

SENIOR SPARKS



VOLUME 39 ISSUE 12 MANSFIELD SENIOR CENTER ASSOCIATION DECEMBER 2013
303 Maple Road, Storrs Mansfield CT 06268 (860) 429-0262 ext. 5

SHOP FOR A VARIETY OF HOUSEHOLD ITEMS, TOYS, PUZZLES, HOLIDAY DECORATIONS,
KNITTED ITEMS, JEWELRY, SMALL APPLIANCES, BOOKS, YARN AND MORE
AND TO BID IN A SILENT AUCTION OF BASKETS WITH NEW ITEMS AT THE



MANSFIELD SENIOR CENTER ASSOCIATION HOLIDAY BAZAAR

ON

SATURDAY, DECEMBER 7, 9:00 - 1:00



LIGHT LUNCH, BEVERAGES AND BAKED GOODS CAN BE PURCHASED.

HOLIDAY CELEBRATION ***on Wednesday, December 18***



TURKEY DINNER at noon

followed at 12:45 by
SENIOR CENTER CHORUS
& SPARKETTES

Make reservation for meal by 10:00
on December 10 - \$5 payable to MSCA

GET YOUR HOLIDAY SPIRIT STARTED EARLY !

HOLIDAY FESTIVITIES WITH JILLIAN
ON MONDAY, DECEMBER 2 AT 10:00



WE WILL MAKE CHRISTMAS ORNAMENTS
AND WATCH THE 1954 CLASSIC MOVIE,
"WHITE CHRISTMAS."

COCOA & MARSHMALLOWS WILL BE PROVIDED.

COUNT DOWN TO 'NOON'
ON NEW YEAR'S EVE

IT'S MIDNIGHT SOMEWHERE !

TUESDAY, DECEMBER 31 AT 10:30 A.M.

CELEBRATE IN STYLE WITH ENTERTAINMENT
& LIGHT REFRESHMENTS.



**SENIOR SPARKS IS A PUBLICATION OF
THE MANSFIELD SENIOR CENTER ASSOCIATION**

SUGGESTIONS & SUBMISSIONS TO THE SPARKS CAN BE PUT IN THE SPARKS MAILBOX AMONG THE MSCA MAILBOXES AT THE SENIOR CENTER OR SENT TO: CYNARASTITES@GMAIL.COM BY THE **10TH DAY OF THE MONTH** FOR THE NEXT MONTH'S ISSUE.

SPARKS EDITOR: CYNARA STITES
 SPARKS COMMITTEE CHAIR: RITA BRASWELL
 SPARKS MANAGER: KATHY RULE
 SPARKS FINANCES: HOWARD RAPHAELSON
 SPARKS PROOFREADERS/FACT-CHECKERS:



RITA BRASWELL, DICK SALLEE, KATHY RULE & MARILYN GERLING
 SPARKS COPYING: RITA BRASWELL, DICK SALLEE & LIDA BILOKUR
 ASSEMBLING THE SPARKS MAILING:
 JUNE CURTIS, LIDA BILOKUR, RITA BRASWELL & VOLUNTEERS
 MAILING THE SPARKS:
 HOWARD RAPHAELSON, RITA BRASWELL & DICK SALLEE

**MANSFIELD SENIOR &
WELLNESS CENTER**

303 MAPLE ROAD
 STORRS MANSFIELD, CT 06268
 HOURS: MON - FRI 8:30 A.M. - 4:30 P.M.
 SENIORCENTER@MANSFIELDCT.ORG
 WWW.MANSFIELDCT.ORG
(860) 429-0262

RECEPTIONIST/FRONT DESK EXT 0

MANSFIELD SENIOR CENTER
 ASSOCIATION EXT 5

SENIOR CENTER COORDINATOR
 CINDY DANTON EXT 9
 DANTONCH@MANSFIELDCT.ORG

TRANSPORTATION MANAGER
 GIANNA STEBBINS EXT 2
 STEBBINSG@MANSFIELDCT

ADMINISTRATIVE ASSISTANT
 VACANT EXT 3

WELLNESS CENTER APPOINTMENTS
 KATHY YAFFEE EXT 4

SOCIAL WORKERS
 KATHY ANN EASLEY, MSW EXT 1
 BETH HANKINS, LCSW EXT 6506

LUNCH PROGRAM/KITCHEN
 SHARON CARON EXT 8

**MANSFIELD SENIOR CENTER ASSOCIATION
EXECUTIVE BOARD**

PRESIDENT: ESTELLE ELLIOTT
 VICE-PRESIDENT: JEAN ANN KENNY
 SECRETARY: BEV GOTCH
 FINANCE OFFICER: DON STITTS
 TREASURER: MIKE BESCHLER
 ASSISTANT TREASURER: KATHY RULE
 IMMEDIATE PAST PRESIDENT & SPARKS COMMITTEE: RITA BRASWELL
 MEMBER AT-LARGE: SAM GORDON
 COMPUTER COMMITTEE: VACANCY
 PROGRAM PLANNING COMMITTEE: JOAN TERRY & MARIE HAKMILLER
 TRAVEL COMMITTEE: KAY WARREN
 WAYS & MEANS COMMITTEE: VACANCY



**EXECUTIVE BOARD MEETS ON THE
SECOND WEDNESDAY,
DECEMBER 11, AT 10:30.
ALL ARE WELCOME FOR
PRESENTATION BY MANSFIELD
TOWN CLERK MARY STANTON ON
ROBERT'S RULES OF ORDER &
RULES ON FREEDOM OF
INFORMATION (FOI) REQUESTS.**

WAYS & MEANS COMMITTEE
 TUESDAY, DECEMBER 3 AT 11:00

 COMPUTER COMMITTEE
 FIRST TUESDAY AT 2:30

 PROGRAM COMMITTEE

*THANKS TO JUNE CURTIS AND THE
VOLUNTEERS WHO ASSEMBLED
THE NOVEMBER SPARKS MAILING:
LIDA BILOKUR, JIM CAMPETELLE,
BERYL GRIFFIN, SAM GORDON,
ALICE JANSEN, SUE KWASTEL &
KAREN PETERS.*

*THANKS TO BEV GOTCH FOR CODING
THE MAILING LABELS.*

MSCA PRESIDENT’S COLUMN



HELLO,

FOR MANY OF US THE BUSY TIME OF THE YEAR IS COMING FAST. THERE ARE GET-TOGETHERS, SHOPPING, SPECIAL MEALS TO PUT TOGETHER, AND, FOR SOME, MAKING ARRANGEMENTS FOR TRAVELING TO FRIENDS AND FAMILY. I WISH ALL OF YOU A HAPPY FUN-FILLED TIME.

