



**SENIOR SPARKS IS A PUBLICATION OF  
THE MANSFIELD SENIOR CENTER ASSOCIATION**

SUGGESTIONS & SUBMISSIONS TO THE *SPARKS* CAN BE PUT IN THE *SPARKS* MAILBOX AMONG THE MSCA MAILBOXES AT THE SENIOR CENTER OR SENT TO: CYNARASTITES@GMAIL.COM BY THE **12TH DAY OF THE MONTH** FOR THE NEXT MONTH'S ISSUE.

*SPARKS* EDITOR: CYNARA STITES

*SPARKS* COMMITTEE CHAIR: RITA BRASWELL

*SPARKS* MANAGER: KATHY RULE

*SPARKS* FINANCES: HOWARD RAPHAELSON

*SPARKS* PROOFREADERS/FACT-CHECKERS:

RITA BRASWELL, DICK SALLEE, KATHY RULE & MARILYN GERLING

*SPARKS* COPYING: RITA BRASWELL, DICK SALLEE & LIDA BILOKUR

ASSEMBLING THE *SPARKS* MAILING:

JUNE CURTIS, LIDA BILOKUR, RITA BRASWELL & VOLUNTEERS

MAILING THE *SPARKS*:

HOWARD RAPHAELSON, RITA BRASWELL & DICK SALLEE



**THE *SPARKS* COMMITTEE SUCCEEDED IN GETTING OUT OUR FIRST ISSUE OF THE *SENIOR SPARKS* LAST MONTH DESPITE SOME GLITCHES !**

**THANKS TO MARILYN GERLING, ZOE LIEBOWITZ & JERRY LIEBOWITZ WHO HELPED US ASSEMBLE THE *SPARKS* MAILING ON A MERE TWO HOURS NOTICE.**

**WE PLAN TO BE ORGANIZED ENOUGH THIS MONTH TO CALL ON JUNE CURTIS' USUAL CREW OF EXPERIENCED MAIL ASSEMBLERS.**

**MANSFIELD SENIOR CENTER ASSOCIATION  
EXECUTIVE BOARD**

PRESIDENT: ESTELLE ELLIOTT

VICE-PRESIDENT: JEAN ANN KENNY

SECRETARY: BEV GOTCH

FINANCE OFFICER: DON STITTS

TREASURER: MIKE BESCHLER

ASSISTANT TREASURER: KATHY RULE

IMMEDIATE PAST PRESIDENT

& *SPARKS* COMMITTEE: RITA BRASWELL



COMPUTER COMMITTEE: MIKE PALMER & DON STITTS

PROGRAM PLANNING COMMITTEE: JOAN TERRY & MARIE HAKMILLER

TRAVEL COMMITTEE: KAY WARREN

WAYS & MEANS COMMITTEE: VACANT

**MANSFIELD SENIOR &  
WELLNESS CENTER**

303 MAPLE ROAD

STORRS MANSFIELD, CT 06268

HOURS: MON - FRI 8:30 A.M. - 4:30 P.M.

SENIORCENTER@MANSFIELDCT.ORG

WWW.MANSFIELDCT.ORG

**(860) 429-0262**

RECEPTIONIST/FRONT DESK EXT 0

MANSFIELD SENIOR CENTER  
ASSOCIATION EXT 5

SENIOR CENTER COORDINATOR  
CINDY DANTON EXT 9

DAINTONCH@MANSFIELDCT.ORG

TRANSPORTATION MANAGER  
GIANNA STEBBINS EXT 2

STEBBINS@MANSFIELDCT

ADMINISTRATIVE ASSISTANT  
VACANT EXT 3

WELLNESS CENTER APPOINTMENTS  
KATHY YAFFEE EXT 4

SOCIAL WORKERS  
KATHY ANN EASLEY, MSW EXT 1  
BETH HANKINS, LCSW EXT 1

LUNCH PROGRAM/KITCHEN  
SHARON CARON EXT 8

**WELCOME TO THE NEW *SPARKS* !**

IN AUGUST, THE MSCA TOOK OVER RESPONSIBILITY FOR PUBLISHING THE *SENIOR SPARKS*, & WE'RE STILL LEARNING.

WE WELCOME YOUR SUGGESTIONS AND SUBMISSIONS. PLEASE TALK TO A *SPARKS* COMMITTEE MEMBER, LEAVE A MESSAGE IN THE *SPARKS* MAILBOX OR E-MAIL: CYNARASTITES@GMAIL.COM.

**MSCA PRESIDENT’S COLUMN**

HERE WE ARE IN OCTOBER. AS THE SAYING GOES, THERE ARE CHANGES COMING. WE ALL KNOW THAT OUR SMILING, PLEASANT, ALWAYS WILLING TO LEND A HAND LINDA HAS CHOSEN TO RETIRE. I AM GLAD TO SEE THAT SHE WAS ABLE TO LINE UP HER TIME, SO SHE WILL BE ABLE TO ENJOY MANY YEARS AHEAD. LINDA WILL BE GREATLY MISSED. I COULD NOT THINK OF A BETTER TIME SINCE ALL THE CHANGES AT THE CENTER HAVE BEEN MIND BOGGLING.

ALMA MALDONADO-CORDNER HAS DECIDED TO STEP DOWN AS CHAIR OF THE WAYS AND MEANS COMMITTEE. I AM LOOKING FOR A CHAIR OR CO-CHAIR FOR THE WAYS & MEANS COMMITTEE. THERE MAY BE SOME OF YOU WHO DO NOT REALIZE THAT THIS IS THE MSCA FUND RAISING COMMITTEE. IT WOULD BE GREAT IF SOMEONE CAME FORWARD AND WAS WILLING TO SIT IN ON A MEETING JUST TO SEE WHAT IS INVOLVED IN RAISING FUNDS FOR THE ASSOCIATION. THESE FUNDS PLAY A BIG PART IN THE MANY PROGRAMS, ENTERTAINMENT AND ITEMS WE HAVE GIVEN TO THE SENIOR CENTER OVER THE YEARS.

