

SENIOR SPARKS



VOLUME 40 ISSUE 2 MANSFIELD SENIOR CENTER ASSOCIATION

FEBRUARY 2014

303 Maple Road, Storrs Mansfield CT 06268 (860) 429-0262 ext. 5

MSCA MONTHLY LUNCH & PROGRAM

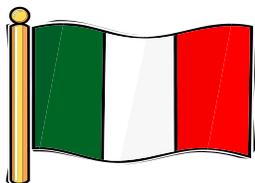
FEBRUARY 19

12:00: MSCA LUNCH - \$4
MEATBALLS, PASTA, SALAD & GARLIC BREAD

12:45: MSCA PROGRAM

A SALUTE TO ITALY

FRANK PENDOLA - "THE TROUBADOUR"
IS A SINGER & SONGWRITER
WHOSE SINGING STYLE IS LIKE TEVIA
IN "FIDDLER ON THE ROOF"



CABIN FEVER CHECKERS TOURNAMENT

ARE YOU TIRED OF BEING CONFINED AT HOME THIS WINTER? THEN COME PLAY IN THE SENIOR CENTER'S CHECKERS TOURNAMENT !

ON WEDNESDAY, FEBRUARY 12 AT 1:00

SIGN UP AT THE FRONT DESK BY FEBRUARY 10. IT PROMISES TO BE A GOOD TIME FOR ALL!

IF YOU HAVE A CHECKERS BOARD YOU COULD LEND TO THE SENIOR CENTER FOR THE TOURNAMENT, PLEASE CALL KATHY YAFFEE - 860-420-0262 EXT 4 AS SOON AS POSSIBLE !

THE FLU IS HERE !

WAYS TO STOP SPREADING THE FLU

- AVOID CONTACT WITH SICK PEOPLE
- WHEN YOU ARE SICK, STAY HOME FOR 24 HOURS AFTER YOUR FEVER IS GONE
- WASH YOUR HANDS OFTEN WITH SOAP & WARM OR HOT WATER WHILE YOU HUM TWO VERSES OF "HAPPY BIRTHDAY" (OR USE ALCOHOL HAND SANITIZER)
- COVER YOUR COUGH OR SNEEZE WITH A TISSUE OR WITH YOUR SLEEVE, NOT WITH YOUR BARE HANDS
- AVOID TOUCHING YOUR EYES, NOSE & MOUTH
- KEEP YOUR BARE HANDS OFF OF POSSIBLY GERMY PLACES - DOORKNOBS, SHARED BOWLS OF SNACKS, KEYBOARDS, SHARED PHONES, OTHER PEOPLE'S BARE HANDS, ETC.
- CLEAN & DISINFECT SURFACES THAT MAY BE GERMY



SENIOR CENTER WILL BE CLOSED
MONDAY, FEBRUARY 17
PRESIDENTS' DAY HOLIDAY



WEAR BLUE JEANS DAY
WEDNESDAY,
FEBRUARY 26



WEAR RED DAY
FRIDAY, FEBRUARY 7

**SENIOR SPARKS IS A PUBLICATION OF
THE MANSFIELD SENIOR CENTER ASSOCIATION**

PUT SUBMISSIONS TO THE SPARKS IN THE SPARKS MAILBOX
AMONG THE MSCA MAILBOXES BEHIND THE FRONT DESK
OR SEND TO: CYNARASTITES@GMAIL.COM
BY THE **10TH DAY OF THE MONTH** FOR THE NEXT MONTH'S ISSUE.

SPARKS EDITOR: CYNARA STITES

SPARKS COMMITTEE CHAIR: RITA BRASWELL

SPARKS SUBSCRIPTIONS: KATHY RULE

SPARKS FINANCES: HOWARD RAPHAELSON

SPARKS PROOFREADERS:

RITA BRASWELL, DICK SALLEE, KATHY RULE & MARILYN GERLING

SPARKS COPYING: RITA BRASWELL, DICK SALLEE & LIDA BILOKUR

ASSEMBLING THE SPARKS MAILING:

JUNE CURTIS, LIDA BILOKUR, RITA BRASWELL & VOLUNTEERS

MAILING THE SPARKS:

RITA BRASWELL & DICK SALLEE



**MANSFIELD SENIOR &
WELLNESS CENTER**

303 MAPLE ROAD

STORRS MANSFIELD, CT 06268

HOURS: MON - FRI 8:30 A.M. - 4:30 P.M.