ON THE OTHER HAND, WITH A NOT SO PLEASANT TONE, I WAS AT LUNCH THE OTHER DAY AND HEARD SOMETHING THAT I FEEL WAS NOT CALLED FOR. PAPER PLATES WERE DONATED FOR HALLOWEEN WITH THE INTENTION OF LIVENING THE DAY. INSTEAD, THE COMMENT WAS MADE THAT THE PLATES WERE USED BY THE COOK SO THE DISHES WOULD BE LESS WORK AND SHE COULD GET OUT EARLIER. LET’S WORK ON A MORE POSITIVE WAY OF LOOKING AT THE THINGS PLACED BEFORE US. MANY OF US GO OUT OF OUR WAY TO TRY TO BRIGHTEN THE DAY FOR ALL OF US HERE AT THE SENIOR CENTER. THERE IS NO REASON FOR SAYING THINGS THAT HURT OTHERS’ FEELINGS. PLEASE THINK BEFORE YOU SPEAK. THIS WILL BRING ABOUT A MUCH HAPPIER PLACE AND, IN TURN, BRIGHTEN THE DAY FOR OTHERS.

I HAVE SPENT TIME READING MINUTES FROM PAST MEETINGS. IN MY NEXT LETTER, I HOPE TO START PUTTING IN SOME BLURBS THAT YOU WILL FIND INTERESTING OR MEMORABLE.

ESTELLE ELLIOTT

**MSCA QUARTERLY
MEMBERSHIP MEETING
WEDNESDAY, DECEMBER 11**

AT 12:45

PRESENTATION BY MANSFIELD
TOWN CLERK MARY STANTON ON
NEW PERMANENT ABSENTEE
BALLOT DESIGNATION
& POLL WORKERS

**WELCOME TO THE MANSFIELD
SENIOR CENTER ASSOCIATION’S
NEWEST MEMBERS**

MARGARET COLANGELO

ANGELO DOS SANTOS

EDWARD JONAITIS

NANCY PARADIS

MARY TOKES

RUDOLPH TOKES

CAROL VILIA

WALTER VILIA

HOW TO DIE IN OREGON

**AN ACCLAIMED FILM ABOUT OREGON’S
“COMPASSIONATE AID IN DYING” LAW**

*WOULD YOU WANT THE RIGHT TO CHOOSE
WHEN IT’S YOUR TIME?*

WEDNESDAY, DECEMBER 11 FROM 1:30 TO 4:00

PRESENTED BY MARISA LINDSEY & TIM APPLETON

OF

COMPASSION AND CHOICES

**A NON-PROFIT ORGANIZATION WORKING TO PROTECT AND EXPAND
OPTIONS AT THE END OF LIFE FOR CONNECTICUT RESIDENTS
WWW.COMPASSIONANDCHOICES.ORG**

IN MEMORY OF

MARY (DEVITO) ALASSI

ELIAHOU (ELI) DABORA

ANNA CORCORAN KLASE

MARGARET MARY LINCOLN

ROBERT WILLIAM PFEFFER

DOLORES “DOLLY” SAMSON SMITH





SPREADING GERMS

- COVER YOUR MOUTH AND NOSE WITH A **TISSUE** WHEN YOU COUGH OR SNEEZE.
- TOSS USED TISSUES INTO THE WASTEBASKET.
- **DON'T HAVE A TISSUE? THEN COUGH OR SNEEZE INTO YOUR SLEEVE INSTEAD OF YOUR HANDS.**
- WASH YOUR HANDS OFTEN WITH SOAP AND WARM WATER FOR 20 SECONDS.
- USE ALCOHOL HAND SANITIZER WHEN SOAP AND WATER ARE NOT AVAILABLE.



YOU CAN HELP DWIGHT NORWOOD
 - A UCONN SOCIAL WORK GRADUATE STUDENT -
 WITH HIS RESEARCH ON
 SERVICES FOR SENIORS
 AND YOU CAN GET A FREE
 CELL PHONE SCREEN CLEANER
 BY ANONYMOUSLY FILLING OUT

A BRIEF SURVEY ON
WEDNESDAY, DECEMBER 18, 11:00 - NOON
 AT THE MANSFIELD SENIOR & WELLNESS CENTER

MANSFIELD SENIOR CENTER CHORUS WILL PERFORM AT:

CHAPLIN SENIOR CENTER -
 WEDNESDAY, DECEMBER 4
 AT 12:30



CARD HOME - FRIDAY, DECEMBER 6 AT 1:00

JUNIPER HILL - MONDAY, DECEMBER 9 AT 2:00

MANSFIELD NURSING & REHABILITATION CENTER
 WEDNESDAY, DECEMBER 11 AT 2:30

ST. JOSEPH LIVING CENTER -
 FRIDAY, DECEMBER 13 AT 2:30

DOUGLAS MANOR -
 MONDAY, DECEMBER 16 AT 10:30

MANSFIELD SENIOR CENTER
 HOLIDAY CELEBRATION
 WEDNESDAY, DECEMBER 18 AT 12:45

SENIOR AEROBICS CLASSES

WILL MEET ON
 MONDAYS AT 9:00 &
 THURSDAYS AT 3:15
 AS OF DECEMBER 1



GET A FREE HEARING TEST AND HELP UCONN RESEARCHERS DEVELOP A LOW COST COMPUTERIZED HEARING TEST



VOLUNTEER 50+ YEAR OLD SENIORS
 ARE NEEDED TO GET HEARING TESTS BY
 ADVANCED AUDIOLOGY EQUIPMENT
 AND BY A NEW COMPUTERIZED TEST

CALL: DR. CIENKOWSKI AT 860-486-3289
 FOR AN APPOINTMENT AT THE UCONN
 AUDIOLOGY LAB.

VOLUNTEERS ARE NEEDED TO HELP WITH HOLIDAY BAZAAR

- * DONATE HOME-BAKED GOODIES WRAPPED IN INDIVIDUAL PORTIONS
 - * SET UP BAZAAR AT 1:00 ON FRIDAY, DECEMBER 6
 - * TAKE DOWN BAZAAR AT 1:00 ON SATURDAY, DECEMBER 7
- SIGN UP SHEET IS BY THE FRONT DESK.



SENIOR DISCOUNT AT ALL YOU NEED TO HEAR HEARING AID CENTER

12 GOOSE LANE, UNIT G IN TOLLAND

FREE IN-OFFICE REPAIRS & CLEANING OF HEARING AIDS
 ONE FREE PACK OF BATTERIES INCLUDED WITH
 CLEANING. AGES 55+



WELLNESS PROGRAMS

**PLEASE CALL KATHY YAFFEE AT 860 429-0262 EXT 4
MONDAY THROUGH FRIDAY, 10:00 TO 1:30
TO SCHEDULE APPOINTMENTS
WITH THE PROVIDERS LISTED BELOW.**



**ADULT HEALTH SCREENINGS by
VNA East Nurse Mary Hess**
Blood pressure, cholesterol, blood
glucose, earwax & foot care
Wednesday, December 11,
1:00 - 3:00.

