



SENIOR SPARKS

VOLUME 39 ISSUE 6 MANSFIELD SENIOR CENTER ASSOCIATION, INC. JUNE 2013
303 Maple Road, Storrs/Mansfield CT 06268 (860) 429-0262, ext. 5

* President: Rita Braswell * Vice President: Jean Ann Kenny * Secretary: Beverly Gotch * Finance Officer: Don Stitts * Treasurer: Mike Beschler
* Sparks Manager & Asst. Treasurer: Kathy Rule * Travel: Kay Warren * Ways & Means Co-Chairs: Alma Maldonado-Cordner & Toni Drescher
* Program Planning: Estelle Elliott * Member-at-Large: Sam Gordon * Computer Co-Chairs: Mike Palmer & Don Stitts

THURSDAY NIGHT EXTRAVAGANZA!

THURSDAY, JUNE 6TH

5:30 PM—ONCE SLICE FREE PIZZA, SALAD, AND COFFEE OR TEA

6:30 PM—"SELDOM HEARD"

A STRING BAND WITH TIGHT VOCAL HARMONIES
FROM THE LOCAL AREA.

SIGN UP WITH THE RECEPTIONIST BY MONDAY,
JUNE 3RD AT 4:00 PM

38TH ANNUAL MSCA SPRING BANQUET

at the Mansfield Senior Center

WEDNESDAY, JUNE 12, 2013, NOON

MENU:

VEAL MARSALA, MASHED POTATOES

SUGAR SNAP PEAS

STRAWBERRY SHORTCAKE

\$8.00 payable with reservation to MSCA
no later than Friday, May 31st, 4:00 PM

REMINDER!

Mansfield Senior Center Association Annual Meeting

Wednesday, June 12th, Noon
(in conjunction with the Annual Spring Banquet)

All MSCA members are urged to attend!

We will be voting on the new FY 2013/14 Association budget, and Executive Board Officers.

At the time of May's issue, the Vice-President and Member-at-Large positions were listed as vacant, as we did not have the information needed at the time of printing. To add to the slate: for the position of Vice President: Jean Ann Kenny; Member at Large: Sam Gordon. Remember, nominations are accepted from the floor as long as the nominee's permission has been granted.

Hope to see you at the Banquet and the Annual Meeting!

HIGHLIGHTS FROM C.L.I.R. - JUNE, 2013

With only one exception, CLIR will be specializing in single-session offerings during the months of May and June. They all sound fascinating, so here is the listing, without further ado, leading off with the one multi-session class. *You may register by calling 860-486-3331.*

19th-Century U. S. Medicine from a Feminist Perspective: This period saw the transformation of medicine from an unclaimed field of work to its recognition as a profession of profound science. After an historical overview, participants will read male and female authors who were instrumental in effecting the transformation. Presented by Sharon Harris, Director of Humanities Institute and Professor of English, UConn. Tuesdays, June 4 through 18, 1:15 – 2:45 PM.

Health Care Ethics: Robert McCarthy, Dean of the School of Pharmacy and Vice Provost for Engagement, UConn, asks "How do we honestly treat all parties in health care: patients, the many care providers, the public, and the system as a whole?" Wed., June 5, 10:15 – 11:45 AM.

Attila the Hun and the Roman Empires: Born a barbarian, educated in Rome, this ruler threatened both the Eastern and the Western Roman Empires. Dr. Ron Barks, lecturer on "Asian Invasions of Europe," and other history, argues that the effects of his invasion linger to this day. Thurs., June 6, 10:15 – 11:45 AM.

Editing a Progressive Catholic Newspaper in a Time of Regression: Kathleen McGrory, Pres. Emerita of Hartford College for Women and Adjunct Professor of English, ECSU, a former nun and still a member of the Church in good standing, edited and helped found a newspaper with a diverse readership. In a round-table format, participants will identify the major issues causing a split in the Roman Catholic Church today. Wed., June 12, 10:15 – 11:45 AM.

A 1916 Ford Model T World War I Ambulance Attends the Obama Inauguration: George King III, retired as Chief Engineer for Projects at Mystic Seaport and as manager of their engine collection, also has a company, Connecticut Antique Engine Restoration in North Franklin. He recreated the historically accurate ambulance that appeared in the Inauguration Parade and will drive it to class so that all may marvel at it. Wed., June 19, 10:15 – 11:45 AM.