THE COFFEE IS BACK ON. PLEASE REMEMBER WE DO NOT AT THIS TIME HAVE A MEMBERSHIP FEE, AND THE ASSOCIATION THEREFORE RELIES ON MONEY FROM COFFEE [25 CENTS PER CUP], CARDS [25 CENTS PER CARD], AND THE SALE OF BREAD PRODUCTS [PRICE VARIES] AS WELL AS OTHER AVENUES, CRAFT FAIRS AND THE BAZAARS. THESE ALLOW US TO MAKE CONTRIBUTIONS TO UPDATE MANY THINGS FOR OUR CENTER.

ESTELLE ELLIOTT

**MSCA MEETING DATES**

EXECUTIVE BOARD  
SECOND WEDNESDAY AT 10:30

COMPUTER COMMITTEE  
FIRST TUESDAY AT 2:30

PROGRAM PLANNING COMMITTEE  
FIRST WEDNESDAY AT 1:30

SPARKS COMMITTEE  
WEDNESDAY, OCTOBER 30 AT 1:00

TRAVEL COMMITTEE  
WEDNESDAY, OCTOBER 16 AT 10:00

WAYS & MEANS COMMITTEE  
SECOND TUESDAY AT 10:00

**WELCOME TO THE MANSFIELD SENIOR CENTER ASSOCIATION’S NEWEST MEMBERS**

- JOAN BOWLEY
- WALTER W. ELWELL
- MAUREEN HEALY
- ARNAIZE “ANDI” HUMMER
- KAREN MATHEW
- EVELYN MATSAS
- PETER MATSAS
- OLIVE M. McCABE
- PAT MURPHY
- ROBERT MURPHY
- VICKI HARRINGTON PLATT
- HAROLD ROWETT
- ELAINE TEBBEL
- THOMAS G. TRAPP
- BETTY WASSMUNDT

**MEET THE CANDIDATES NIGHT**

**TUESDAY, OCTOBER 22, 7:00 - 9:00 P.M.  
AT MANSFIELD TOWN HALL**

FIND OUT THE VIEWS OF THE CANDIDATES FOR:

- MANSFIELD TOWN COUNCIL
- MANSFIELD PLANNING & ZONING COMMISSION
- MANSFIELD BOARD OF EDUCATION (PRE -K - 8)
- REGION 19 (E. O. SMITH HIGH SCHOOL) BOARD OF EDUCATION

SPONSORED BY  
THE LEAGUE OF WOMEN VOTERS  
OF NORTHEAST CONNECTICUT



**IN MEMORY OF  
RICHARD RISLEY**



**MANSFIELD SENIOR CENTER ASSOCIATION  
COMPUTER LEARNING CENTER**

**YOUR DIGITAL CAMERA  
WITH DAN GEBBEN**



**INTRO TO THE COMPUTER WITH DAN GEBBEN**

FOR BEGINNERS OR THOSE WANTING MORE KNOWLEDGE-ABLE USE OF A COMPUTER. BASICS OF KEYBOARD & MOUSE CONTROL. LEARN STORAGE SYSTEM, FOLDER CREATION, WORD PROCESSING, INTERNET, E-MAIL & OTHER FORMS OF ON-LINE PERSONAL COMMUNICATION. PERSONALIZE THE COMPUTER AND PROTECT IT FROM INTERNET BAD STUFF. CLASS UTILIZES WINDOWS 7. CLASS ENDS WITH AN EXERCISE IN TURNING THE COMPUTER INTO A MASTER MUSICAL MACHINE FOR YOUR ENJOYMENT. CLASS IS LIMITED TO 7 STUDENTS. SIGN UP AT FRONT DESK. \$10 FOR 5 CLASSES OCTOBER 8, 10, 15, 17 & 22. 10:00 TO NOON

THIS SEMINAR WILL COVER THE BASIC FUNCTIONS OF THE CAMERA (WHAT ALL THE BUTTONS DO) AND HOW TO TAKE A GOOD PHOTO. WE WILL EXPLORE METHODS OF IMPORTING PHOTOS INTO YOUR COMPUTER. FINALLY, WE WILL COVER PHOTO ORGANIZATION, PROCESSING WITH PICASA AND SHARING YOUR MASTERPIECES. THIS IS A HANDS-ON CLASS, SO BRING YOUR CAMERA. THIS SEMINAR IS APPROPRIATE FOR PEOPLE WITH ANY LEVEL OF EXPERTISE. CLASS IS LIMITED TO 7 STUDENTS. SIGN UP AT FRONT DESK. \$10 FOR 2 CLASSES WEDNESDAY, OCTOBER 23 & FRIDAY, OCTOBER 25 10:00 TO NOON



**INTRO TO FACEBOOK WITH DAN GEBBEN**

IF YOU ARE BRAND NEW TO FACEBOOK AND IT ALL SOUNDS LIKE A LOT TO TAKE ON, DON'T FEAR! IT'S ACTUALLY VERY EASY TO SET UP AND MAINTAIN YOUR VERY OWN PAGE. THE ONLY THING YOU'LL NEED IN ADDITION TO A BIRTHDAY, A NAME AND A GENDER IS AN E-MAIL ADDRESS. JOINING FACEBOOK IS FREE, SIMPLE, AND WORTHWHILE. IT'S A GREAT WAY TO KEEP IN TOUCH WITH FRIENDS AND FAMILY, MEET NEW PEOPLE AND EXPRESS YOURSELF. THIS FACEBOOK CLASS IS BY NO MEANS COMPLETE, BUT YOU WILL LEARN SOME OF THE BASICS FOR THE LESS THAN SAVVY SOCIAL NETWORKER.