SENIORCENTER@MANSFIELDCT.ORG

WWW.MANSFIELDCT.ORG

(860) 429-0262

RECEPTIONIST/FRONT DESK EXT 0

MANSFIELD SENIOR CENTER
ASSOCIATION EXT 5

SENIOR CENTER COORDINATOR
CINDY DANTON EXT 9

DAINTONCH@MANSFIELDCT.ORG

TRANSPORTATION MANAGER
GIANNA STEBBINS EXT 2

STEBBINS@MANSFIELDCT

ADMINISTRATIVE ASSISTANT
VACANT EXT 3

WELLNESS CENTER APPOINTMENTS
KATHY YAFFEE EXT 4

SOCIAL WORKERS
KATHY ANN EASLEY, MSW EXT 1

LUNCH PROGRAM/KITCHEN
SHARON CARON EXT 8

TRAVEL EXT 6

**MANSFIELD SENIOR CENTER ASSOCIATION
EXECUTIVE BOARD**

PRESIDENT: ESTELLE ELLIOTT

VICE-PRESIDENT: JEAN ANN KENNY

IMMEDIATE PAST PRESIDENT: RITA BRASWELL

SECRETARY: BEV GOTCH

FINANCE OFFICER: DON STITTS

TREASURER: MIKE BESCHLER

ASSISTANT TREASURER: KATHY RULE

SPARKS COMMITTEE CHAIR: RITA BRASWELL

MEMBER AT-LARGE: SAM GORDON

COMPUTER COMMITTEE CHAIR: VACANCY

PROGRAM COMMITTEE CO-CHAIRS: JOAN TERRY & MARIE HAKMILLER

TRAVEL COMMITTEE CHAIR: KAY WARREN

WAYS & MEANS COMMITTEE: VACANCY



MEETINGS

EXECUTIVE BOARD
WEDNESDAY, FEBRUARY 12 AT 10:30

COMPUTER COMMITTEE
TUESDAY, FEBRUARY 4 AT 10:00

MEETINGS

PROGRAM COMMITTEE

WAYS & MEANS COMMITTEE
ON HIATUS



**WE APOLOGIZE FOR THE LATE
DISTRIBUTION OF THE
JANUARY SPARKS.**

**OBSTACLES WERE ENCOUNTERED
AND OVERCOME (LATE).**

MSCA PRESIDENT’S COLUMN



HELLO TO ALL,

LET’S START BY SAYING WE ARE HAVING A COLD WINTER, JUST KEEP IN MIND IT WILL BE OVER SOON. THE NICER WEATHER IS COMING WITH MORE CHANCES TO GET OUT, COME TO THE CENTER AND JOIN IN THE ACTIVITIES MEET, NEW PEOPLE, TRY SOMETHING DIFFERENT.

THE IDEA BEHIND THE SENIOR CENTER AS I SEE IT IS TO HAVE A PLACE TO GO, BE WITH FRIENDS, VISIT, PLAY A GAME, WORK ON A PUZZLE, READ A BOOK, ENJOY A GOOD LUNCH, AND SO MANY OTHER POSSIBILITIES. WE NEED TO HAVE A PLEASANT ATMOSPHERE HERE AS WE ALL HAVE CIRCUMSTANCES IN OUR LIVES THAT BRING US DOWN. THIS IS ONE PLACE PEOPLE NEED TO BE ABLE TO COME AND FORGET THEIR WORRIES. BE HAPPY. SAY HI. THINK OF THIS PLACE AS IF PEOPLE WERE COMING TO VISIT YOU AT HOME. TO BE UP BEAT IS SO MUCH MORE PLEASANT THAN DAY AFTER DAY COMING AROUND THE CORNER AND HEARING COMPLAINTS.

REMEMBER A REQUEST WAS MADE FOR A SUGGESTION BOX. THE BOX IS THERE BEHIND THE RECEPTION DESK. HOW ABOUT INSTEAD OF CRITICIZING, YOU DROP A SUGGESTION IN THE BOX?

NOW A QUESTION HOW WOULD YOU FEEL ABOUT COMING UP WITH A COLOR FOR MANSFIELD SENIOR CENTER? SOME SUGGESTIONS HAVE BEEN GRAY, MAROON OR MEDIUM BLUE. THIS IS A QUESTION THAT WILL BE BROUGHT UP AT THE NEXT ASSOCIATION MEETING ON MARCH 12 AT 12:45. HOPE TO SEE YOU THEN!

REMEMBER WE ARE ALWAYS LOOKING FOR VOLUNTEERS FOR:

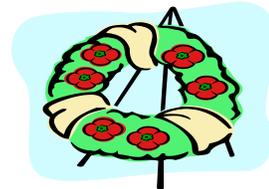
- HOLIDAY BAZAAR
- SPRING BAZAAR
- TAILGATE SALE
- CRAFT FAIR
- TEE SHIRTS

ESTELLE ELLIOTT



**TO THE
MANSFIELD SENIOR CENTER
ASSOCIATION’S
NEWEST MEMBERS**

**HELENA GRZYB
DEANNA SHEILS**



IN MEMORY OF

RICHARD BROTHERTON

GRACE (FALCETTA) ENGGAS

LAMIA HADDAD KHAIRALLAH

CAROL LUCAL

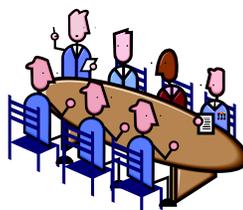
FOREST NUTINI

JAN SCOTTRON

WE MOURN THE PASSING OF JAN SCOTTRON, WHO WAS VERY ACTIVE IN THE MANSFIELD SENIOR CENTER ASSOCIATION FOR YEARS. JAN SERVED ON THE MSCA EXECUTIVE BOARD AND WAS A STRONG ADVOCATE FOR THE MANSFIELD SENIOR CENTER.

WE FONDLY REMEMBER JAN’S LOVELY, HANDMADE PLACE CARDS THAT SHE DECORATED WITH PRESSED FLOWERS AND GENEROUSLY CONTRIBUTED TO MANY PEOPLE WHO ATTENDED SENIOR CENTER PROGRAMS.