FOOTCARE with Dr. Walter, Podiatrist, on
Tuesday, December 17, 9:00 to noon.
Medicare will be billed if you are eligible.
Dr. Walter carries Dr. Comfort shoes, including
M/C Diabetic shoes.

FREE BLOOD PRESSURE CHECKS
11:30 to noon on Wednesday,
December 4 sponsored by
Hermann Blood Pressure Clinic



**REIKI WITH BETTE GIORDANO. ONE-HOUR SESSIONS ON
THURSDAY, DECEMBER 5, 9:00 - 11:00**
COST: \$30 PER HOUR PAYABLE TO BETTE GIORDANO

ELDERCARE LAW: ATTORNEY GATES FROM
CONNECTICUT Legal Services provides free legal
consultations to people 60 years or older on
December 30, 1:00 - 3:00

UCONN PHARMACY STUDENTS



**WILL REVIEW YOUR
MEDICATIONS
IF YOU BRING
ALL OF YOUR MEDICATIONS
TO THE SENIOR CENTER
ON
MONDAY, DECEMBER 2,
11:30 - 2:30**

SUPPORT GROUPS

CAREGIVERS SUPPORT GROUP
with Beth Hankins, LCSW
meets the third Thursday of each month
December 19 at 6:30 p.m.

LOW VISION GROUP
meets on Monday, December 9 at 11:00.

MS SUPPORT GROUP
meets the second Tuesday of each month
- December 10 - in the Craft Room at 7:00 p.m..
For more information, please contact
Joan at 860-429-7271 or Jennifer at 860-450-0530.

SOCIAL WORKERS

**MANSFIELD HUMAN SERVICES HAS TWO SOCIAL
WORKERS AT THE SENIOR & WELLNESS CENTER TO
ASSIST MANSFIELD RESIDENTS
THROUGH A VARIETY OF SERVICES.**

**KATHY ANN EASLEY, MSW IS AVAILABLE
MONDAY THRU FRIDAY, 8:30 - 4:30
860 429-0262 EXT 1**

**BETH HANKINS, LCSW IS AVAILABLE
TUESDAYS & THURSDAYS, 10:00 - 2:00
860 429-0262 EXT 6506**

FOOD FOR THOUGHT WITH BETH

**INFORMAL 20 MINUTE CONVERSATIONS WITH
BETH HANKINS, LCSW
FOR PEOPLE TO SHARE THOUGHTS AND
LEARN NEW INFORMATION ON A RANGE OF TOPICS**

TUESDAYS AT 11:30

**DECEMBER 3: BEST & WORST OF THE SEASON
DECEMBER 10: HOLIDAY EXPECTATIONS
DECEMBER 17: COPING WITH DIFFICULT PEOPLE
DECEMBER 24: YOU WOULDN'T BELIEVE IT
DECEMBER 31: PET PEEVES**

**MANSFIELD SENIOR CENTER
ASSOCIATION
COMPUTER LEARNING CENTER**



FREE HELP FOR PC USERS WITH DAN GEBBEN
EVERY MONDAY 10:00 TO 11:00

FREE "PHOTO CLUB" WITH DAN GEBBEN
AN ONGOING CLUB OPEN TO ALL ON 1ST & 3RD
FRIDAY OF THE MONTH, 10:00 TO NOON

FREE HELP FOR MAC USERS BY APPOINTMENT
LEAVE MESSAGE FOR MIKE PALMER
AT 860 429-0262 EXT 7

ME AND MY IPAD WITH DAN GEBBEN

LEARN HOW TO USE THE VERSATILE APPLE IPAD:

- INSTALLING GAMES & PROGRAMS
- WIFI CONNECTIONS
- REMOVING PROGRAMS
- NAVIGATING THE TOUCH SCREEN
- PHOTOGRAPHY
- MAKING FOLDERS
- MOVING ICONS
- WHAT TO DO WHEN THINGS GO WRONG

YOU DON'T NEED AN IPAD TO ATTEND.

MONDAY, DECEMBER 16, 1:00 - 3:00. FREE

INTRO TO FACEBOOK WITH DAN GEBBEN

IF YOU ARE NEW TO FACEBOOK, YOU'LL FIND THAT IT'S ACTUALLY VERY EASY TO SET UP & MAINTAIN YOUR OWN PAGE. YOU ONLY NEED YOUR NAME, BIRTHDAY, GENDER, & E-MAIL ADDRESS. JOINING FACEBOOK IS FREE, SIMPLE & WORTHWHILE. IT'S A GREAT WAY TO KEEP IN TOUCH WITH FAMILY & FRIENDS, MEET NEW PEOPLE & EXPRESS YOURSELF. THIS CLASS WILL FOCUS ON THE BASICS: PAGE LAYOUT, POSTING MESSAGES, UPLOADING PHOTOS, COMMENTING ON OTHERS' POSTS, FINDING FRIENDS, SECURITY & PRIVACY.

MONDAY, DECEMBER 2, 1:00 - 3:00. FREE

GENEALOGY GROUP

ON TUESDAY, DECEMBER 10TH AT 10:00

ALL ARE WELCOME - INCLUDING BEGINNERS - AS WE SHARE OUR NEW IDEAS, KNOWLEDGE, & PROGRESS TO HELP EACH OTHER RESEARCH A FAMILY'S GENEALOGY.

CONVERSATIONS WITH BETTY

on THURSDAY, DECEMBER 5, 11:00 - NOON

Everyone is welcome for this friendly, lively discussion. If you have any questions, please call Betty at 860-429-6324

**HANDS-ON TRAINING ABOUT USING YOUR
CELL PHONE & OTHER WIRELESS DEVICES
BY EXPERTS FROM AT&T**



MONDAY, DECEMBER 9 AT
1:00

COMPUTER CLASSES IN JANUARY

INTRODUCTION TO COMPUTERS:

JANUARY 14, 16, 21, 23 & 28, 10:00 - NOON (\$10)

BASIC WORD: JANUARY 7 & 9, 1:00 - 4:00 (\$10)

ADVANCED WORD: JANUARY 14 & 16, 1:00 - 4:00 (\$10)

DIGITAL CAMERAS:

JANUARY 22 & 24, 10:00 - NOON (\$10)

ME & MY IPAD:

JANUARY 15, 10:00 - NOON (FREE)

SMARTPHONE:

JANUARY 31, 10:00 - NOON (FREE)



DO YOU NEED TRANSPORTATION?