WE WILL EXPLORE THESE TOPICS: PAGE LAYOUT, POSTING MESSAGES, UPLOADING PHOTOS, COMMENTING ON OTHERS' POSTS, FINDING FRIENDS, AND SECURITY & PRIVACY.

**FREE THURSDAY, OCTOBER 3RD 10:00 TO NOON**

**E-MAIL WITH DAN GEBBEN**

THIS SEMINAR WILL COVER:

- READING AN E-MAIL ADDRESS
- CREATING MAILBOXES
- SETTING UP E-MAIL CONTACTS
- SENDING & RECEIVING E-MAILS
- REPLYING TO & FORWARDING E-MAILS
- E-MAIL ATTACHMENTS
- UNDERSTANDING MAIL FOLDERS
- DEALING WITH JUNK MAIL
- PRIVACY IN E-MAILS
- E-MAIL ETIQUETTE
- EMOTICONS



**FREE**

WEDNESDAY, OCTOBER 16

10:00 TO NOON

THIS CLASS IS FOR PEOPLE WHO ALREADY HAVE AN E-MAIL ACCOUNT. IF YOU DON'T, DAN WILL HELP YOU GET ONE AT THE MSCA COMPUTER LAB ON A MONDAY FROM 10:00 TO NOON.

**ME AND MY IPAD WITH DAN GEBBEN**

LEARN ABOUT THE USE AND VERSATILITY OF THE IPAD:

- INSTALLING GAMES AND PROGRAMS
  - WiFi CONNECTION
  - TOUCH SCREEN NAVIGATION
  - REMOVING PROGRAMS
  - PHOTOGRAPHY
  - PLAYING MUSIC
  - VIDEO STREAMING
  - WHAT TO DO WHEN THINGS GO WRONG
- YOU DON'T HAVE TO HAVE AN IPAD TO ATTEND.

**FREE**

WEDNESDAY, OCTOBER 30

10:00 TO NOON

**MANSFIELD SENIOR CENTER ASSOCIATION  
COMPUTER LEARNING CENTER**

**FREE HELP FOR PC USERS**  
WITH DAN GEBBEN  
EVERY MONDAY 10:00 TO 11:00

**FREE "PHOTO CLUB"**  
WITH DAN GEBBEN  
AN ONGOING CLUB OPEN TO ALL  
1ST & 3RD FRIDAY OF THE MONTH  
10:00 TO NOON

**FREE HELP FOR MAC USERS**  
BY APPOINTMENT  
LEAVE MESSAGE FOR MIKE PALMER  
AT 860 429-0262 EXT 7



**COMPUTER CLASSES IN NOVEMBER**

**BASIC WORD**  
NOVEMBER 12 & 14  
1:00 - 4:00  
WITH MIKE BESCHLER



**ADVANCED WORD**  
NOVEMBER 19 & 21  
1:00 - 4:00  
WITH MIKE BESCHLER

**INTERNET WORKSHOP**  
NOVEMBER 6 & 13  
9:00 - 11:00  
WITH G. JONES

**JORGENSEN AUDITORIUM  
"2 FOR 1" SENIOR TICKETS**



*TO BE ELIGIBLE, YOU MUST BE ON RECORD AS AN MSCA MEMBER AND YOU MUST PUT YOUR NAME ON THE "JORGENSEN LIST" IN-PERSON AT THE SENIOR CENTER. THE SENIOR CENTER SENDS AN UPDATED LIST OF NAMES TO JORGENSEN ON THE 1ST MONDAY OF EACH MONTH. THEN YOU CAN BUY TICKETS BY GOING TO OR CALLING THE JORGENSEN BOX OFFICE (860 486-4226). JORGENSEN LIMIT IS 12 TICKETS FOR ELIGIBLE SHOWS. SEE THE LIST OF ELIGIBLE SHOWS AT THE SENIOR CENTER.*

**MANSFIELD SENIOR CENTER ASSOCIATION — SPONSORED TRIPS**

GET INFORMATION & MAKE RESERVATIONS AT THE TRAVEL DESK 8:45 TO 2:00 ON MONDAYS, WEDNESDAYS & FRIDAYS AND 10:00 TO NOON ON THURSDAYS. YOU ALSO CAN MAKE RESERVATIONS BY CALLING THE TRAVEL DESK AT 860 429-0262 EXT 6 OR KAY WARREN AT 860 487-3744



**VERMONT FOLIAGE TRIP — KRINGLE CANDLE COMPANY, LUNCH AT PUTNEY INN & HONORA WINERY TOUR & TASTING ON TUESDAY, OCTOBER 8TH**  
PACKAGE INCLUDES ROUNDTRIP TRANSPORTATION & DRIVER GRATUITY, LUNCH AT PUTNEY INN, TOUR & TASTING AT HONORA WINERY. *MODERATE TO DIFFICULT WALK. \$81 PER PERSON*

**CLAMS & CASINOS — CAPN' JACKS & MOHEGAN SUN ON TUESDAY, NOVEMBER 14TH**  
PACKAGE INCLUDES ROUNDTRIP MOTOR COACH TRANSPORTATION & DRIVER GRATUITY, LOBSTER LUNCHEON AT CAPN' JACKS IN WARWICK, R. I. & A VISIT TO MOHEGAN SUN CASINO WITH A CASINO BONUS. *\$74 PER PERSON*



**COLONIAL CHRISTMAS — HISTORIC (1716) CONCORD COLONIAL INN IN CONCORD, MASSACHUSETTS & COLONIAL CANDIES ON TUESDAY, DECEMBER 10TH**  
PACKAGE INCLUDES ROUNDTRIP MOTOR COACH TRANSPORTATION & GRATUITIES FOR DRIVER & TOUR GUIDE, PRESENTATION ON INN'S HISTORY & LUNCHEON. *\$81 PER PERSON*

**WELLNESS PROGRAMS**

PLEASE CALL KATHY YAFFEE AT 860 429-0262 EXT 4  
 MONDAY THROUGH FRIDAY, 10:00 TO 1:30  
 TO SCHEDULE APPOINTMENTS  
 WITH THE PROVIDERS LISTED BELOW.