**MANSFIELD COMMISSION ON AGING
MEETS AT 9:30 ON
MONDAY, FEBRUARY 10**



REVIEW OF NITA’S RESTAURANT BY DICK SALLEE

ALTHOUGH NITA’S RESTAURANT IS RIGHT NEXT DOOR TO THE LILY PAD, WHERE I FREQUENTLY SHOP, I HAD NEVER BEEN TO NITA’S. WHEN THE SUBJECT OF RESTAURANTS CAME UP AT MY SENIOR CENTER EXERCISE CLASS, THE COMPLIMENTS FOR NITA’S CAME FAST AND FURIOUSLY. SINCE THERE WERE RUMORS THAT NITA WAS THREATENING TO RETIRE, I DECIDED THAT I COULDN’T PASS UP AN OPPORTUNITY TO TRY THE FOOD EVERYONE WAS TALKING ABOUT. SO THERE I WAS FOR LUNCH AT THIS LITTLE SPOT THAT BILLS ITSELF AS “GOOD HOME COOKING WITH A POLISH FLAIR.”

NITA’S IS LIGHT AND AIRY WITH A DINING ROOM IN THE FRONT, A LUNCH COUNTER IN THE REAR, AND INTERESTING PICTURES OF WILLIMANTIC AND THINGS POLISH ON THE WALLS. NOBODY CAN EXPLORE THE ENTIRE MENU IN ONE OR TWO VISITS, BUT I WAS MIGHTILY IMPRESSED WITH WHAT I ORDERED. SINCE NITA’S OFFERS BREAKFAST ALL DAY, I OPTED FOR CREPES. I DIDN’T THINK I COULD HANDLE THE FANCY STUFFED CREPES SO I ORDERED PLAIN ONES.



ALSO, I WANTED TO SEE HOW POLISH CREPES COMPARE WITH THE PARIS VARIETY. THE CREPES CAME OUT BROWNEED AND FLUFFY, FOLDED IN QUARTERS WITH BROWN SUGAR AND SYRUP. THEY WERE LIGHT, DELICIOUS, SOFT AND CUSTARDY. THEY MADE A FILLING AND SATISFYING BREAKFAST WHEN THEY WERE WASHED DOWN WITH SOME EXCELLENT COFFEE.

NITA’S BREAKFAST MENU RANGES FROM EGGS AND TOAST TO POLISH EGGS BENEDICT WITH GRILLED KIELBASA AND HOMEMADE HOLLANDAISE SAUCE. MORE STANDARD FARE IS SERVED FOR LUNCH, INCLUDING SALADS, SANDWICHES AND HOMEMADE SOUPS. SPECIALS EACH DAY OF THE WEEK SUCH AS FRIDAY’S “PIEROGI DAY” INCLUDE BIGOS (POLISH HUNTER’S STEW), DELICIOUS GRILLED KIELBASA AND POTATO PANCAKE. KEEP IN MIND THAT POLISH FOOD IS FILLING, SO BE PREPARED TO ORDER JUDICIOUSLY OR SHARE YOUR MEAL.

WILL I GO BACK? I ALREADY HAVE. PRICES ARE QUITE REASONABLE, BUT NITA’S DOES NOT ACCEPT CREDIT CARDS, SO TAKE CASH.

IT TURNS OUT THE RUMORS OF NITA’S IMPENDING RETIREMENT WERE UNFOUNDED. NITA ASSERTED THAT SHE HAS NO PLANS TO RETIRE, BUT AND SHE HER FAMILY HAVE AGREED TO TAKE A MONTH OFF EVERY SUMMER.

NITA’S IS LOCATED AT 28 NORTH STREET IN WILLIMANTIC. IT IS OPEN FROM 6:00 A.M. TO 2:00 P.M. FOR BREAKFAST AND LUNCH ON TUESDAYS THROUGH FRIDAYS. BREAKFAST IS SERVED FROM 6:00 A.M. TO 1:00 P.M. ON SATURDAYS

THE MANSFIELD SENIOR CENTER ASSOCIATION NEEDS VOLUNTEERS FOR:

BINGO CALLER ON TUESDAYS, 1:00 TO 3:30

PLEASE LEAVE YOUR NAME & PHONE NUMBER AT THE FRONT DESK.

FRONT DESK RECEPTIONISTS MINIMUM OF ONE 3-HOUR SHIFT A WEEK. DUTIES: GREET PEOPLE, GIVE OUT INFORMATION, ANSWER PHONES & RE-DIRECT CALLS, DIRECT PEOPLE TO ROOMS, SENIOR CENTER STAFF & MSCA OFFICE, REGISTER NEW MSCA MEMBERS, COLLECT & RECORD MONEY FOR ITEMS SOLD, AND SIGN UP SENIORS & COLLECT FEES FOR SOME CLASSES, PROGRAMS AND VAN TRIPS. PLEASE FILL OUT APPLICATION AT FRONT DESK.

**GENEALOGY GROUP
TUESDAY, FEBRUARY 11 AT 10:00**

ALL ARE WELCOME, INCLUDING BEGINNERS. THE LEADER BRINGS NEW INFORMATION AND WE ALL SHARE IDEAS. GET HELP WITH YOUR GENEALOGICAL RESEARCH PROBLEMS.