FREE TRANSPORTATION

— FOR MANSFIELD RESIDENTS ONLY —
 IS AVAILABLE FOR MEDICAL OR WELLNESS
 APPOINTMENTS (INCLUDING HAIRCUTS & MASSAGES).
 MAKE REQUESTS AT LEAST 7 – 10 DAYS AHEAD.

14 DAYS ADVANCE NOTICE IS REQUIRED FOR RIDES TO
 APPOINTMENTS AS FAR AWAY AS GLASTONBURY,
 FARMINGTON, MANCHESTER & NEWINGTON.

CALL GIANNA STEBBINS
 VOLUNTEER TRANSPORTATION MANAGER
 AT 860 429-0262 EXT 2.

DIAL-A-RIDE

PROVIDES RIDES TO BIG Y &
 THE MANSFIELD SENIOR CENTER.
 COST IS \$1.50 EACH WAY FOR PEOPLE UNDER AGE 60
 AND IS FREE FOR PEOPLE OVER AGE 60
 AND FOR PEOPLE WITH MEDICARE CARDS.
 CALL DIAL-A-RIDE AT 860 456-1462.

**MANSFIELD COMMISSION ON AGING
 MEETS ON MONDAY, DECEMBER 9TH
 9:30 - 11:30
 AT
 MANSFIELD SENIOR CENTER**

**JORGENSEN AUDITORIUM
 "2 FOR 1" SENIOR TICKETS**



*TO BE ELIGIBLE, YOU MUST BE ON
 RECORD AS AN MSCA MEMBER AND YOU MUST PUT
 YOUR NAME ON THE "JORGENSEN LIST" IN-PERSON AT THE
 SENIOR CENTER. THE SENIOR CENTER SENDS AN
 UPDATED LIST OF NAMES TO JORGENSEN ON THE 1ST
 MONDAY OF EACH MONTH. THEN YOU CAN BUY TICKETS
 BY GOING TO OR CALLING THE JORGENSEN BOX OFFICE
 (860 486-4226). JORGENSEN'S LIMIT IS 12 TICKETS FOR
 ELIGIBLE SHOWS. SEE THE LIST OF ELIGIBLE SHOWS AT THE
 SENIOR CENTER.*



SENIOR CENTER VAN OUTINGS

**TOUR OF GOVERNOR'S MANSION
 & LUNCH AT VERNON DINER
 FRIDAY, DECEMBER 6
 LEAVE AT 10:30 & RETURN BY 2:30
 PAY FOR YOUR LUNCH.**

**WESTFARMS MALL & TRADER JOE'S
 TUESDAY, DECEMBER 10
 LEAVE AT 9:30 & RETURN BY 2:30**

**HOLIDAY BANQUET
 AT THE UNCOMMON KITCHEN
 TUESDAY, DECEMBER 17
 LEAVE AT 10:45 & RETURN BY 1:30.
 Cost: \$15**

**GINGERBREAD HOUSE FESTIVAL
 & LUNCH AT REIN'S DELI
 THURSDAY, DECEMBER 12
 LEAVE AT 10:30 & RETURN BY 3:00.
 PAY FOR YOUR LUNCH.**

**REGISTER FOR ALL TRIPS IN ADVANCE AT FRONT DESK
 OR BY CALLING 860 429-0262 EXT 0**

GOT SPARE BUTTONS ?



**THE KNITTING GROUP
 NEEDS BUTTONS !**

**PLEASE DROP OFF BUTTONS
 AT THE FRONT DESK.**



MANSFIELD SENIOR CENTER ASSOCIATION — SPONSORED TRIPS
 GET INFORMATION & MAKE RESERVATIONS AT THE TRAVEL DESK - 860 429-0262 EXT 6
 8:45 TO 2:00 ON MONDAY, WEDNESDAY & FRIDAY & 10:00 TO NOON ON THURSDAY.

YOU ALSO CAN MAKE RESERVATIONS, GET INFORMATION AND
 MAKE SUGGESTIONS FOR TRIPS BY CALLING KAY WARREN AT 860 487-3744.



**COLONIAL CHRISTMAS: HISTORIC CONCORD COLONIAL INN
 IN CONCORD, MASSACHUSETTS & COLONIAL CANDIES**

ON TUESDAY, DECEMBER 10TH

PACKAGE INCLUDES PRESENTATION ON INN'S HISTORY & LUNCHEON,
 ROUNDTrip MOTOR COACH TRANSPORTATION & DRIVER & TOUR GUIDE GRATUITIES,
\$81 PER PERSON

"DREAM LOVERS" AT THE TAJ MAHAL ON THE ATLANTIC CITY, NJ BOARDWALK

FEBRUARY 18 - 20 (3 DAYS)

PACKAGE INCLUDES TWO NIGHTS AT THE TAJ MAHAL HOTEL, \$60 SLOT BONUS AT THE
 TAJ MAHAL HOTEL CASINO, "BOBBY DARIN & CONNIE FRANCIS TRIBUTE" SHOW AT XANADU
 THEATRE IN THE HOTEL, BREAKFAST & DINNER BUFFETS AT THE HOTEL, ROUND TRIP DELUXE
 MOTOR COACH TRANSPORTATION, DRIVER'S GRATUITY, HOTEL BAGGAGE HANDLING & TAXES.
\$292 SINGLE, \$186 DOUBLE OR \$181 TRIPLE OCCUPANCY



**PENNSYLVANIA DUTCH COUNTRY, "MOSES"
 & PHILADELPHIA LIBERTY BELL JUNE 24 - 26 (3 DAYS)**

PACKAGE INCLUDES TWO NIGHTS AT HERITAGE HOTEL IN LANCASTER, PA, RESERVED SEATS
 AT SIGHT & SOUND FOR "MOSES," FIVE MEALS AT 4 VENUES, STRASBURG RAILROAD MUSEUM,
 BIRD IN HAND FARMERS MARKET, KITCHEN KETTLE VILLAGE & PHILADELPHIA GUIDED TOUR OF
 LIBERTY BELL, BETSY BOSS & INDEPENDENCE HALL, ROUND TRIP DELUXE MOTOR COACH
 PORTATION, DRIVER'S GRATUITY, HOTEL BAGGAGE HANDLING & TAXES.
\$493 SINGLE, \$393 DOUBLE OR \$383 TRIPLE OCCUPANCY



TRANS-



ITALIA CLASSICA — TO ROME, VENICE, MILAN & FLORENCE
 NOVEMBER 8 - 16, 2014 (9 DAYS)

UNDER \$3,000 PP. DOUBLE OCCUPANCY. PASSPORT NEEDED.
 FLYERS AVAILABLE AT THE SENIOR CENTER OR SEE KAY WARREN.
 A REPRESENTATIVE FROM COLLETTE VACATIONS WILL HOLD
 AN INFORMATIONAL MEETING AT THE SENIOR CENTER IN DECEMBER OR JANUARY.