**ADULT HEALTH SCREENINGS** by VNA East Nurse  
**Mary Hess.** Blood pressure, cholesterol, HDL  
 cholesterol, blood glucose, earwax, and foot care.  
 Wednesday, October 16, 9:00 - 11:00. Checks are  
 payable to VNA East.

**FREE BLOOD PRESSURE CHECKS** on the first  
 Wednesday of the month, October 2, 11:30 to noon,  
 sponsored by the Herrmann Blood Pressure Clinic

**FOOTCARE with Dr. Walter,** Podiatrist, Tuesday,  
 October 15, 9:00 to noon. Medicare will be billed if  
 you are eligible. Dr. Walter carries Dr. Comfort  
 shoes, including M/C Diabetic shoes.

**REIKI** WITH BETTE GIORDANO. ONE-HOUR SESSIONS ON  
 OCTOBER 10, 9:00 - 11:00 COST: \$30 PER HOUR  
 PAYABLE TO BETTE GIORDANO

**ELDERCARE LAW:** ATTORNEY GATES FROM CT Legal  
 Services provides free legal consultations to  
 people 60 years or older on the fourth Monday  
 of each month - October 28 - 1:00-3:00

**SOCIAL WORKERS**

**MANSFIELD HUMAN SERVICES HAS TWO SOCIAL  
 WORKERS AT THE SENIOR & WELLNESS CENTER  
 TO ASSIST MANSFIELD RESIDENTS THROUGH A  
 VARIETY OF SERVICES.**

**KATHY ANN EASLEY, MSW IS AVAILABLE MONDAY  
 THRU FRIDAY, 8:30 A.M. TO 4:30 P.M.**

**BETH HANKINS, LCSW IS AVAILABLE TUESDAYS &  
 THURSDAYS, 8:30 A.M. TO 4:30 P.M.**

**CALL 860 429-0262 EXT 1  
 TO MAKE AN APPOINTMENT WITH A SOCIAL WORKER.**

**CONVERSATIONS WITH BETTY**

**THURSDAY, OCTOBER 3, 11:00 - NOON**  
 Everyone is welcome for this friendly, lively  
 discussion. If you have any questions,  
 please call Betty at 860-429-6324

**OCTOBER IS FAMILY HISTORY MONTH**

**GENEALOGY GROUP**

**TUESDAY, OCTOBER 8 AT 10:00**

**ALL ARE WELCOME TO JOIN OUR DISCUSSION GROUP  
 REGARDLESS OF YOUR LEVEL OF EXPERTISE. THE LEADER  
 BRINGS NEW THINGS TO YOUR ATTENTION EACH MONTH.  
 WE MAY BE ABLE TO GIVE YOU SOME HELP FOR  
 RESEARCHING YOUR FAMILY GENEALOGY.**

**SUPPORT GROUPS**

**CAREGIVERS SUPPORT GROUP**  
 with Beth Hankins, LCSW  
 meets the third Thursday of each month  
 - October 17 - at 6:30 p.m.

**LOW VISION GROUP**  
 meets on October 21 at 11:00.

**MS SUPPORT GROUP**  
 meets the second Tuesday of each month  
 - October 8 - in the Craft Room at 7:00 p.m..  
 For more information, please contact  
 Joan at 860-429-7271 or Jennifer at 860-450-0530.

**NEW TAI CHI CLASS  
 ON BALANCE & FALL PREVENTION**

**TUESDAYS & THURSDAYS AT 9:00  
 FROM OCTOBER 1 TO DECEMBER 19**

**YOU MUST SIGN UP FOR THE FULL 12-WEEK PROGRAM.  
 GET MORE INFORMATION AT FRONT DESK.**

**NEW MEETING TIMES FOR  
 TWO EXERCISE CLASSES AS OF OCTOBER 1**

**SENIOR AEROBICS - 9:00 ON MONDAYS & WEDNESDAYS**

**YOGA WITH SHARON - 2:00 ON THURSDAYS**

**DO YOU NEED TRANSPORTATION?**

**FREE TRANSPORTATION**  
 — FOR MANSFIELD RESIDENTS ONLY —  
 IS AVAILABLE FOR MEDICAL OR WELLNESS  
 APPOINTMENTS (INCLUDING HAIRCUTS & MASSAGES).  
 MAKE REQUESTS AT LEAST 7 – 10 DAYS AHEAD.

14 DAYS ADVANCE NOTICE IS REQUIRED FOR RIDES TO  
 APPOINTMENTS AS FAR AWAY AS GLASTONBURY,  
 FARMINGTON, MANCHESTER & NEWINGTON.

CALL GIANNA STEBBINS  
 VOLUNTEER TRANSPORTATION MANAGER  
 AT 860 429-0262 EXT 2.

DIAL-A-RIDE PROVIDES RIDES TO  
 BIG Y & THE MANSFIELD SENIOR CENTER.  
 COST IS \$1.50 EACH WAY FOR PEOPLE UNDER AGE 60  
 AND IS FREE FOR PEOPLE OVER AGE 60  
 AND FOR PEOPLE WITH MEDICARE CARDS.  
 CALL DIAL-A-RIDE AT 860 456-1462.