WE WILL BE TAKING TRIPS TO LIBRARIES AND ARCHIVES IN THE COMING YEAR TO WORK ON GENEALOGY. CALL FOR DETAILS: 860 429-4557

WELLNESS PROGRAMS

PLEASE CALL KATHY YAFFEE AT 860 429-0262 EXT 4
 MONDAY THROUGH FRIDAY, 8:30 TO 4:30
 TO SCHEDULE APPOINTMENTS
 WITH THE PROVIDERS LISTED BELOW



ADULT HEALTH SCREENINGS by
VNA East Nurse Mary Hess
 Blood pressure, cholesterol, blood
 glucose, earwax & foot care
 Wednesday, February 5, 1:00 - 3:00

FOOTCARE with **Dr. Walter**, Podiatrist, on
 Tuesday, February 18, 9:00 to noon. Medicare will
 be billed if you are eligible. Dr. Walter carries
 Dr. Comfort shoes, including M/C Diabetic shoes.

REIKI WITH BETTE GIORDANO ONE-HOUR SESSIONS ON
 THURSDAY, FEBRUARY 6, 9:00 - 11:00
 COST: \$30 PER HOUR PAYABLE TO BETTE GIORDANO

FREE BLOOD PRESSURE CHECKS
 11:30 - noon on Wednesday,
 February 5, sponsored by
 Hermann Blood Pressure Clinic
 NO APPOINTMENTS NECESSARY



ELDERCARE LAW: ATTORNEY GATES FROM
 CONNECTICUT Legal Services provides free legal
 consultations to people 60 years or older on
 Monday, February 24, 27, 1:00 - 3:00
 Call 860 429-0262 ext 0 (front desk) for appointment

CONVERSATIONS WITH BETTY

on THURSDAY, FEBRUARY 6, 11:00 - NOON

Everyone is welcome for this friendly, lively
 discussion. If you have any questions,
 please call Betty at 860-429-6324

SUPPORT GROUPS

CAREGIVERS SUPPORT GROUP

Thursday, February 20 at 6:30 p.m.

LOW VISION GROUP

Monday, February 10 at 11:00

MS SUPPORT GROUP

meets the second Tuesday of each month
 - February 11 - in the Craft Room at 7:00 p.m.

For more information, please contact
 Joan at 860-429-7271 or Jennifer at 860-450-0530.

SOCIAL WORKER

MANSFIELD HUMAN SERVICES HAS A
 SOCIAL WORKER, KATHY ANN EASLEY, MSW
 AT THE MANSFIELD SENIOR & WELLNESS CENTER
 MONDAY THROUGH FRIDAY 8:30 - 4:30
 TO ASSIST MANSFIELD RESIDENTS THROUGH A
 VARIETY OF SERVICES. CALL 860 429-0262 EXT 1

FOODSHARE VAN

11:30 A.M.
ON THURSDAYS,
FEBRUARY 6 & 20



IN THE WRIGHT'S WAY PARKING LOT
(NEXT TO THE SENIOR CENTER)

FREE FOOD FOR THOSE WHO NEED IT
NO QUESTIONS ASKED ABOUT INCOME



BRING YOUR
SHOPPING BAG !

M. S. C. A. COMPUTER LEARNING CENTER

FREE HELP FOR PC USERS WITH DAN GEBBEN
EVERY MONDAY 10:00 TO 11:00

FREE "PHOTO CLUB" WITH DAN GEBBEN
AN ONGOING CLUB OPEN TO ALL ON 1ST & 3RD
FRIDAY OF THE MONTH, 10:00 TO NOON

FREE HELP FOR MAC USERS
WILL RESUME IN APRIL

INTERNET WITH GEORGE JONES

LEARN HOW TO BROWSE THE INTERNET,
SEARCH FOR INFORMATION, BUY OR
SELL ITEMS, AND THE INS & OUTS OF
E-MAILING.

MONDAYS, FEBRUARY 10 & 24,
9:00 - 11:00

COST: \$10 SIGN UP & PAY AT FRONT DESK.



BASIC MICROSOFT EXCEL WITH MIKE BESCHLER



MICROSOFT EXCEL CALCULATES
NUMBERS & RECALCULATES WHEN YOU
CHANGE OR ADD NUMBERS. THIS CLASS WILL COVER THE LOOK
& LAYOUT OF SPREADSHEETS, ENTERING & FORMATTING
NUMBERS, CREATING FORMULAS TO PERFORM
CALCULATIONS, MAKING A SMALL DATABASE, NAMING &
SAVING YOUR EXCEL SHEETS, & RECALLING YOUR WORK FOR
FUTURE USE. LIMITED TO 6 STUDENTS.

PRE-REQUISITE: INTRODUCTION TO COMPUTERS CLASS
TUESDAY & THURSDAY, FEBRUARY 4 & 6, 1:00 - 4:00
COST: \$10 SIGN UP & PAY AT FRONT DESK.