Mansfield Senior Center

860-429-0262, ext. 0

Fax: (860) 429-3208

E-mail: SeniorCenter@mansfieldct.org
 www.mansfieldct.org

Hours: Monday to Friday
 8:30 AM to 4:30 PM

Senior Center Coordinator:

Cindy Dainton, 860-429-0262, ext. 9
 daintonch@mansfieldct.org

Senior Services Social Worker:

Beth Hudson-Hankins, LCSW, ext. 1

Volunteer Transportation Manager:

Gianna Stebbins, ext. 2

Administrative Assistant:

Linda C. Wohllebe, ext. 3

Receptionist:

Kathy Yaffee, ext. 4

The Municipal Agent for the Elderly, Dept. of Human Services: Kathy Ann Easley, MSW, (860) 429-3316.

Transportation: Dial-a-Ride Transportation & Medical Transport outside the Dial-a-Ride Region: (860) 456-1462, **48 hours** in advance.

Where's Waldo?!

Find the hidden item somewhere in this issue, and send in the answer on the entry form to: Mansfield Senior Center/MSCA, 303 Maple Road, Storrs CT 06268, by June 6th, or drop in the box at the Front Desk, in order to qualify for the drawing. We will draw one name from all of the correct entries, and that person will win a free lunch on the Association here at the Center. The June winner will be announced in the July issue of *Sparks*. Please, only one entry per person. Good luck!

May Winner: John Adamcik
Congratulations!

"Hidden Item" Entry Form

Name: _____

Phone #: _____

Correct Page & Where: _____

Hidden Item: the item



MISCELLANY

Thank You

Many thanks to Joe Chasin, Cindy Dainton, Margaret Easton, Bev Gotch, Beryl Griffin, Sam Gordon, Alice Jansen, Ida Millman, Kathy Rule, and Kay Warren for collating the May issue of *Sparks*. *Thanks so very much!*

Welcome to the newest members of the

Mansfield Senior Center Association:

*Ruth T. Jones
Carol Caisse
Gloria Sawyer
Cornelius Kafka
Joe Peters*



Senior Hobby Display Case

Share your talent!

*“Dance”
Courtesy of Zoe Leibowitz*

Please let Linda know if you have items you would like to display.

Genealogy Group

The Genealogy Group with Helen Collins meets on Tuesday, June 11, at 10:00 AM. Everyone is welcome to this informal group, no matter what your level of genealogy is. Join us!

Sparks Submissions

Please submit your articles, in writing, for the July newsletter by June 7th. Thank you.

KAY WARREN - TRAVEL CHAIR - “LET’S GO!”

Hello Tripsters! The following trips have been planned at the Mansfield Senior Center. The flyers are available at the Mansfield Senior Center. To sign up for a day trip you need to send in, or bring in, your \$25.00 deposit; for any overnight trip, the down payment is \$75.00. If you wish to purchase insurance, that money has to accompany your deposit. Any trip can be put on a payment plan—just ask me. Most trips are payable in full 30 days before the trip. Save these dates:

~ Thursday, June 27th: **Newport RI Luncheon Cruise** and a tour of **Rosecliff**, the mansion that *The Great Gatsby* was filmed. \$92.00.

~ Saturday, July 13th: **Block Island**. Luncheon at the famous National Hotel plus a guided tour of Block Island. Three main courses to choose from. \$94.00.

~ Thursday, August 8th: **Triple Lobster** or Prime Rib w/Polynesian Show at the Hu-Ke-Lau in Chicopee, MA. \$80.00.

~ Saturday, September 7th: **9/11 Memorial in New York**. Lunch at Houlihan’s in NJ with five main courses to choose from. Visit to the Teardrop Statue. \$72.00.

~ Tuesday, October 8th: **Vermont Foliage**. Visit Kringle Candle Co., and wine tasting and tour at Honora Winery. \$81.00.

~ Thursday, November 14th: **Clams & Casino at Capt. Jack’s** with a visit to the Mohegan Sun casino. Two meals with casino benefits. \$67.00.

~ Tuesday, December 10th: **1716 Concord Colonial Inn Christmas**. Visit Orchard House, the home that Louisa May Alcott lived and wrote Little Women and a stop at Colonial Candies. \$81.00.

My hours will be M-W-F, 9:00 AM-2:00 PM. Call the Travel Desk at **860-429-0262x6**, or call me at home at **860-487-3744**. For meal choices on the trips, please see the flyer or call me. Any suggestions for trips for next year please let me know or put a message in my mailbox at the Center. Thank you.

*Kay Warren, Trip Coordinator,
Mansfield Senior Center Association*

In Memory Of

**Andrew Shinowski
Margaret Trainor
Dorothy Lindorff
Annie Hall**



BLUEBERRY STUDY

Blueberries must be ordered by **Tuesday, July 7th, 12:00 PM**

NO EXCEPTIONS!