**MANSFIELD COMMISSION ON AGING  
 MEETS ON MONDAY, OCTOBER 21**  
 9:30 - 11:30  
 AT  
 MANSFIELD SENIOR CENTER

SAVE THE DATE !

**A.A.R.P. DRIVER SAFETY COURSE**  
 taught by Lynne White, District Coordinator,

Tuesday, November 12th,  
 9:00 AM to 1:00 PM



A.A.R.P. Members - \$12  
 (please bring your card)  
 non-Members - \$14  
 payable to instructor at first class

**SIGN UP EARLY** by calling Senior Center  
 at 860 429-0262 ext 4 because  
 class is limited to 25 people.

**SENIOR CENTER OUTINGS  
 IN OUR NEW VAN !**



LUNCH AT THE UNCOMMON KITCHEN  
 AT WINDHAM TECH CULINARY DEPARTMENT  
 11:00 - 2:00 ON TUESDAY, OCTOBER 1ST

BUELL'S ORCHARD & LUNCH AT CORIANDERS  
 IN EASTFORD 11:30 - 2:30 ON TUESDAY, OCTOBER 15TH

LUNCH BUNCH AT HANK'S RESTAURANT IN BROOKLYN  
 11:00 - 2:30 ON WEDNESDAY, OCTOBER 30TH

MANSFIELD BIG Y RUN ON OCTOBER 2  
 PICK-UPS AT JENSEN'S, GLEN RIDGE, WRIGHTS WAY &  
 JUNIPER HILL. CALL FOR TIMES.

REGISTER IN ADVANCE AT FRONT DESK FOR ALL TRIPS  
 OR CALL 860 429-0262 EXT 0

**MANSFIELD SENIOR CHORUS**  
 EVERY MONDAY 1:30 - 3:00

IF YOU LIKE TO SING, COME JOIN US !  
 YOU DON'T HAVE TO BE A "SENIOR" !



WE PERFORM AT LOCAL NURSING  
 HOMES, REHABILITATION FACILITIES  
 & SENIOR HOUSING.

FOR MORE INFORMATION,  
 CALL ELLIE LAMB AT 860 423-3465

**YOU ARE INVITED TO THE  
 WELCOME RECEPTION FOR**

**MS. PATRICIA SCHNEIDER**  
 NEW MANSFIELD DIRECTOR OF HUMAN SERVICES

TUESDAY, OCTOBER 15TH  
 7:00 TO 7:30 P.M.  
 COUNCIL CHAMBERS IN TOWN HALL



I'LL MISS YOU EVERYDAY.  
SAM GORDON

**SHE MAKES EVERYBODY  
LAUGH!** GERRY JONES

ROSES ARE RED  
VIOLETS ARE BLUE  
WE SURE WILL MISS YOU.  
HAVE A GREAT RETIREMENT.  
LOVE FOREVER, COLBY

**SHE'S THE HAPPIEST  
PERSON I'VE EVER SEEN.**  
PHYLLIS KEYES

LINDA WAS THE BEST  
SECRETARY I EVER HAD.  
RICHARD HOBBY

**A+ GRAMMAR & SPELLING,  
KIND, CONSIDERATE, CARING,  
SPONTANEOUS, HELPFUL,  
RESPONSIVE TO OTHERS'  
NEEDS, HARD WORKER,  
MASTER SERGEANT**  
JEAN ANN KENNY

ALWAYS SO KIND, GENEROUS,  
WILLING TO ASSIST WITH A  
LOVING SMILE & SWEET VOICE.  
I'LL MISS YOU DEARLY.  
IRENE J. PETIX

**BEST LAUGH IN THE CENTER!**  
JUNE CURTIS

WOULD YOU LEAVE  
MY BUNS ALONE?  
GUESS WHAT DAY IT IS.  
WHAT DAY IS IT?  
IT'S HUMP DAY.  
SHARON CARON

COLD OFFICE & WARM HEART  
CYNARA STITES

**THANKS FOR HELPING US ORDER  
BINGO STUFF. I'LL MISS YOU.**  
EDIE BREAUULT

VERY NICE! ALICE JANSEN

**THANK YOU FOR YOUR KINDNESS,  
WISDOM & SUPPORT.  
YOUR GENTLE WAYS &  
THOUGHTFULNESS ARE  
VERY MUCH APPRECIATED.  
THANK YOU FOR YOU.**  
LOVE, ALMA

THE CENTER WILL NEVER BE  
THE SAME WITHOUT YOU.  
JIM CAMPETELLI

**SHE WILL BE MISSED.  
SAD SHE WASN'T  
TREATED BETTER.**  
AL SWANSON

ONLY 787 PIECES TO GO.  
LET YOU KNOW WHEN THE  
LAST PIECE IS IN PLACE.  
YOU WON'T BE FORGOTTEN.  
JOHN ADAMCIK



## TRIBUTES TO LINDA



DEAR LINDA,  
I REMEMBER DECEMBER 16, 1993 WELL. IT WAS THE DAY I HIRED YOU TO BE A CLERK-TYPIST FOR 15 HOURS A WEEK. WHEN I ASKED YOU IF YOU HAD ANY QUESTIONS, YOU SAID, "WHEN CAN I START?" ON YOUR FIRST DAY, I GAVE YOU A GENERAL ORIENTATION AND TOLD YOU THAT WHEN I RETURNED FROM LUNCH, I WANTED TO WRITE A LETTER OF APPRECIATION. AFTER LUNCH, I DISCOVERED THAT YOU HAD PREPARED A PERFECT LETTER! THAT IS HOW WE WORKED TOGETHER FOR 15 YEARS! YOU HELPED WITH WHATEVER NEEDED DOING, SOMETIMES BEFORE I EVEN ASKED. YOU MADE SURE EVERYTHING WAS READY AT THE RIGHT TIME. WE WEATHERED MANY CHANGES, SOME MORE DIFFICULT THAN OTHERS [REMEMBER SAM GORDON'S ELEVATOR?]. YOU WENT "ABOVE AND BEYOND" FOR THE CENTER WHILE YOU KEPT SMILING AND NEVER COMPLAINED. PLEASE ALWAYS REMEMBER HOW MUCH I APPRECIATE YOU. I WISH YOU A HAPPY, HEALTHY RETIREMENT! I'M SURE YOU WILL BE MISSED BY MANY.