MEAL PROGRAM

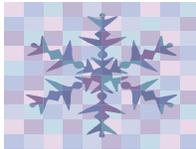
The TVCC A meal program is subsidized through the Older Americans Act and is available to seniors 60 years or older for a suggested donation of **\$3.00**. Seniors who are younger than 60 are welcome to eat, but are asked to pay the actual cost of the meal, which is now **\$9.78**. Reservations must be made by 10:00 a.m. one day in advance. Guests and new members must complete a registration form at the time they make a reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

DECEMBER MENUS

- Mon, Dec 2 - cheese ravioli w/marinara
- Tues, Dec 3 - Swedish meatballs
- Wed, Dec 4 - stuffed chicken**
(December birthdays celebration)
- Thu, Dec 5 - cheeseburger noodle casserole
- Fri, Dec 6 - cod Florentine
- Mon, Dec 9 - baked cod
- Tues, Dec 10 - baked ham
- Wed, Dec 11 - eggplant rolette
- Thu, Dec 12 - Hungarian chicken paprika
- Fri, Dec 13 - sloppy Joes
- Mon, Dec 16 - beef hot dog
- Tues, Dec 17 - chicken marsala



- Wed, Dec 18 - HOLIDAY CELEBRATION TURKEY DINNER**
w/mashed potatoes, gravy, green beans w/almonds & peppermint ice cream sundae **Cost: \$5 payable to MSCA by 10:00 on December 10**
- Thu, Dec 19 - crispy fish patty
- Fri, Dec 20 - Spanish beef stew
- Mon, Dec 23 - baked chicken riganato
- Tues, Dec 24 - cod Florentine
- Wed, Dec 25 - no lunch
- Thu, Dec 26 - meatloaf w/gravy
- Fri, Dec 27 - chicken cacciatore
- Mon, Dec 30 - western omelet
- Tues, Dec 31 - BBQ chicken breast



DECEMBER BIRTHDAYS



- 1- BARBARA GAMACHE, FURONG JIA
- 2 - WIL BIGL, HARRY DARROW, HELEN SADOW
- 3 - SUSAN DINSMORE, HARRIET STERN
- 4 - DOUGLAS ANDREW, DONALD BELAND, ARTHUR GANDELMAN, NATALIE HILLS, NATALIE JURKOVICS
- 5 - MARY CARTIER, BEATRICE LANGILLE, ANTONIA MORAN
- 6 - LENA FORAND, ELIZABETH GEISSLER
- 7 - VERA CHRISTENSEN, HELEN PERKINS, DONALD ROBERTS, ELAINE TEBBEL, BALAJI MUNDKUR
- 8 - JUDY BIGL, ADELAIDE CORCORAN, IRENE PETRIX
- 9 - YVONNE BESSETTE, NORMA OGREN, SARAH HIRAKIS
- 10 - FRANCIS JACOBSEN, MOHINI MUNDKUR, SUSAN ZITO
- 12 - EILEEN STOCK, IMANUEL WEXLER
- 14 - EDITH ARCHER, JANET BAKER, ROBERT COLLINS, SHERWIN FU, OSCAR GUILBAULT, ROBIN WEINER
- 15 - SUSAN KAUSTE, BERNICE SMITH
- 16 - JEAN MANTER, BARBARA REILLY
- 17 - DOROTHY EATON, HAZEL GUSTAFSON,

- 18 - SANDY GALLO, JANET GENEROUS, GLORIA JACKSON, MAY TRICKETT
- 19 - RUTH HARELD, MICHAEL PALMER
- 20 - ALLAN ATWATER, JACK ENNIS, BARBARA KOLB, BERTHA LANAGAN, EMILE POIRIER
- 21 - ROBERT BEE, RAYMOND CAMPBELL, KATHLEEN DEJOSEPH, ZOE LIEBOWITZ, ROSEMARY LYON, MONA THIBODEAU
- 22 - SUSAN AUDETTE
- 23 - SHIRLEY BARRETT, JOHN CAGIANELLO, JUDY SUTHERLAND
- 24 - ELIZABETH HANKS
- 25 - GLORIA SAWYER
- 27 - DONNA CLAUSON, JANET PARDUS, NANCY ROBERTS, ADELLE WELLES
- 28 - MARTHA BRODER-ALLARD, PAT MURPHY, BARBARA NUTINI, FRED PATRONE
- 29 - BETTY CURTIS, SAN JUAN EPIFENIO, ALICE MOTT, GARY PATTERSON, VIRGINIA ROWE, BARBARA STITTS, GEORGE WOODLING
- 30 - RITA BRASWELL, LAWRENCE FRAZIER
- 31 - CAROL BOLLINGER



DUPLICATE BRIDGE RESULTS
OCTOBER 18



NORTH/SOUTH

- 1. ALINE BOOTH & JEANNE HAAS 75.5
- 2. JERRY SHAFFER & SHEP SHEPHARD 73
- 3. LAVIDA MEAD & GEORGE WALLER 70

EAST/WEST

- 1. ANNA McCLAIN & DORIS LEDOYT 76
- 2. JANE STEPHENS & CAROLE HEWITT 67.5
- 3. KATHY WATSON & JUDY SENKBEIL 66

HISTORY OF THE MANSFIELD SENIOR CENTER FROM 1974 TO 2000

BY CYNARA STITES - TAKEN FROM DOCUMENT BY ESTHER MCCABE

THE MANSFIELD SENIOR CENTER AND THE TOWN OF MANSFIELD HAVE ALWAYS HAD A COLLABORATIVE PARTNERSHIP. IN 1974, A GROUP OF MANSFIELD SENIORS ADVOCATED FOR A SENIOR CENTER, AND THE DIRECTOR OF THE SOCIAL SERVICES DEPARTMENT TOOK UP THE CAUSE. THE MANSFIELD TOWN COUNCIL CREATED A **COMMITTEE ON AGING** TO ADVISE THE TOWN COUNCIL ON THE NEEDS OF THE TOWN'S ELDERLY AND DESIGNATED **ONE ROOM IN STORRS GRAMMAR SCHOOL** AS A MEETING PLACE FOR SENIORS.