ADVANCED MICROSOFT EXCEL WITH MIKE BESCHLER



THIS CLASS WILL GO INTO MORE
COMPLICATED EXCEL FORMULAS,
RETRIEVING RELATED DATA FROM A
PREVIOUSLY ENTERED TABLE & LINKING ITEMS FROM ONE
SPREADSHEET TO ANOTHER. LIMITED TO SIX STUDENTS.
TUESDAY & THURSDAY, FEBRUARY 11 & 13, 1:00 - 4:00
COST: \$10 SIGN UP & PAY AT FRONT DESK.

A.A.R.P. TAX-AIDE ASSISTANCE

THIS IS A **FREE** PROGRAM THAT PROVIDES HELP IN PREPARING
INCOME TAX RETURNS TO LOW AND MIDDLE INCOME TAXPAYERS.

**CALL 860 429-0262 EXT 0 TO SCHEDULE AN APPOINTMENT
WITH A CERTIFIED TAX-AIDE COUNSELOR ON MONDAYS & WEDNESDAYS,
9:00 - 11:00 AND 1:00 - 3:00, BETWEEN FEBRUARY 3 & APRIL 9.**

MARRIED COUPLES: BOTH SPOUSES SHOULD ATTEND THE INCOME TAX COUNSELING SESSION.



DOCUMENTS TO BRING:

- COPIES OF 2013 INCOME TAX RETURNS
- SOCIAL SECURITY NUMBERS OF INDIVIDUAL TAXPAYERS & ALL HOUSEHOLD MEMBERS
- PERSONAL IDENTIFICATION
- A CHECKBOOK (SO ANY REFUND MAY BE DIRECT-DEPOSITED IN YOUR CHECKING ACCOUNT)
- ALL DOCUMENTS THAT RELATE TO DEDUCTIBLE EXPENSES

DOCUMENTS TO BRING:

- ALL 2013 INCOME TAX REPORT FORMS THAT YOU HAVE RECEIVED, SUCH AS:
- SSA-1099 SOCIAL SECURITY BENEFIT STATEMENT
 - ALL 1099 FORMS
 - W-2 WAGE & TAX STATEMENT FORM
 - W-2G, CERTAIN GAMBLING WINNINGS
 - ORIGINAL COST OF ASSETS SOLD IN 2013

DO YOU NEED TRANSPORTATION?

FREE TRANSPORTATION

— FOR MANSFIELD RESIDENTS ONLY —
IS AVAILABLE FOR MEDICAL, DENTAL
& WELLNESS APPOINTMENTS.

MAKE REQUESTS AT LEAST 7 – 10 DAYS AHEAD.

14 DAYS ADVANCE NOTICE IS REQUIRED FOR RIDES TO
APPOINTMENTS AS FAR AWAY AS GLASTONBURY,
FARMINGTON, MANCHESTER & NEWINGTON.

CALL **GIANNA STEBBINS, VOLUNTEER TRANSPORTATION
MANAGER AT 860 429-0262 EXT 2.**

DIAL-A-RIDE

PROVIDES RIDES TO BIG Y &
THE MANSFIELD SENIOR CENTER.

COST IS \$1.50 EACH WAY FOR PEOPLE UNDER AGE 60
AND IS FREE FOR PEOPLE OVER AGE 60
AND PEOPLE WITH MEDICARE CARDS.
CALL DIAL-A-RIDE AT 860 456-1462.

SENIOR VAN OUTINGS



**LUNCH BUNCH
AT
WOODEN SPOON IN ASHFORD**

TUESDAY, FEBRUARY 11
LEAVE AT 11:00 & RETURN ABOUT 1:30

**CONNECTICUT FLOWER SHOW
AT
EXCEL CENTER IN HARTFORD**

FRIDAY, FEBRUARY 21
LEAVE AT 9:30 & RETURN ABOUT 3:30
COST: \$14

**LUNCH BUNCH
AT
AERO DINER IN WINDHAM**

TUESDAY, FEBRUARY 25
LEAVE AT 11:00 & RETURN ABOUT 1:30

**REGISTER FOR ALL TRIPS IN ADVANCE AT FRONT DESK
OR BY CALLING 860 429-0262 EXT 0**

**DECEMBER DUPLICATE
BRIDGE RESULTS**



NORTH/SOUTH

- 1. JANE STEPHENS & PAULA TATE 65.00
- 2. JERRY SHAFFER & SAM WHEELER 58.33
- 3. MIKE STEPHENS & MARY SHINOSKI 54.17

EAST/WEST

- 1. MADGE VINING & RAY CRAVEN 64.17
- 2. KATHY WATSON & MARION BUTEAU 63.33
- 3. ELLIE TAMBORNINI & SUE LOSEE 53.33

INTERGENERATIONAL DINNER

WITH
UCONN & E. O. SMITH HIGH SCHOOL STUDENTS



SAVE THE DATE !