LOVE, MARILYN

WHEN I JOINED THE CENTER, LINDA TOOK ME ON A TOUR AND WE JUST CLICKED. SINCE THAT DAY, WE HAVE BECOME GREAT FRIENDS (ALMOST SISTERS). MY DAYS HERE AT THE CENTER WILL NEVER BE THE SAME ONCE SHE RETIRES.

KATHY RULE

**MEAL PROGRAM**

The TVCC meal program is subsidized through the Older Americans Act and is available to seniors 60 years or older for a suggested donation of **\$3.00**. Seniors who are younger than 60 are welcome to eat, but are asked to pay the actual cost of the meal, which is now **\$9.78**. Reservations must be made by 10:00 a.m. one day in advance. Guests and new members must complete a registration form at the time they make a reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

**OCTOBER MENUS**

- Tues, Oct 1: baked chicken riganato
- Wed, Oct 2: American chop suey
- Thurs, Oct 3: chicken stuffed w/broccoli & cheese
- Fri, Oct 4: all beef hot dog, baked beans
- Mon, Oct 7: eggplant rolette
- Tues, Oct 8: mustard & orange glazed ham
- Wed, Oct 9: chicken marsala
- Thurs, Oct 10: cheese ravioli w/marinara
- Fri, Oct 11: Hungarian chicken paprika
- Mon, Oct 14: CLOSED FOR HOLIDAY
- Tues, Oct 15: baked cod w/tomato garlic compote
- Wed, Oct 16: MSCA PIZZA DAY\*\***
- Thurs, Oct 17: braised pork w/gravy
- Fri, Oct 18: meatloaf w/gravy
- Mon, Oct 21: salisbury steak w/gravy
- Tues, Oct 22: cheese manicotti w/ marinara sauce
- Wed, Oct 23: crispy fish patty
- Thurs, Oct 24: Spanish beef stew
- Fri, Oct 25: chicken parmesan
- Mon, Oct 28: cod Florentine
- Tues, Oct 29: Swedish meatballs
- Wed, Oct 30: chicken cacciatore
- Thurs, Oct 31: western omelet

**\*\*Wed, Oct 16: MSCA PIZZA DAY**  
Pizzas from local restaurants,  
salad, cookie & beverage  
*Sign up in advance at front desk*

**OCTOBER BIRTHDAYS**



**BIRTHSTONE: OPAL FLOWER: MARIGOLD**

- 1 EDLY BUSSOLOTTA, GARY DREW, BEV KORBA, JEANNE MEDDICK, DAVID MILLER, FRANK SCHWAGER, JOSEPH SOKOLOWSKI, MARILYN WHALEY
- 2 LINDA DOUDA, SANDRA ROTH, BLANCHE SEHL, ROBERT PFEFFER, CRAYTON WALKER, YE ZEMEI
- 3 MILTON GORDON, CINDY SCHAFFER
- 4 MADELYN MACKOVICK, DONALD NYGREN, MARY STROUT
- 5 HELEN COLLINS, MARY ANN DOUCETTE, ANITA EICHNER, BETTY GORDON, HENRY MILLMAN
- 6 JAMES DICK
- 7 KENNETH JONES, ROBERT MILLER, GLADYS OLSEN, WILLIAM STWALLEY
- 8 JUNE ATWATER, ISABELLE RICARD, JACK RICE
- 9 CARLA KELLY, BARBARA MANUPELLI
- 10 PHYLLIS EVANS, CAMILLE FORMAN, ROBERT MCCLINTOCK
- 11 RUTH HADDAD, MARJORIE NELSON, ALLAN OGREN
- 12 DIANA HODGINS
- 13 HAROLD ABRAMSON, NANCY WENGEL
- 14 ERNEST BIRSSON, MARGARET DAVIS, GRAZINA MACIUIKA, ALTHEA STADLER
- 15 ISAAC HOFFMAN, MAY MILLER, DOROTHEA MERCIER, MARY TOKES
- 16 PHYLLIS GETTER, ELIZABETH WELDEN

- 17 GRETE BINAU-HANSEN, SANDRA DE NEVETTE, WINTHROP HAWKINS, TULAY LUCIANO, BARBARA NAGY
- 18 FRANK FONTANA, MUFIDE GURUN, EVELYN HUGHES, HANS LAUFER, ANGELA MARCUS, FOREST NUTINI, ROBERT WYSS, BARBARA OSBORN, CAROLYN VIENS
- 19 LORETTA CASTAGNA, LORRAINE EATON, DAVID KOLB, RICHARD STAPLES
- 20 JOHN FISHER
- 21 JOANNE MCCAUGHEY, HARRIET WALKER
- 22 RITA DUVALL, MARY HARPER, JOHN RICKARD
- 23 OLIVIA DEVEREUX, ELAINE ENRIGHT, JOSEPHINE KIND, DONNA LUSSIER, CHARLES SUTHERLAND
- 24 RITA CLANG, HERB CRICKMORE
- 25 LEA BARBEAU, MURIEL LUCAS, JOHN MANGERI, CHARLES PREWITT, MARK TOURTELLOTTE
- 26 JOHN MARSHALL, COLBY MELANEC
- 27 AUDREY BARBERET, FERNAND DUVAL, MARRIETTA JOHNSON, ROBERT LANDRY, MARGARET MCCARRICK
- 28 GAIL DUNNROWICZ, RAY HADDAD, MADGE MANFRED
- 29 LIDA BILOKUR, BARBARA LADD, JOYCE OWEN
- 30 GEORGE BEAUMONT, FRANK PERROTH
- 31 ELIZABETH DICKSON