ALTHOUGH THE MANSFIELD SENIOR CENTER WAS UNDER THE TOWN'S SUPERVISION, IT WAS PRIMARILY SUSTAINED BY VOLUNTEERS AND DONATIONS. IN JULY 1975, THE COMMITTEE ON AGING ASKED **JUDY ROWE** TO BECOME THE FIRST VOLUNTEER, HALF-TIME COORDINATOR FOR THE ONE-ROOM SENIOR CENTER. A GROWING GROUP OF VOLUNTEERS FIXED UP THE ROOM AND OBTAINED DONATIONS OF FURNITURE, ETC.. THE SENIOR CENTER, WHICH HELD ITS **FIRST OPEN HOUSE** ON SEPTEMBER 14, 1975, WAS OPEN FOR TEN HOURS A WEEK ON SUNDAYS AND WEDNESDAYS.

SENIOR CENTER ACTIVITIES IN THOSE EARLY DAYS INCLUDED A PHYSICAL FITNESS PROGRAM, JEWELRY MAKING CLASSES, POT LUCK DINNERS, ATTENDING PERFORMANCES AT UCONN AND AT LOCAL SCHOOLS, AND INCOME TAX RETURN ASSISTANCE PROVIDED BY RETIRED UCONN EMPLOYEES.

THE FIRST ISSUE OF THE MANSFIELD SENIOR CENTER'S NEWSLETTER WAS PUBLISHED IN DECEMBER 1975. ITS ORIGINAL NAME, "FRIENDLY SENIOR SPARKS," WAS A COMBINATION OF TWO SUGGESTED NAMES, "FRIENDLY SENIORS" AND "**SENIOR SPARKS.**" THE "FRIENDLY" WAS DROPPED IN MARCH 1977. A SPARK PLUG DRAWING WAS PRINTED ON THE FIRST PAGE UNTIL 1978.

THE **FIRST SENIOR CENTER EXECUTIVE COMMITTEE** WAS ELECTED IN MARCH, 1976. BY JUNE 1976, THE SENIOR CENTER HAD GROWN FROM 30 MEMBERS TO 124 MEMBERS AND FROM ONE ROOM TO TWO ROOMS. IT WAS OPEN FROM 1:00 TO 4:00 ON SUNDAYS, TUESDAYS,

WEDNESDAYS AND THURSDAYS.

IN THE FALL OF 1976, VOLUNTEER SENIOR CENTER COORDINATOR JUDY ROWE BECAME A PAID, 20 HOURS A WEEK, TOWN EMPLOYEE.

THE **FIRST MANSFIELD SENIOR CENTER BAZAAR**, HELD IN OCTOBER, 1976 NETTED \$1,400!

IN 1975 OR 1976, A GRANT FROM THE AREA AGENCY ON AGING SUPPLEMENTED BY THE TOWN FUNDED THE **MANSFIELD OUTREACH EFFORT (MORE)**. MORE TRAINED VOLUNTEERS TO REACH OUT TO SENIORS, TO FIND OUT ABOUT SENIORS' NEEDS, AND TO INFORM THEM OF ACTIVITIES AND SERVICES FOR SENIORS. VOLUNTEERS MAILED *SENIOR SPARKS* TO ALL MANSFIELD RESIDENTS OVER THE AGE OF 60 FOR FOUR MONTHS. VOLUNTEERS GATHERED INFORMATION ON A WIDE RANGE OF SERVICES FOR A BOOKLET ENTITLED, "AT YOUR FINGERTIPS – SERVICES FOR MANSFIELD SENIORS." IN NOVEMBER, 1977 A **HEALTH CLINIC** WAS ESTABLISHED AT THE SENIOR CENTER WHERE UCONN NURSING FACULTY AND STUDENTS PROVIDED HEALTH SCREENINGS, BLOOD PRESSURE CHECKS, FLU SHOTS, ETC.

BILL KENNEDY, WHO WAS THE DIRECTOR OF SOCIAL SERVICES, FROM ABOUT 1976 TO 2003, PLAYED A KEY ROLE IN THE DEVELOPMENT OF ALL THE SENIOR SERVICES IN MANSFIELD, INCLUDING THE SENIOR CENTER, ELDERLY HOUSING AND THE NURSING HOME.

IN 1977, THE TOWN WANTED TO CONVERT THE STORRS GRAMMAR SCHOOL INTO A TOWN HALL IN ORDER TO CONSOLIDATE TOWN OFFICES AT VARIOUS LOCATIONS AROUND MANSFIELD INTO ONE BUILDING. EIGHT PROPOSALS OF NEW LOCATIONS FOR THE SENIOR CENTER WERE MADE. THE HOUSING AUTHORITY'S SUGGESTION THAT THE TOWN BUILD IT ON THE SITE OF THE PROPOSED ELDERLY HOUSING ON THE CORNER OF MAPLE ROAD AND SOUTH EAGLEVILLE ROAD WAS ADOPTED BY THE TOWN COUNCIL. IN JULY 1977, THE SENIOR CENTER WITH ITS 263 MEMBERS MOVED INTO **THE BASEMENT OF THE MANSFIELD VOLUNTEER FIRE DEPARTMENT** AND WAITED FOR THE CONSTRUCTION OF THE SENIOR CENTER .

IN NOVEMBER 1977, MANSFIELD VOTERS PASSED A BOND REFERENDUM FOR \$198,000 FOR THE **CONSTRUCTION OF A 4000 SQUARE FEET SENIOR CENTER**. HOWEVER, ALL THE BIDS FOR THE CONSTRUCTION PROJECT WERE TOO HIGH. STATE SENATOR AUDREY BECK SAVED THE DAY BY CLEARING THE WAY FOR AN ELEVENTH HOUR APPLICATION TO THE STATE DEPARTMENT OF COMMUNITY AFFAIRS FOR \$110,000 IN STATE BONDS. THE APPLICATION WAS APPROVED.

IN A MARCH 1979 REFERENDUM, MANSFIELD VOTERS VOTED TO GIVE THE TOWN AUTHORITY TO OBTAIN STATE AND FEDERAL FUNDS FOR EXTENDING WATER AND SEWER LINES FROM UCONN TO THE NEW ELDERLY HOUSING COMPLEX AND SENIOR CENTER. THE SENIOR CENTER MEMBERS WERE FUNDRAISING FOR THE SENIOR CENTER'S FURNISHING, KITCHEN EQUIPMENT AND LANDSCAPING. THE SENIOR CENTER ALSO INCORPORATED AS NON-PROFIT ORGANIZATION: **THE MANSFIELD SENIOR CENTER ASSOCIATION (MSCA)**.

THE **GROUNDBREAKING CEREMONY** WAS HELD ON APRIL 2, 1979 IN THE RAIN, AND FEBRUARY 1, 1980 WAS MOVING-IN DAY. THE TOWN COUNCIL WAS PERSUADED TO HIRE A FULL-TIME COORDINATOR. JUDY ROWE, WHO HAD THE REQUISITE QUALIFICATIONS, APPLIED FOR THE FULL-TIME POSITION AND WAS HIRED IN DECEMBER 1980.