Blueberry pick-up is **Friday, July 19th, 11:00 AM**

Blueberries are available to study participants only; however, you may become a new participant in the study by contacting Howard Raphaelson.

**MEDICAL PHARMACY
PRESENTATION**

*at the
Mansfield Senior Center*

Thursday, June 6th, 11:30 AM

“Medication Prepack System”

This is an innovative and patented multi-dose packaging system that makes it easy to take medications. Each blister pack contains 28 individual blisters that contain prescribed medications for a specific time (morning, noon, evening, and bed-time) and date.



**Are You or Someone You Care
About Living with Asthma?**

Join us at the Mansfield Senior Center on Monday, June 17th, from 1:00 to 2:00 PM, for an informative and interactive workshop about:

- ◆ How to partner with your doctor
- ◆ How to use your inhalers
- ◆ How to avoid triggers
- ◆ How to lead a healthy life with Asthma

This presentation is sponsored by the UConn Schools of Medicine, Nursing, & Pharmacy. A pharmacist and students from the school will facilitate.

***A small gift is provided at the end for those in attendance!**

Thanks to everyone who completed a survey at the Senior Center. We had a 50% response rate which is really terrific! The date is currently being tabulated. Watch for more details on the bulletin board at the Senior Center as they become available. Thanks again for your input!

Charter Oak Pass (Life Use)

The Charter Oak Pass provides access to the State Parks and Forests and is available free to Connecticut residents, 65 years of age or older.

The pass is accepted at all day use areas where a parking fee applies. Presenting it allows free access for the entering vehicle and passengers. The pass holder does not have to be the vehicle driver.

Free admittance is also provided for the Charter Oak *pass holder* when visiting Gillette Castle, Dinosaur or Fort Trumbull State Parks. All other visitors, however, will be required to pay the appropriate fee.

Please note that each pass is issued to a specific person and can only be used when presented by that individual. The passes are non-transferable. They are not valid for camping or special events having separate admission charges and may not be used for commercial purposes.

A Charter Oak Pass may be obtained in person at the following locations: (Proof of age and residency required):

WESTERN CONNECTICUT

DEEP State Parks Division
79 Elm Street, Hartford
Monday - Friday / 9:00 am - 3:00 pm
(860) 424-3200

DEEP Western District H.Q.
230 Plymouth Road, Harwinton
Monday - Friday / 9:00 am - 3:00 pm
(860) 485-0226

Dinosaur State Park
West Street, Rocky Hill
9:00 am - 4:30 pm - **closed Mondays**
(860) 529-5816

Kellogg Environmental Center
Office of Communications and Education
500 Hawthorne Avenue, Derby
Tuesday - Saturday / 9:00 am - 4:30 pm
(203) 734-2513

Sherwood Island State Park
Exit 18 off I-95, Westport
Monday - Friday / 9:00 am - 3:00 pm
(203) 226-6983

EASTERN CONNECTICUT

DEEP Eastern District H.Q.
209 Hebron Road, Marlborough
Monday - Friday / 9:00 am - 3:00 pm
(860) 295-9523

DEEP Office of Boating
333 Ferry Road, Old Lyme
Monday - Friday / 9:00 am - 3:00 pm
(860) 434-8638

Quinebaug Valley Hatchery
Cady Lane, Central Village 06332
Monday - Friday / 10:00 am - 3:00 pm
(860) 564-7542

Fort Griswold Battlefield St. Park
Park Avenue, Groton
(Memorial Day through Labor Day)
Wednesday-Sunday / 9:00 am - 5:00 pm
(860) 445-1729

Fort Trumbull State Park
90 Walbach Street, New London
(Memorial Day through Columbus Day)
Wednesday-Sunday / 9:00 am - 5:00 pm
(860) 444-7591

Harkness Memorial State Park
275 Great Neck Road, Waterford
Monday - Friday / 9:00 am - 3:00 pm
(860) 443-5725

Hammonasset Beach State Park
1288 Boston Post Road, Madison
P.O. Box 271
Monday-Friday/ 9:00 am - 3:00 pm
(203) 245-2785

To obtain a Charter Oak Pass by mail:

Send a legible photocopy of your current CT driver's license or other legal proff of age and residency to: DEEP Charter Oak Pass, State Parks Division, 79 Elm St., Hartford CT 06106-5127.

Phone: 860-424-3200.

WELLNESS PROGRAMS & SUPPORT GROUPS

Please call Kathy Yaffee at 860-429-0262, ext. 4, Monday through Thursday, 10:00 AM to 2:00 PM, to schedule appointments with the providers listed below, unless otherwise noted.