TUESDAY, APRIL 8

**LIVE HD BROADCASTS OF
THE METROPOLITAN OPERA**

ON SATURDAYS AT 12:55 AT
BUCKLAND HILLS RAVE/CINEMARK CINEMA
IN MANCHESTER 860 646-4555

SENIORS' RESERVED SEATING -
ABOUT \$24

- FEBRUARY 2: DVORAK'S "RUSALKA"
- MARCH 1: BORODIN'S "PRINCE IG-OR"
- MARCH 15: MASSENET'S "WERTHER"
- APRIL 4: PUCCINI'S "LABOHEME"
- APRIL 25: MOZART'S "COSI FAN TUTTE"
- MAY 10: ROSSINI'S "LACENERENTOLA"



TRAVEL NEWS FOR FEBRUARY BY KAY WARREN

THE FIRST TRAVEL FAIR WAS HELD ON JANUARY 8 AND WAS WELL-ATTENDED BY 35 PEOPLE. THANK YOU ALL FOR COMING. THE UCONN WOMEN HUSKIES VS. RUTGERS GAME WAS CANCELLED DUE TO LACK OF PARTICIPANTS.

AN ABUNDANCE OF TRIPS ARE PLANNED FOR 2014 AND ONE FOR 2015. WE HOPE THAT YOU CAN GO ON AT LEAST ONE TRIP, IF NOT MORE. IF YOU NEED FLYERS FOR ANY TRIPS, PLEASE CONTACT **KAY WARREN** AT **860-429-0262 EXT 6** OR AT HER HOME - **860 487-3744**. SO FAR, THERE IS PLENTY OF ROOM ON ALL TRIPS, BUT PLEASE DON'T WAIT UNTIL THE LAST MINUTE TO SIGN UP SINCE THE TRIP MAY BE FILLED AND YOUR NAME WILL HAVE TO GO ON A WAITING LIST.

UPCOMING TRIPS:

FEBRUARY 18 - 20: ATLANTIC CITY - \$186 YOU NEED TO CALL KAY WARREN AS SOON AS POSSIBLE ON THIS ONE.

MARCH 4: IRISH CABARET - \$83

APRIL 30: PARKERS MAPLE BARN - SUGAR HOUSE TOUR/CORN COB GIFT SHOP. ANHEUSER BUSCH TOUR & TASTING. VALENTINO'S BAKERY. ALL IN NEW HAMPSHIRE - \$71

MAY 21: JIMMY STURR - "THE KING OF POLKA" & HIS 10-PIECE ORCHESTRA AT THE GRAND OAK VILLA IN OAKVILLE, CT - \$84

JUNE 18: ROSES & REMINISCING AT ELIZABETH PARK IN WEST HARTFORD - WITH LUNCH AND TIME TO TOUR THE **ROSE GARDENS** AND A **SINGER** PERFORMING SOME OF YOUR FAVORITE SONGS - \$80

JUNE 24 - 26: 3 DAYS AT AMISH LANDS, A TOUR OF PHILADELPHIA, & "MOSES" AT SIGHT & SOUND THEATER PLUS MUCH MORE - \$393

JULY 18: HUDSON RIVER WALKWAYS & A RIVER CRUISE & LUNCH AT MAHONEY'S - \$95

AUGUST 12: THE INFAMOUS TRIPLE LOBSTER AT THE HU KE LAU IN CHICOPEE, MA - \$86

SEPTEMBER 18: NEWPORT PLAYHOUSE IN NEWPORT, RI - 2 SHOWS & A BUFFET LUNCH - \$93

SEPTEMBER 22 - 26: NIAGARA FALLS & TORONTO, CANADA - \$474

OCTOBER 28: HALLOWEEN PARTY, TOUR OF SALEM, MA, & LUNCH AT THE HAWTHORNE HOTEL - \$95

NOVEMBER 8 - 16: ITALY: ROME, FLORENCE, MILAN & VENICE - UNDER \$3,000 DOUBLE OCCUPANCY - SEE FLYER

NOVEMBER 11: SALUTE TO THE ARMED FORCES AT AQUA TURF CLUB IN PLANTSVILLE, CT - \$77
FREE BEER OR WINE WITH DINNER

DECEMBER 9: BOAR'S HEAD FEAST & HOLIDAY SHOW, YULE LOG CELEBRATION AT THE WILLIAMS INN IN WILLIAMSTOWN, MA - \$86 - HUGE GOURMET BUFFET, HOT WASSAIL & HOLIDAY GIFT

APRIL 15 - 24, 2015: 9-DAY CARIBBEAN CRUISE - SAN JUAN, PUERTO RICO, ST THOMAS, ST MAARTEN & TORTOLA
PRICES RANGE FROM \$1,499 TO \$1,999 PER PERSON SEE FLYER



MEAL PROGRAM

The TVCC A meal program is subsidized through the Older Americans Act and is available to seniors 60 years or older for a suggested donation of **\$3.00**. Seniors who are younger than 60 are welcome to eat, but are asked to pay the actual cost of the meal, which is now **\$10**. Reservations must be made by 10:00 a.m. one day in advance. Guests and new members must complete a registration form at the time they make a reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

FEBRUARY MENUS

- Feb 3: meatballs w/marinara sauce on Penne
- Feb 4: baked ham w/pineapple glaze
- Feb 5: chicken alfredo
- Feb 6: lazy man's lasagna
- Feb 7: cheese ravioli w/marinara sauce
- Feb 10: cod patty, macaroni & cheese
- Feb 11: western omelet & roasted Potatoes
- Feb 12: beef hot dog on bun
- Feb 13: chicken stuffed w/broccoli & cheese
- Feb 14: Tuscan beef & bean stew
- Feb 17: CLOSED FOR HOLIDAY
- Feb 18: beef & bean chili
- Feb 19: MSCA lunch - \$4 meatballs & pasta
- Feb 20: eggplant rolette
- Feb 21: chicken Marsala
- Feb 24: chicken paprika, rice pilaf
- Feb 25: cheese manicotti w/marinara
- Feb 26: braised pork loin
- Feb 27: meatloaf w/gravy
- Feb 28: western omelet