**ABSENTEE BALLOTS**

**ABSENTEE BALLOTS ARE AVAILABLE BEGINNING OCTOBER 4. YOU CAN GET AN APPLICATION FOR AN ABSENTEE BALLOT:**

- AT THE TOWN CLERK'S OFFICE AT THE TOWN HALL
- BY CALLING THE TOWN CLERK'S OFFICE AT 860 429-3302 EXT 4 **OR**
- BY PRINTING THE APPLICATION ON THE "TOWN CLERK" PAGE AT [WWW.MANSFIELDCT.ORG](http://WWW.MANSFIELDCT.ORG)

**THE APPLICATION LISTS THE LEGAL REASONS FOR ABSENTEE VOTING. MAIL THE COMPLETED APPLICATION TO THE TOWN CLERK OR DESIGNATE A RELATIVE OR CAREGIVER TO DELIVER IT TO THE TOWN CLERK. THE TOWN CLERK WILL MAIL YOU AN ABSENTEE BALLOT.**

**FILL OUT THE BALLOT AND MAIL IT TO:  
MANSFIELD TOWN CLERK  
4 SOUTH EAGLEVILLE ROAD  
STORRS MANSFIELD, CT 06268**

**YOUR COMPLETED BALLOT MUST ARRIVE AT THE TOWN CLERK'S OFFICE BY NOVEMBER 5**



**MONDAY**



**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SAT. & SUN.**

**1.**  
8:30-STRENGTH & STABILITY  
9:00 -TAI CHI  
10:00-SCRABBLE  
10:00-WII BOWL  
10:00-INTRO. TO COMPUTERS  
11:00-PILATES  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BINGO  
2:30-COMPUTER COM-

**2.**  
9:00-SENIOR AEROBICS  
10:00-WRITING GROUP  
11:00-MOVEMENT W/ MEANING  
11:30-HERRMANN BLOOD PRESSURE CLINIC  
12:00-CAUSERIES EN FRANÇAIS  
12:00-**BIRTHDAY LUNCH**  
12:30-VAN RUN TO BIG Y  
1:00-FUNDAMENTALS OF

**3.**  
8:30-STRENGTH & STABILITY  
9:00-TAI CHI  
10:00-WII BOWL  
10:00-QUILTING W/PAT  
10:15-SPARKETTES PRACTICE  
11:00-CONVERSATION W/ BETTY  
11:30-FOODSHARE  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00 **FLU CLINIC**  
1:00-BRIDGE / JEWELRY  
2:00-YOGA W/ SHARON

**4.**  
10:00-SCRABBLE  
10:00-KNITTING & CROCHETING  
10:30-ZUMBA GOLD TONING  
12:00-LUNCH  
1:00-ART STUDIO

**5. SATURDAY**  
  
MSCA CRAFT & COLLECTIBLES SHOW  
9-2  
  
~ ~ ~ ~ ~

**6. SUNDAY**

**7.**  
9:00-SENIOR AEROBICS  
10:00-ART STUDIO  
10:00-COMPUTER HELP  
10:15-11:45-SPARKETTES  
12:00-LUNCH  
1:00-MAHJONGG  
1:30-CHORUS

**8.**  
8:30-STRENGTH & STABILITY  
9:00-TAI CHI  
10:00-SCRABBLE / WII BOWL  
10:00-GENEALOGY  
10:00-INTRO. TO COMPUTERS  
11:00-WAYS & MEANS  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BINGO

**9.**  
9:00-SENIOR AEROBICS  
10:00-WRITING GROUP  
10:30-EXECUTIVE BOARD MTG.  
11:00-MOVEMENT W/ MEANING  
12:00-CAUSERIES EN FRANÇAIS  
12:00-LUNCH  
1:00-FUNDAMENTALS OF

**10.**  
8:30-STRENGTH & STABILITY  
9:00-TAI CHI  
9:00-REIKI W/BETTE  
10:00-WII BOWL  
10:00-QUILTING W/PAT  
10:00-INTRO. TO COMPUTERS  
10:15-SPARKETTES PRACTICE  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BRIDGE

**11.**  
10:00-SCRABBLE  
10:00-KNITTING & CROCHETING  
10:30-ZUMBA GOLD TONING  
12:00-LUNCH  
1:00-ART STUDIO

**12. SATURDAY**  
  
~ ~ ~ ~ ~

**13. SUNDAY**

**14.**  
**CENTER CLOSED COLUMBUS DAY**

**15.**  
8:30-STRENGTH & STABILITY  
9:00- DR. WALTER  
9:00-TAI CHI  
10:00-SCRABBLE  
10:00-WII BOWL  
10:00-INTRO. TO COMPUTERS  
11:00-PILATES  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BINGO

**16.**  
8:45—VNA EAST HEALTH  
9:00-SENIOR AEROBICS  
10:00-WRITING GROUP  
11:00-MOVEMENT W/ MEANING  
12:00-CAUSERIES EN FRANÇAIS  
12:00-PIZZA LUNCH  
1:00-JIM HUTCHINSON, ENTERTAINMENT  
1:00-FUNDAMENTALS OF

**17.**  
8:30-STRENGTH/STABILITY  
9:00-TAI CHI  
10:00-WII BOWL  
10:00-INTRO. TO COMPUTERS  
10:15-SPARKETTES PRACTICE  
11:30-FOODSHARE  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BRIDGE 1:00-JEWELRY  
2:00- YOGA W/ SHARON  
2:30-WII BOWL  
6:30-CAREGIVER'S SPT.