ADULT HEALTH SCREENINGS by VNA East Nurse Mary Hess. Nominal charges for blood pressure, cholesterol, HDL cholesterol, blood glucose, earwax, and foot care. Checks payable to VNA East. June 12th. (**NOTE:** \$15 prices will increase to \$30 eff. June 1st.)

CAREGIVERS SUPPORT GROUP with **Beth Hankins, LCSW**, usually meets the third Thursday of each month at 6:30 PM. This month's meeting is June 20th.

FREE BLOOD PRESSURE SCREENINGS on the third Wednesday of each month at 11:30 AM to 12:30 PM, offered by Interim Health Care. No appointments necessary. June 19th.

ELDERCARE LAW with Attorney Gates from CT Legal Services provided free to people 60 years or older, usually the fourth Monday of each month, 1:00-3:00 PM. June 24th.

FOOTCARE with Dr. Walter, Podiatrist, Tuesday, June 11 & 25, beginning at 9:00 AM. Medicare will be billed if you are eligible. Dr. Walter carries Dr. Comfort shoes, including M/C Diabetic shoes.

LOW VISION GROUP usually on the second Monday of each month at 11:00 AM. June 10th.

MINI-SPA from 9:00 AM to noon. July 8th. Call Kathy for your appointment. Haircuts by Michelle, and nails by Hope.

M.S. SUPPORT GROUP normally meets the second Tuesday of each month in the Craft Room at 7:00 PM. The group will meet June 11th. For more information, please contact Joan at 860-429-7271 or Jennifer at 860-450-0530.

REFLEXOLOGY: Please join Hope Charette, currently in training for Reflexology and needs to get in some hours. She will be here from 9:00 AM to noon on Monday, June 10th. Please call Kathy Yaffee for your appointment.

Conversation with Betty

Usually the first Thursday of the month from 11:00 AM to Noon, Mansfield Wellness Center

Thursday, June 13th (second Thursday):

"Aging: How I'm Dealing with It"

Everyone welcome for this friendly, lively discussion. Please call Betty at 860-429-6324 if you have any questions.

A.A.R.P. Spring & Fall Driver Safety Courses

taught by Lynne White, District Coordinator, at the Mansfield Senior Center

Tuesday, November 12th, 9:00 AM to 1:00 PM

\$12.00 A.A.R.P. Members (*please bring your card*) & \$14.00 Non-Members

Payable to the class instructor at the time of the course; however, please call the Mansfield Senior Center at 860-429-0262, ext. 0, to sign up. Class is limited to 25, so please sign up early.

* * * * *

Many thanks to everyone listed below (and anyone we may have accidently missed) for all your help and assistance with our Annual Spring Bazaar on Saturday, May 4th. We would also like to thank everyone who donated items and baked goods for our sale. As of this printing, we do not have the total, but it will be posted as it becomes available.

*Thank you,
The Ways & Means Committee*

*Ursula Beschler
Mary Brown
Sue Carpenter
Toni Drescher
Gail Dunnowitz
Margaret Easton
Estelle Elliott
Sharry Goldman
Beverly Gotch
Beryl Griffin
Mai Hamdalla
Sue Koo
Sue Kwastel
Zoe Leibowitz*

*Alma Maldonado-Cordner
Claudette May
Kathy Rule
Betty Savage
Ila Sivarajah
Nora Stevens
Cynara Stites
Joan Terry
Mary Thatcher
Mary Jo Tryba
Kay Warren
Howard Yorke
Judy Yorke*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT. & SUN.

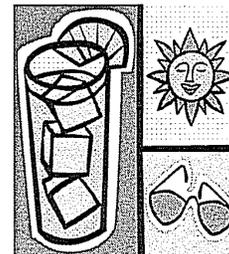
June 2013



RECEPTIONIST MEETING

TUESDAY, June 11th
1:00 PM

All front desk receptionists and sub's, to include the Travel Desk, are invited to attend this meeting. Please bring with you any questions or suggestions you may have. Refreshments available.



1. Saturday

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2. Sunday

3.  
9:00 & 10:00-  
T'ai Chi  
10:00-Sparkettes  
10:00-Art Studio  
10:00-Computer Help  
12:00-Lunch  
1:00-Mahjongg  
1:30-Chorus @  
Card Home  
3:15-Senior Aerobics

4.  
8:30-Strength &  
Stability  
10:00-Scrabble  
10:00-Wii Bowl  
12:00-Lunch  
12:30-Strength &  
Toning  
1:00-Bingo  
2:30-Computer Mtg.