FEBRUARY BIRTHDAYS



- 1- EUGENE ALASSI, HELEN FOGG, JEANNE RICE
- 2- CHARLENE ARMITAGE, FRANK CASTAGNA, TRUDY NICHOLLS, HOWARD OGUSHWITZ,
- 3- HARVEY LUCE, PATRICIA O'HARA
- 4- CURT BECK, STELLA COWLES, DAVID DUNNACK, PATRICIA FRANTZ
- 5- LORRAINE BASSET, JANET JONES, CAROL KUBGSEK, SAM WITRYOL
- 6- JOHN ADAMCIK, JOAN GERDSEN, NANCY PALMER
- 7- BEVERLY HAMEL, DAVID KOBEBY, MARILYN WIELOCK
- 8- MARY BETH COURTNEY, JUANITA HALL, MADELINE HUTCHINSON, MARY LOUISE MARTEL, DEANNA SHEILS
- 9-
- 10- DEANNA FEDEROWICZ, CLAIRE STUART,
- 11- ANGELA BLOSSICK
- 12- DOROTHY JENSON, CHERYL KUSMER, BEVERLY PARROTTE
- 13- JUDY HYDE
- 14- MATTHEW KOCH, ROBERTA SMITH, MONIQUE VIGNEAU, MARTIN WHITMORE
- 15- JOAN KOTLA, LEE SESSION
- 16- DONALD NOLAN, RAY NURME, LINDA LESTER
- 17- SUSAN BARTHOLOMEW, URSULA BESCHLER, ORLENA BRAY, ANNE DODD, GERALD LEIBOWITZ, WILLIAM PETIX, JOAN TERRY
- 17- SUSAN BARTHOLOMEW, URSULA BESCHLER, ORLENA BRAY, ANNE DODD, GERALD LEIBOWITZ, WILLIAM PETIX, JOAN TERRY
- 18- DOROTHY KIREYEZYK, EMMA KUCHTA, OLIVE MCCABE
- 19- BETH ACEBO, DORIS ALVAREZ, THERESA CARPENTER, ANDREW FILTZ, EILEEN KOPEC, PETER MASAS
- 20- WILLIAM LAWRENCE
- 21- PEGGY DILLON, SANDRA MARSCHAT, SUSANNA THOMAS
- 22- JOAN CHARRON, CAREN GOLOB, SAM GORDON, GEORGINA HENDRICK, HILDA SLATER, PAULA TATE
- 23- RICHARD DRAKE, GAIL FARNHAM, ESTHER GRUBER, URSULA LAAK, JANET ROACH
- 24- MARY BEARDSLEY, MARY JUDD, MARY ANN SIMPSON, SHARRON SWANSON
- 25- EDWIN TUCKER, JANICE WALENCEWICZ
- 26- JANE JACKMAN
- 27- WILLIARD DANIELS, WILHELMINA GORE, MERYL KOGAN, MARY LOU LAFHAMME
- 28- ALLAN MAINES



CAN YOUR SPARE SOME BUTTONS FOR THE KNITTING GROUP?

Please drop off buttons at the front desk.

FEBRUARY CALENDAR

MONDAYS

CLOSED FEBRUARY 17 FOR PRESIDENTS' DAY

- 9:00 SENIOR AEROBICS EXERCISE CLASS
- 9:00 INTERNET CLASS - FEB 10 & 24
- 9:00 - 11:00 AARP INCOME TAX HELP
- 9:30 COMMISSION ON AGING - FEB 10
- 10:00 ART STUDIO
- 10:00 FREE HELP FOR PC USERS
- 10:15 SPARKETTES
- 11:00 LOW VISION SUPPORT GROUP - FEB 10
- 12:00 LUNCH
- 1:00 MAHJONGG
- 1:00 ATTORNEY GATES - FEB 24
- 1:00 - 3:00 INCOME TAX HELP - EXCEPT FEB 17

SNOW CLOSINGS

WHEN MANSFIELD PUBLIC SCHOOLS CLOSE OR HAVE A DELAYED OPENING DUE TO BAD WEATHER, THE MANSFIELD SENIOR & WELLNESS CENTER WILL ALSO CLOSE OR HAVE A DELAYED OPENING ACCORDINGLY. (A 90-MINUTE DELAY MEANS THE SENIOR CENTER WILL OPEN AT 10:00 A.M.)



- **LISTEN TO THE RADIO** - *WTIC 1080 AM* OR *WILI 1400 AM* FOR MANSFIELD PUBLIC SCHOOLS INFORMATION (NOT NECESSARILY SENIOR CENTER INFORMATION) OR
- **WATCH TV CHANNEL 3** FOR MANSFIELD SCHOOLS CLOSINGS & DELAYS OR
- **CALL 860 429-0262** TO HEAR THE SENIOR CENTER'S PHONE VOICE MESSAGE ABOUT A CLOSING OR DELAY.