BY THE SENIOR CENTER'S **10TH ANNIVERSARY** IN 1985, IT HAD 800 MEMBERS. RECOGNITION WAS GIVEN TO THE "FIRST 50," THOSE SENIORS WHO WERE PART OF THE ORIGINAL GROUP THAT GOT THE SENIOR CENTER STARTED, AT THE 10TH ANNIVERSARY GALA. IN NOVEMBER 1986, MANSFIELD VOTERS APPROVED FUNDING FOR **AN** ADDITION TO THE SENIOR CENTER. SOME ACTIVITIES AND EVENTS WERE HELD ELSEWHERE DURING THE CONSTRUCTION. A GRAND OPENING WAS HELD ON APRIL 26, 1987.

IN 1988, MUCH TO THE DISMAY OF SENIOR CENTER MEMBERS, COORDINATOR JUDY ROWE RESIGNED.

MARILYN AMATO (LATER GERLING) WAS HIRED AS THE NEW COORDINATOR OF HER BELOVED SENIOR CENTER WHERE SHE WORKED UNTIL HER RETIREMENT IN 2003. MARILYN HIRED **LINDA WOHLLEBE** AS A PART-TIME SECRETARY, AND LINDA WORKED HER WAY UP TO A FULL-TIME ADMINISTRATIVE ASSISTANT UNTIL SHE RETIRED IN 2013.

THE "**SENIOR CENTER COOKBOOK**," CONTAINING 280 RECIPES, WAS SOLD AT THE OCTOBER 1988 ANNUAL BAZAAR.

THE SENIOR CENTER OBSERVED ITS **15TH ANNIVERSARY** WITH AN OPEN HOUSE ON SEPTEMBER 16, 1990 AND DEDICATED THE FRANCES WANG CHIN MEMORIAL GARDEN ON THE UPPER LEVEL OF THE CENTER'S GROUNDS (WHERE THE BEAUTIFUL RHODODENDRONS ARE).

IN 1991, **ISOBEL KAUFMAN** WAS HIRED AS A PART-TIME OUTREACH WORKER. IN 1991, THE FOOD SERVICE PROGRAM, WHICH HAD OFFERED **MEALS** THREE DAYS A WEEK, EXPANDED TO FIVE DAYS A WEEK. BY 1993, THE MSCA COULD NO LONGER AFFORD TO PROVIDE THIS SERVICE, SO THE THAMES VALLEY COUNCIL FOR COMMUNITY ACTION (TVCCA) BEGAN PROVIDING SUBSIDIZED MEALS TWO DAYS A WEEK, AND EVENTUALLY FIVE DAYS A WEEK.

THE HIGHLIGHT OF THE CENTER'S **20TH ANNIVERSARY**, CELEBRATED ON SEPTEMBER 17, 1995, WAS JUDY ROWE'S RETURN "HOME" AND HER ENTERTAINING ACCOUNTS OF THE SENIOR CENTER'S EARLY YEARS.

A NEW **WELLNESS CENTER** OPENED IN FEBRUARY 1996 TO REPLACE THE HEALTH CLINIC'S TIME-WORN MODULAR UNIT. THE VISITING NURSES ASSOCIATION REPLACED THE UCONN NURSING SCHOOL TO PROVIDE HEALTH SCREENINGS, EAR CLEANING, FLU SHOTS, ETC. AT LEAST TWICE A MONTH. **JEAN ANN KENNY**, A LICENSED CLINICAL SOCIAL WORKER, WHO HAD BEEN HIRED AS A PART-TIME SENIOR SERVICES SOCIAL WORKER IN 1992, BEGAN WORKING FULL-TIME IN 1996. SHE RETIRED IN 2010.

THE POOL TABLE WAS EVICTED WHEN THE **COMPUTER LEARNING CENTER** WAS FOUNDED AT THE SENIOR CENTER IN FEBRUARY 1997 WITH COMPUTERS DONATED BY SENIORNET. SENIORS HELD COMPUTER CLASSES FOR BEGINNERS TO ADVANCED USERS.

TO MARK THE ARRIVAL OF **THE NEW MILLENNIUM**, MEMBERS CROCHETED 2000 GRANNY SQUARES IN TIME FOR THE NEW YEAR'S CELEBRATION. THE SQUARES WERE LATER MADE INTO LAP ROBES THAT WERE DONATED TO AREA NURSING HOMES.

DECEMBER CALENDAR

MONDAYS

9:00 SENIOR AEROBICS
 9:30 COMMISSION ON AGING - DEC 9
 10:00 ART STUDIO
 10:00 FREE HELP FOR PC USERS
 10:00 HOLIDAY FESTIVITIES W/JILLIAN - DEC 2
 10:15 - 11:45 SPARKETTES
 11:00 LOW VISION SUPPORT GROUP - DEC 9
 11:30 - 2:30 UCONN PHARMACY STUDENTS
 REVIEW YOUR MEDICATIONS - DEC 2
 12:00 LUNCH
 1:00 MAHJONG
 1:00 CELL PHONE USE BY AT&T - DEC 9
 1:00 - 3:00 INTRO TO FACEBOOK - DEC 2
 1:00 - 3:00 ME AND MY IPAD - DEC 16
 1:00 ELDERCARE ATTORNEY - DEC 30

TUESDAYS

TRIP TO CONCORD COLONIAL INN - DEC 10
 8:30 STRENGTH & STABILITY EXERCISE
 9:00 DR. WALTER FOOTCARE - DEC 17
 9:00 TAI CHI
 9:30 VAN TRIP TO WESTFARMS MALL
 & TRADER JOE'S - DEC 10
 10:00 SCRABBLE & WII BOWLING
 10:00 GENEALOGY - DEC 10
 10:30 NEW YEAR'S CELEBRATION - DEC 31
 10:45 VAN TRIP TO UNCOMMON KITCHEN -
 DEC 17
 11:00 WAYS & MEANS - DEC 3
 11:30 FOOD FOR THOUGHT
 12:00 LUNCH
 12:30 POWER OF AGING - EXCEPT DEC 24
 1:00 BINGO - EXCEPT DEC 24
 2:00 - 3:30 ART CLASS - EXCEPT DEC 24
 2:30 - COMPUTER COMMITTEE - DEC 3
 7:00 MS SUPPORT GROUP - DEC 10