5.  
9:15 & 10:15-T'ai Chi  
10:00-Writing Group  
12:00-Causeries en  
Français  
12:00-Lunch  
12:30-Van Run to Big Y  
12:30-Chorus @ Chaplin  
Senior Center  
6:30-9:00-Evening  
Quilting w/Pat

6. (D Day) 8:30-Strength/Stab.  
8:30-10:00-NASW/LTC Mtg.  
10:00-Sparkettes / Wii Bowl  
10:00-Quilting w/Pat  
11:00-Ways & Means Mtg.  
11:30-Medical Pharmacy  
Presentation  
12:00-Birthday Lunch  
12:30-Strength & Toning  
1:00-Bridge 1:00-Jewelry  
2:30-Wii Bowl  
3:15-Sr. Aerobics  
5:30-Pizza Dinner  
6:30-Seldom Heard Band

7.  
9:00-T'ai Chi  
10:00-Scrabble  
10:00-Knitting &  
Crocheting  
10:00-Photo Club  
10:15-Zumba Gold  
12:00-Lunch  
1:00-Art Studio  
1:30-Chorus @  
Douglas Manor

8. Saturday

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9. Sunday

10.
9:00 & 10:00-T'ai Chi
9:00-Reflexology
10:00-Sparkettes
10:00-Art Studio
10:00-Computer Help
11:00-Low Vision
12:00-Lunch
1:00-Mahjongg
2:00-Chorus @
Juniper Hill
3:15-Senior Aerobics

11.
8:30-Strength/Stability
9:00-Dr. Walter
10:00-Genealogy
10:00-Scrabble
10:00-Wii Bowl
12:00-Lunch
12:30-Strength
& Toning
1:00-Bingo
1:00-Receptionist Mtg.
7:00-M.S. Spt. Grp.

12. 8:30-VNA East
9:15 & 10:15-T'ai Chi
10:00-Writing Group
10:15-Executive Mtg.
12:00-Causeries en Français
12:00-Spring Banquet
~MSC Chorus
~MSCA's Annual
Association Meeting
12:30-Van Run to Library
2:00-Non-Fict. Book Clb.
2:00-Red Hatters
6:30-9:00-TNT Quilters

13.
8:00-Van Trip
8:30-Strength/Stability
10:00-Sparkettes
10:00-Wii Bowl
11:00-Conversation w/Betty
11:30-Foodshare
12:00-Lunch
12:30-Strength & Toning
1:00-Bridge
1:00-Jewelry
2:30-Wii Bowl
3:15-Senior Aerobics

14.
9:00-T'ai Chi
10:00-Scrabble
10:00-Knitting/
Crocheting
10:15-Zumba Gold
12:00-Lunch
1:00-Art Studio