**18.**  
10:00-SCRABBLE  
10:00-KNITTING & CROCHETING  
10:00-PHOTO CLUB  
10:30-ZUMBA GOLD TONING  
12:00-LUNCH  
1:00-ART STUDIO  
1:00-DUPLICATE BRIDGE

**19. SATURDAY**  
  
~ ~ ~ ~ ~

**20. SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDA**

**THURSDAY**

**FRIDAY**

**SAT. & SUN.**

**21.**  
9:00-SENIOR AEROBICS  
9:30-COMM. ON AGING  
10:00-ART STUDIO  
10:00-COMPUTER HELP  
10:15-SPARKETTES  
11:00 LOW VISION GRP

**22.**  
8:30-STRENGTH/STABILITY  
9:00-TAI CHI  
10:00-SCRABBLE  
10:00-WII BOWL  
10:00-INTRO. TO COMPUTERS  
11:00-PILATES  
12:00-LUNCH  
12:30-POWER OF AGING

**23.**  
9:00-SENIOR AEROBICS  
10:00-WRITING GROUP  
10:00-INTRO TO DIGITAL P.  
11:00-MOVEMENT W/ MEANING  
12:00-CAUSERIES EN FRANÇAIS  
12:00-LUNCH  
1:00—UCONN HEALTH FAIR

**24.**  
8:30-STRENGTH/STABILITY  
9:00-TAI CHI  
10:00-WII BOWL  
10:00-QUILTING W/PAT  
10:15-SPARKETTES PRACTICE  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BRIDGE  
1:00-JEWELRY  
2:00- YOGA W/ SHARON

**25.**  
10:00-SCRABBLE  
10:00-KNITTING/ CROCHETING  
10:00-INTRO TO DIGITAL PHOTOGRAPHY  
10:30-ZUMBA GOLD TONING  
12:00-LUNCH  
1:00-ART STUDIO

**26. SATURDAY**

**27. SUNDAY**

**28.**  
9:00-SENIOR AEROBICS  
10:00-ART STUDIO  
10:00-COMPUTER HELP  
10:15-SPARKETTES  
12:00-LUNCH  
1:00-MAHJONGG  
1:00-ATTY. GATES

**29.**  
8:30-STRENGTH/STABILITY  
9:00- TAI CHI  
10:00-SCRABBLE  
10:00-WII BOWL  
10:00-CAREGIVERS 101, #2  
11:00-PILATES  
12:00-LUNCH  
12:30-POWER OF AG-

**30.**  
9:00-SENIOR AEROBICS  
10:00-WRITING GROUP  
11:00-MOVEMENT W/ MEANING  
12:00-CAUSERIES EN FRANÇAIS  
12:00-LUNCH  
1:00-FUNDAMENTALS OF TAP  
1:00-SPARKS COMM.  
**\*LAST DAY TO REGISTER FOR NOVEMBER CLASSES**

**31. HALLOWEEN**  
8:30-STRENGTH/STABILITY  
9:00-TAI CHI  
10:00-WII BOWL  
10:00-QUILTING W/PAT  
10:15-SPARKETTES PRACTICE  
12:00-LUNCH  
12:30-POWER OF AGING  
1:00-BRIDGE/JEWELRY  
2:00-YOGA W? SHARON

# OCTOBER 2013

**CURRENT & COMING EVENTS AT THE MANSFIELD SENIOR CENTER:**

**TUESDAY, OCTOBER 22ND:** MEET THE CANDIDATES (TOWN HALL)  
**FRIDAY, NOVEMBER 8:** VETERANS' DAY CELEBRATION (COMMUNITY CENTER)  
**TUESDAY, NOVEMBER 12, 9:00 AM TO 1:00 PM:** A.A.R.P. DRIVER SAFETY COURSE  
**SATURDAY, DECEMBER 7:** MCSA HOLIDAY BAZAAR

**HOLIDAY CLOSINGS:** MONDAY, OCTOBER 14; MONDAY, NOVEMBER 11TH; THURSDAY & FRIDAY, NOVEMBER 28TH &

**SENIOR SPARKS**

Mansfield Senior & Wellness Center  
 303 Maple Road  
 Storrs Mansfield, Connecticut 06268  
 860-429-0262



NON-PROFIT ORGANIZATION  
 PRE-SORT STANDARD #57  
 U.S. POSTAGE PAID  
 STORRS MANSFIELD, CT 06268

Occupant or

PLACE TOP OF LABEL  
 BY THE DARK LINE

ABSENTEE BALLOTS - PAGE 9

COMPUTER CLASSES - PAGES 4 - 5

MEET THE CANDIDATES NIGHT - PAGE 3

MENUS - PAGE 9

NEED TRANSPORTATION? - PAGE 7

OCTOBER CALENDAR - PAGES 10 - 11

SENIOR CENTER VAN TRIPS - PAGE 7

SOCIAL WORKERS - PAGE 6

TRIBUTES TO LINDA - PAGE 8

MSCA - SPONSORED TRIPS - PAGE 5

Note the expiration date on your mailing label.  
 If it is underlined in pink, your subscription has expired.

PLEASE RENEW MY SPARKS SUBSCRIPTION  
 (Covers period July 1, 2013, to June 30, 2014)  
 (PLEASE PRINT)

Date: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Town: \_\_\_\_\_ ZIP: \_\_\_\_\_

Renewal: \_\_\_\_\_ New Subscription: \_\_\_\_\_

\$7.00 - Bulk issues or \$10.50 - First Class

Amount Enclosed: \_\_\_\_\_  
 (checks payable to: M.S.C.A.)

Mansfield Senior & Wellness Center  
 303 Maple Road  
 Storrs Mansfield, CT 06268