WEDNESDAYS EXCEPT DEC 25

10:00 WRITING GROUP
 10:30 MSCA EXECUTIVE BOARD - DEC 11
 11:00 MOVEMENT WITH MEANING EXERCISE
 11:00 - NOON BRIEF SURVEY - DEC 18
 11:30 HERRMANN BLOOD PRESSURE CLINIC - DEC 4
 12:00 LUNCH (**BIRTHDAY CELEBRATION ON DEC 4**)
 12:00 HOLIDAY CELEBRATION - DEC 18
 12:00 CAUSERIES EN FRANCAIS
 12:45 MSCA QUARTERLY MEMBERSHIP MTG DEC 11
 1:00 FUNDAMENTALS OF TAP DANCING
 1:00 - 3:00 VNA EAST CLINIC - DEC 11
 1:30 - 4:00 COMPASSION & CHOICES - DEC 11
 2:00 NON FICTION BOOK CLUB - DEC 11
 3:00 GENTLE YOGA

THE MANSFIELD SENIOR CENTER ASSOCIATION NEEDS VOLUNTEERS FOR:



BINGO CALLER:

1:30 - 3:30 ON TUESDAYS
 PLEASE LEAVE YOUR NAME &
 PHONE NUMBER AT THE FRONT DESK
 OR CALL 860 429-0262 EXT 0.

FRONT DESK RECEPTIONISTS:

- **MINIMUM OF ONE 3-HOUR SHIFT A WEEK**
- GREET NEW PEOPLE
- GIVE OUT INFORMATION
- ANSWER PHONES & RE-DIRECT CALLS
- DIRECT PEOPLE TO ROOMS, SENIOR CENTER STAFF & MSCA OFFICE
- REGISTER NEW MSCA MEMBERS
- COLLECT & RECORD MONEY FOR ITEMS SOLD (JEWELRY, KNITTED ITEMS & SENIOR SPARKS) & FEES FOR SOME CLASSES & PROGRAMS
- SIGN UP SENIORS FOR SOME COMPUTER CLASSES, VAN TRIPS & OTHER PROGRAMS



PLEASE FILL OUT AN APPLICATION AT THE FRONT DESK.

DECEMBER CALENDAR

THURSDAYS

8:30 STRENGTH & STABILITY EXERCISE
 9:00 TAI CHI
 9:00 REIKI WITH BETTE - DEC 5
 10:00 WII BOWLING
 10:00 QUILTING WITH PAT - DEC 5, 12 & 19
 10:15 SPARKETTES PRACTICE
 11:00 CONVERSATIONS WITH BETTY - DEC 5
 11:30 FOODSHARE VAN - DEC 12 & 26
 12:00 LUNCH
 12:30 POWER OF AGING EXERCISE
 12:45 BRAIN AEROBICS WITH TOMMY
 1:00 BRIDGE
 1:00 JEWELRY GROUP
 2:30 WII BOWLING
 3:15 SENIOR AEROBICS
 6:30 CAREGIVER'S SUPPORT GROUP - DEC 19

FRIDAYS

10:00 PHOTO CLUB - DEC 6 & 20
 10:30 VAN TRIP TO GOVERNOR'S MANSION & VERNON DINER - DEC 6
 10:00 SCRABBLE
 10:00 KNITTING & CROCHETING
 12:00 LUNCH
 1:00 ART STUDIO
 1:00 DUPLICATE BRIDGE - DEC 20

SNOW CLOSINGS

WHEN MANSFIELD PUBLIC SCHOOLS CLOSE OR HAVE A DELAYED OPENING DUE TO BAD WEATHER, THE MANSFIELD SENIOR & WELLNESS CENTER WILL ALSO CLOSE OR HAVE A DELAYED OPENING ACCORDINGLY. (A 90-MINUTE DELAY MEANS THE SENIOR CENTER WILL OPEN AT 10:00 A.M.)



- **LISTEN TO THE RADIO** - **WTIC 1080 AM OR WILI 1400 AM** FOR MANSFIELD PUBLIC SCHOOLS INFORMATION (NOT NECESSARILY SENIOR CENTER INFORMATION) *OR*
- **WATCH TV CHANNEL 3** FOR MANSFIELD SCHOOLS CLOSINGS & DELAYS *OR*
- **CALL 860 429-0262** TO HEAR THE SENIOR CENTER'S PHONE VOICE MESSAGE ABOUT A CLOSING OR DELAY.

COMING EVENTS AT SENIOR & WELLNESS CENTER

UCONN PHARMACY STUDENTS REVIEW YOUR MEDICATIONS, MONDAY, DECEMBER 2 AT 11:30

MSCA QUARTERLY MEMBERSHIP MEETING WEDNESDAY, DECEMBER 11 AT 12:45

COMPASSION AND CHOICES "HOW TO DIE IN OREGON" FILM WEDNESDAY, DECEMBER 11 AT 1:30

HOLIDAY CLOSINGS:

TUESDAY, DECEMBER 24 AT 1:00
WEDNESDAY, DECEMBER 25
TUESDAY, DECEMBER 31 AT 1:00
WEDNESDAY, JANUARY 1



ALWAYS PUT YOUR OWN SAFETY FIRST AND DON'T GO TO THE SENIOR CENTER UNTIL AFTER 9:00 A.M. ON BAD WEATHER DAYS.

DO NOT PARK IN THE SENIOR CENTER PARKING LOT IF MANSFIELD PUBLIC WORKS HAS NOT YET SANDED AND CLEARED SNOW FROM THE PARKING LOT.

SENIOR SPARKS

Mansfield Senior & WellnessCenter
 303 Maple Road
 Storrs Mansfield, Connecticut 06268
 860-429-0262



NON-PROFIT ORGANIZATION
 PRE-SORT STANDARD #57
 U.S. POSTAGE PAID
 STORRS MANSFIELD, CT 06268

Occupant or

PLACE TOP OF LABEL
 BY THE DARK LINE

BRIEF SURVEY - PAGE 4

COMPUTER CLASSES - PAGE 6

HISTORY OF SENIOR CENTER - PAGE 10

HOW TO DIE IN OREGON FILM- PAGE 3

MSCA QUARTERLY MEMBERSHIP MEETING - PAGE 3

SENIOR VAN TRIPS - PAGE 7

SNOW CLOSINGS - PAGE 13

TRIPS/TRAVEL - PAGE 8

UCONN PHARMACY STUDENTS REVIEW YOUR MEDICATIONS - PAGE 5

I WANT TO BUY A SPARKS SUBSCRIPTION
(Subscription period ends on June 30, 2014)
(PLEASE PRINT)

Date: _____ Phone: _____

Name: _____

Mailing Address: _____

Town: _____ ZIP: _____

New Subscription: _____

\$7.00 - Bulk issues or \$10.50 - First Class

Amount Enclosed: _____
 (checks payable to: M.S.C.A.)

Mansfield Senior & Wellness Center
 303 Maple Road
 Storrs Mansfield, CT 06268