Flag Day

15. Saturday

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16. Sunday

Father's  
Day



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SAT. & SUN.**

|                                                                                                                                                                                                                                      |                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                   |                                                                                                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>17.</b><br/>9:00 &amp; 10:00-T'ai Chi<br/>9:00-Jin Shin Jyutsu<br/>10:00-Sparkettes<br/>10:00-Art Studio<br/>10:00-Computer Help<br/>12:00-Lunch<br/>1:00-Mahjongg<br/>1:00-<i>Asthma Program</i><br/>3:15-Senior Aerobics</p> | <p><b>18.</b><br/>8:30-Strength/Stability<br/>10:00-Scrabble<br/>10:00-Wii Bowl<br/>10:00-Intro. to Computer<br/>11:00-Program Planning<br/>12:00-Lunch<br/>12:30-Strength &amp; Toning<br/>1:00-Bingo</p> | <p><b>19.</b><br/>9:15 &amp; 1-15-T'ai Chi<br/>10:00-Writing Group<br/>11:30-Blood Pressure<br/>12:00-Causeries en Français<br/>12:00-Lunch<br/>12:30-Van Run to Library<br/>6:30-9:00-Evening Quilting w/Pat</p>                                                                 | <p><b>20.</b><br/>8:30-Strength/Stability<br/>9:00-Van Trip<br/>10:00-Sparkettes<br/>10:00-Wii Bowl<br/>10:00-Quilting w/Pat<br/>10:00-Intro. to Computer<br/>12:00-Lunch<br/>12:30-Strength &amp; Toning<br/>1:00-Bridge / Jewelry<br/>2:30-Wii Bowl<br/>3:15-Senior Aerobics<br/>6:30-Caregiver's Spt.</p> | <p><b>21.</b> 9:00-T'ai Chi<br/>10:00-Scrabble<br/>10:00-Knitting/<br/>Crocheting<br/>10:00-Photo Club<br/>10:15-Zumba Gold<br/>12:00-Lunch<br/>1:00-Art Studio<br/>1:00-Duplicate Bridge<br/><br/><i>First Day of Summer</i></p> | <p><b>22. Saturday</b><br/><br/>~~~~~<br/><br/><b>23. Sunday</b><br/><br/>Full Moon </p> |
| <p><b>24.</b><br/>9:00 &amp; 10:00-T'ai Chi<br/>10:00-Sparkettes<br/>10:00-Art Studio<br/>10:00-Computer Help<br/>12:00-Lunch<br/>1:00-Mahjongg<br/>1:00-Atty. Gates<br/>3:15-Senior Aerobics</p>                                    | <p><b>25.</b><br/>8:30-Strength/Stability<br/>9:00-Dr. Walter<br/>10:00-Scrabble<br/>10:00-Wii Bowl<br/>10:00-Intro. to Computer<br/>12:00-Lunch<br/>12:30-Strength &amp; Toning<br/>1:00-Bingo</p>        | <p><b>26.</b><br/>9:15 &amp; 10:15-T'ai Chi<br/>10:00-Writing Group<br/>10:00-Digital Camera<br/>12:00-Causeries en Français<br/>12:00-Lunch<br/>12:30-Van Run/Library<br/>2:00-Non-Fiction Bk Clb<br/>6:30-9:00-TNT Quilters<br/><br/>*Last day to register for June classes</p> | <p><b>27. ~ Newport Trip</b><br/>8:30-Strength/Stability<br/>10:00-Sparkettes<br/>10:00-Wii Bowl<br/>10:00-Intro. to Computer<br/>11:00-Foodshare<br/>12:00-Lunch<br/>12:30-Strength &amp; Toning<br/>1:00-Bridge<br/>1:00-Jewelry<br/>1:00-Word 2010 Class<br/>2:30-Wii Bowl<br/>3:15-Senior Aerobics</p>   | <p><b>28.</b><br/>9:00-T'ai Chi<br/>10:00-Scrabble<br/>10:00-Knitting/<br/>Crocheting<br/>10:00-Digital Camera<br/>10:15-Zumba Gold<br/>12:00-Lunch<br/>1:00-Art Studio</p>                                                       | <p><b>29. Saturday</b><br/><br/>~~~~~<br/><br/><b>30. Sunday</b></p>                                                                                                        |

**JUNE BIRTHDAYS**

**Flower:** *Rose for Devotion*  
**Birthstone:** *Pearl for Purity*

- 1 Ellen Gillon, Glen Smith, Carol Smith  
Rose Yuschalk
- 2 Eva Eaton, Raymond Kikas, Marueen Kirouac  
Katherine Zartun
- 3 Lois Abt, Mary Brown, Lisa Ferriere  
Marie Frazier, Helen Gauthier, Philip Marcus  
Paul St. Marie
- 4 Martha Briggs, Winthrop Hilding  
Ethel Larkin, Alexander Rascona
- 5 Marie Brandenstein, Eleanor Jourdenis  
Jean Ann Kenny, Judith Lalumiere  
Kyung S. LeFrancois, Susan Morton
- 6 Cynthia Cleary, Lucille Eichner, Russell Martin  
Zoma Spivak
- 7 Connie Faurot, Michael McHugh
- 8 Phylis Biederman, Doris Holmes, June Knuth  
Jennifer Hoskins, John Manfred, Paul Sawyer  
Stuart Sidney, Howard Vigneau, Annie Wallace
- 9 Ronald Gingras, Eileen Goodyear, Mary Rogers
- 10 Charles Boster, Justy Gamache, Mary Haskell  
Mahmoud Melehy, Thomas Roberts
- 11 Roland Huard, Mildred Larkins, Florence Waxman
- 12 Florence Bernier, Victoria DeWitt  
Richard Gaynor, Anthony Kotula
- 13 Cynthia Carr, Elizabeth Doten, Ann Lucey  
Shirley Nance
- 14 Albert Alfand, Shokat Taleghani
- 15 Susan Burzynski, Albert Cohen, Greta Desai  
Ronald Drouin, Arthur Welles, Judith Yorke
- 16 Bruna Butler, Merrill Cummings  
Jeanne Dukess, Roland Legault
- 17 Leona Marcus
- 18 Elaine Brand, Terry Brown, Monica Elsemore  
Mary Luce, Beverly Mason, Lee Salina
- 19 Stephen Bass, Pearl Drouin, Sandra Smith  
Napoleon Gauthier, Marcia Zimmer
- 20 Roger Broberg, Loris Masterson  
Hilda Stacoffee, Gladys Volkens
- 21 Marcella Booth, Joslyn Field, Beryl Griffin  
Joe Romo
- 22 Sandra Burbage, Joan Doiron, Doreen Philpotts  
Joseph Provencher
- 24 Jane Smith
- 25 Ruth Herrmann, Janis Hoyle, Adolph Koniar  
Margaret McCarron
- 26 Ann Marie Campbell, Joyce Corriveau
- 27 Diana Gross, Sally McKee, William Peters
- 28 Susan Carpenter, Raymond Gergler, June Porter  
Charles Searing
- 29 Bill Gerdson, Carolee Kingsbury
- 30 Elaine Boudreau, June Curtis, Arthur Hathway  
John Heizmann



