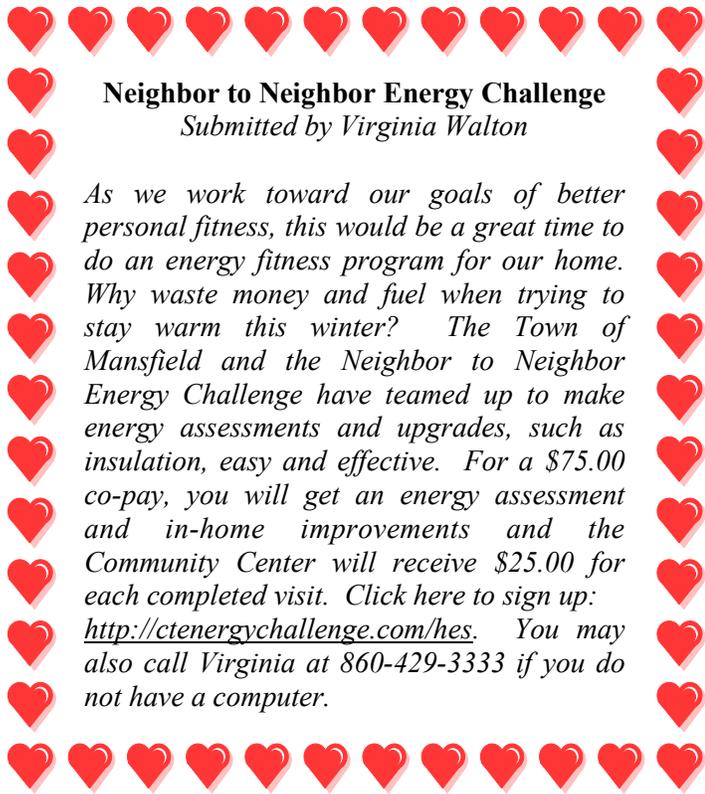
***THANK YOU! GRAZI!  
MUCHAS GRACIA!***

A big thank you to all the volunteers who continue to make our **Volunteer Driver Program** here at the Mansfield Senior Center such a success! We recently had an ice cream social to recognize these special individuals:

- Toni Moran, Delia Aguilar  
Cynara Stites, Joan Terry  
Carol Fineout, Fran Leffler  
Ruth McLaughlin  
Ginny Rowe, Sharon Kozin  
Skip Olander, Betty Wexler  
Marilyn Gerling***

If you would like to volunteer for this special program, please contact Gianna Stebbins at the Mansfield Senior Center at 860-429-0262, ext. 2.

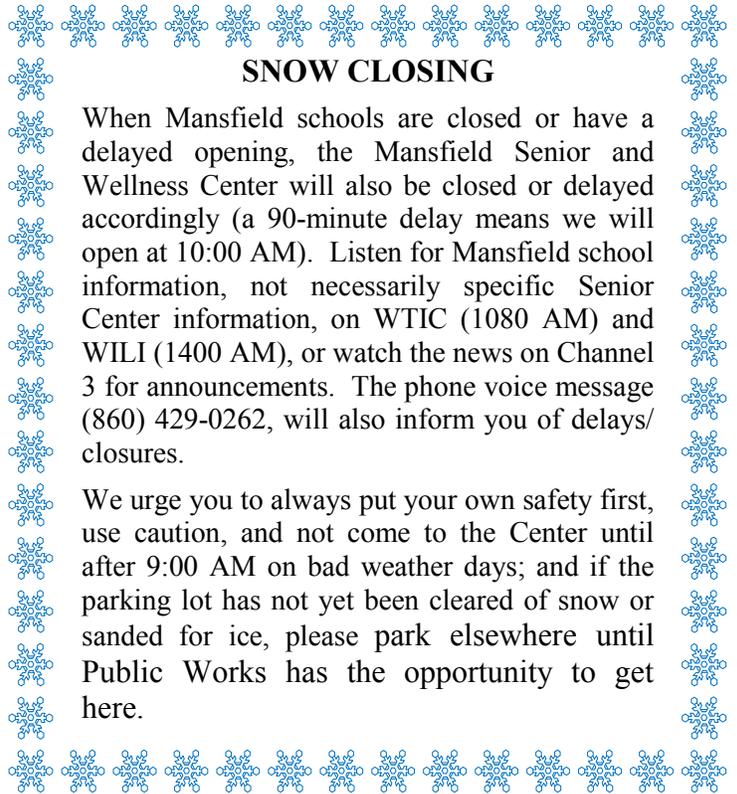
FULL PAGE FOR ADVERTISEMENTS



**Neighbor to Neighbor Energy Challenge**

*Submitted by Virginia Walton*

*As we work toward our goals of better personal fitness, this would be a great time to do an energy fitness program for our home. Why waste money and fuel when trying to stay warm this winter? The Town of Mansfield and the Neighbor to Neighbor Energy Challenge have teamed up to make energy assessments and upgrades, such as insulation, easy and effective. For a \$75.00 co-pay, you will get an energy assessment and in-home improvements and the Community Center will receive \$25.00 for each completed visit. Click here to sign up: <http://ctenergychallenge.com/hes>. You may also call Virginia at 860-429-3333 if you do not have a computer.*



**SNOW CLOSING**

When Mansfield schools are closed or have a delayed opening, the Mansfield Senior and Wellness Center will also be closed or delayed accordingly (a 90-minute delay means we will open at 10:00 AM). Listen for Mansfield school information, not necessarily specific Senior Center information, on WTIC (1080 AM) and WILI (1400 AM), or watch the news on Channel 3 for announcements. The phone voice message (860) 429-0262, will also inform you of delays/closures.

We urge you to always put your own safety first, use caution, and not come to the Center until after 9:00 AM on bad weather days; and if the parking lot has not yet been cleared of snow or sanded for ice, please park elsewhere until Public Works has the opportunity to get here.

**SENIOR SPARKS**

**Mansfield Senior Center  
303 Maple Road  
Storrs/Mansfield  
Connecticut 06268**



NON-PROFIT ORGANIZATION  
PRE-SORT STANDARD #57  
U.S. POSTAGE **PAID**  
STORRS/MANSFIELD CT

**Occupant or**

**PLACE TOP OF LABEL  
BY THE DARK LINE**