DO NOT PARK IN THE SENIOR CENTER PARKING LOT IF MANSFIELD PUBLIC WORKS HAS NOT YET SANDED AND CLEARED SNOW FROM THE PARKING LOT BY 9:00.

TUESDAYS

- 8:30 STRENGTH & STABILITY EXERCISE CLASS
- 9:00 DR. WALTER FOOT CARE - FEB 18
- 10:00 SCRABBLE
- 10:00 WII BOWLING
- 10:00 COMPUTER COMMITTEE - FEB 4
- 10:00 GENEALOGY - FEB 11
- 11:00 LUNCH BUNCH TO WOODEN SPOON - FEB 11
SIGN UP BY FEB 7
- 11:00 LUNCH BUNCH TO AERO DINER - FEB 25
SIGN UP BY FEB 21
- 12:00 LUNCH
- 1:00 BINGO
- 1:00 BASIC EXCEL CLASS - FEB 4
- 1:00 ADVANCED EXCEL CLASS - FEB 11
- 1:30 POWER OF AGING EXERCISE
- 2:00 ART CLASS
- 7:00 MS SUPPORT GROUP - FEB 11

SENIOR DISCOUNT

ALL YOU NEED TO HEAR HEARING AID CENTER

12 GOOSE LANE, UNIT G
GOOSEBERRY CORNERS
TOLLAND, CT

CALL 860 454-8005 FOR APPOINTMENT

FREE PACK OF BATTERIES WITH A FREE CLEANING OF AIDS, REGARDLESS OF MAKE OR MODEL



JANUARY CALENDAR

WEDNESDAYS

WEAR BLUE JEANS DAY - FEB 26

- 9:00 - 11:00 AARP INCOME TAX HELP
- 10:00 WRITING GROUP
- 10:30 MSCA EXECUTIVE BOARD - FEB 12
- 11:00 FINANCIAL AWARENESS SEMINAR - FEB 5
- 11:30 HERMANN BLOOD PRESSURE CLINIC FEB 5
- 12:00 LUNCH
- BIRTHDAY LUNCH - FEB 5
- MSCA LUNCH - \$4 - FEB 19
- 12:45 MSCA PROGRAM - A SALUTE TO ITALY - FEB 19
- 12:00 CAUSERIES EN FRANCAIS
- 1:00 FUNDAMENTALS OF TAP DANCING
- 1:00 CABIN FEVER CHECKERS TOURNAMENT - FEB 12
- 1:00 - 3:00 AARP INCOME TAX HELP
- 1:00 - 3:00 VNA EAST CLINIC - FEB 5
- 2:00 NON-FICTION BOOK CLUB - FEB 12 & 26
- 3:00 GENTLE YOGA
- 6:30 TNT QUILTERS - FEB 12 & 26

THURSDAYS

- 8:30 STRENGTH & STABILITY EXERCISE
- 9:00 - 11:00 REIKI WITH BETTE - FEB 6
- 10:00 WII BOWLING
- 10:00 QUILTING CLASS - NO CLASS ON FEB 6
- 10:15 SPARKETTES PRACTICE
- 11:00 CONVERSATIONS WITH BETTY - FEB 6
- 11:30 FOOD SHARE VAN - FEB 6 & 20
- 12:00 LUNCH
- 1:00 BRIDGE
- 1:00 JEWELRY GROUP
- 1:00 BASIC EXCEL CLASS - FEB 6
- 1:00 ADVANCED EXCEL CLASS - FEB 13
- 1:30 POWER OF AGING EXERCISE
- 2:30 WII BOWLING
- 3:15 SENIOR AEROBICS EXERCISE
- 6:30 CAREGIVERS' SUPPORT GROUP - FEB 20

FRIDAYS

WEAR RED DAY - FEB 7

VALENTINE'S DAY - FEB 14

- 9:30 VAN TRIP TO CONNECTICUT FLOWER SHOW - FEB 21 - SIGN UP BY FEB 19
- 10:00 SCRABBLE
- 10:00 KNITTING & CROCHETING
- 10:00 PHOTO CLUB - FEB 7 & 21
- 10:30 SIT & GET FIT EXERCISE
- 11:15 BRAIN AEROBICS WITH TOMMY
- 12:00 LUNCH
- 1:00 ART STUDIO
- 1:00 DUPLICATE BRIDGE - FEB 21

Happy Valentine's Day



SENIOR SPARKS

Mansfield Senior Center Association
Mansfield Senior & WellnessCenter
303 Maple Road
Storrs Mansfield, Connecticut 06268
860-429-0262



NON-PROFIT ORGANIZATION
PRE-SORT STANDARD #57
U.S. POSTAGE PAID
STORRS MANSFIELD, CT 06268

Occupant or

PLACE TOP OF LABEL
BY THE DARK LINE

AARP TAX ASSISTANCE - PAGE 6

CHECKERS TOURNAMENT - PAGE 1

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IN MEMORY OF - PAGE 3

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NITA'S RESTAURANT - PAGE 4

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TRIPS/TRAVEL - PAGE 8

WELLNESS PROGRAMS - PAGE 5

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303 Maple Road
Storrs Mansfield, CT 06268