*Happy Birthday to our May Attendees:  
 Jim Loyzim, Howard Yorke,  
 and John Berg*

**DUPLICATE BRIDGE RESULTS**

**Friday, March 15th:**

**NS**

- 1. Paula Tate & Floyd Bass 32.5
- 2. Jerry Shaffer & Sam Wheeler 32.5
- 3. Shepard Omar & Bill Wickless 30

**EW**

- 1. Aline Booth & Jeanne Haas 36.5
- (Tie:)
- 2. Anna McLain & Doris LeDoyt 33
- 2. Mary Brown & Pat Lanza 33
- 3. Noreen Steele & Andrea Marshall 28.5

**Friday, April 19th:**

**NS**

- 1. Bill Wickless & Omar Shepard 86
- 2. Paula Tate & Mary Shinoski 83.5
- 3. Sam Wheeler & Jerry Shaffer 79.5

**EW**

- 1. Madge Vining & Ray Craven 104.5
- 2. Barbara Ladd & Vera Christensen 89
- 3. Margaret Schatz & Chris Chamberlin 82

Results are also posted on the back Bulletin Board  
 at the Mansfield Senior Center.

## MEAL PROGRAM

The TVCCA meal program is subsidized through the Older Americans Act and available to seniors 60 years or older at a suggested donation of **\$3.00**. **Individuals younger than 60 are welcome to eat, but are asked to pay the actual cost of the meal, which is now \$9.78.** Reservations must be made 24 hours in advance by 10:00 AM. Guests and new members will need to complete a registration form at the time of their reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

**\*\*TVCCA** is once again offering the salad plate option for the noon meal on Wednesdays and Fridays beginning Wed., June 5th, at a suggested donation of **\$4.00 for those 60+.** Please indicate on your sign up sheet if you want the salad or the main meal. Thank you.

### June Menu:

Mon., June 3: Salisbury Steak w/Gravy  
 Tues., June 4: Portuguese Chicken  
 Wed., June 5: American Chop Suey  
**OR** Chicken Caesar Salad  
 Thurs., June 6: Swedish Meatballs  
 Fri., June 7: Chicken Cacciatore  
**OR** Tuna Salad Plate

Mon., June 10: Cod Florentine  
 Tues., June 11: Stuffed Shells w/Sauce  
 Wed., June 12: **Annual Spring Banquet**  
 Thurs., June 13: Crispy Fish Cakes  
 Fri., June 14: Orange Glazed Ham  
**OR** Greek Salad

Mon., June 17: Cheese Manicotti  
 Tues., June 18: Meatloaf w/Gravy  
 Wed., June 19: Western Omelet  
**OR** Tuna Salad Plate  
 Thurs., June 20: Stuffed Chicken  
 Fri., June 21: Eggplant Rolette  
**OR** Chicken Caesar Salad

Mon., June 24: Chicken Stew  
 Tues., June 25: Baked Cod  
 Wed., June 26: Chicken Alfredo  
**OR** Greek Salad  
 Thurs., June 27: Cheeseburger Casserole  
 Fri., June 28: Sloppy Joe's w/Bun  
**OR** Egg Salad Plate

## BRING BACK THE 50's—PLEASE!

In the 1950's, the ads on TV  
 were such that anyone could hear and see.

There was Texaco, Nestle's, Maypo, and Bayer,  
 Kellog's for eating, Toni for hair.

These ads were innocent,  
 didn't connive to enter the private parts of our lives.

Today, it's all out there—bold as brass,  
 Take Gas-Ex! - avoid the passing of gas!

Time of the month? Cramps and bloat? Try this pill as an antidote.  
 Need a super-absorbent pad? Here's the brand that will make you glad.

Put Menses-Sponge on your drug store list.  
 While wearing one, you can do the twist!

Another ad that makes me squirm is use Viagra!  
 You will be firm!

Does it cause us to envision bedroom encores  
 to see people in tubs, sitting outdoors?

Intimate relations have gone on for ages.  
 Now, must we measure these acts with gages?!

Old methods are just full of rust and corrosion.  
 Buy His and Her gels for delightful explosions!

And why get serious about toilet tissue.  
 In outhouse days, it wasn't an issue.

Newspapers were fine, no problem with clog.  
 One could read and then wipe with the Sears catalogue.

I guess that I'm saying it's all gone too far.  
 To publically speak of these things is bizarre.

Watching ads now, I'm embarrassed and hazy,  
 and I long for the days of John Cameron Swayze.

*by Cheryl S. McClain  
 Writer's Group*

## SPEAK UP! SPEAK OUT!

Do you have any comments, articles, a favorite poem, etc., you would like to see in the *Sparks*? Please see Kathy Rule, or leave a message at 860-429-0262, ext. 5. She will return your call as soon as she can. Thank you.

## MSCA Computer Learning Center Classes

All computer courses are \$10.00. You must come to the Mansfield Senior Center to sign up for the classes. Checks are payable to: MSCA Computer Learning Center.

**Introduction to the Computer:** For beginners or those seeking more knowledgeable use of the computer. You will learn the basics of keyboard and mouse control. Then we cover the storage system, folder creation, touch on work processing, delve into the internet, tackle e-mail, and explore other forms of communication that the personal computer has to offer. Along the way, you will learn how to personalize the computer and protect it from the internet's bad stuff. The class ends with an exercise in turning the computer into a master music machine for your enjoyment. This class meets for five sessions, two hour each. Instructor: Dan Gebben. Dates: June 18, 20, 25, 27, July 2; 10:00 AM to Noon.

**The Digital Camera:** This seminar will cover the basic functions of the camera (what all those buttons do) and how to take a good photo. Then we will explore methods of importing photos into the computer. The final section will cover photo organization, processing with Picasa, and sharing your masterpieces. This is a hands-on class, so bring your camera. Any level of expertise is encouraged to attend. Instructor: Dan Gebben. Dates: June 26, 28; 10:00 AM to Noon.

- Free help for PC users with Dan Gebben every Monday from 10:00-11:00 AM in the Computer Lab.
- Free "Photo Club" with Dan Gebben every first and third Friday of the month in the Computer Lab from 10:00 AM to noon. This is an ongoing club, and all are welcome to attend.
- Free help to Mac users. Call Mike Palmer at 860-429-0262x7, to make an appointment. Leave your name and phone number and Mike will call you back.

*A full class schedule through July is available at the Mansfield Senior Center.*

## SUMMER SERIES

*at the Mansfield Senior Center*

**Thursday, July 11th:** Movie and a Picnic. Movie is "*Les Miserables*" starring Hugh Jackman, Anne Hathaway, and Russell Crowe. Nominated for eight Academy Awards and winner of three. Bring your own picnic dinner to eat during this wonderful movie!

**Thursday, August 1st:** *Shiny Lappels* (tentative). This event will feature a pot luck dinner. Please bring your favorite dish to share.

### Wanted

Interested in computers and other electronic tools? The Computer Committee is looking for Volunteers! If you're interested in teaching, assisting, or just helping us out, call at 860-429-0262x7.



### Two Van Trips Scheduled for the Month of June *Sign Up NOW!*

#### **"How to Advocate for Medicare and Yourself: What You Need to Know!"**

*at the William J. Pitkin  
Community Center, Wethersfield, CT*

**Complimentary Breakfast Provided**

**Thursday, June 13th**  
Van departs Mansfield Senior Center  
8:00 AM Sharp!

#### **Day Trip to Elizabeth Park** *Come & See the Roses!*

Lunch on own to follow at  
Vernon Diner!



**Thursday, June 20th**  
Van departs Mansfield Senior Center  
9:00 AM Sharp!

**Van transportation free; however, donations always welcome!**

FULL PAGE FOR ADVERTISEMENTS

**SENIOR SPARKS**

**Mansfield Senior Center  
303 Maple Road  
Storrs/Mansfield  
Connecticut 06268**



NON-PROFIT ORGANIZATION  
PRE-SORT STANDARD #57  
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BY THE DARK LINE

**Recipes Request  
for  
Mansfield Senior Center  
Cookbook**



Please submit any number of recipes, along with an historical connection or amusing story, for each one.

This cookbook project is a fundraising effort, sponsored by the Mansfield Senior Center's Writer's Group.

For further information, please call Toni Dresher at 860-487-4708.

*We would love to hear from you and share your memorable recipes.*

**If you have not done so already, now is the time to complete your Sparks subscription form and send it in.**

*Yes! Please renew my Sparks subscription!  
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