



MANSFIELD SENIOR & WELLNESS CENTER
303 Maple Road
Mansfield, Ct. 06268
860-429-0262 FAX: 860-429-3208

April 2016 CLASSES, EVENTS & TRIPS

Name: _____ Phone: _____

Address/town/zip: _____ E-mail: _____

Your emergency contact & phone: _____

Date	<input checked="" type="checkbox"/>	Class/Event/Trip	Details	Fee
Mon.		Senior Aerobics/ 9am-10am	4 classes	Res- \$20 , Non-Res-\$24
		Quilting/ 10am-4pm	April 4	Res- \$30 , Non-Res- \$35
		Quilting/ 10am-4pm	April 18	Res- \$30 , Non-Res- \$35
		Sparkettes/ 10:15-11:45am	4 classes	Res- \$30 , Non-Res- \$36
		Yoga/ 1:30pm-2:30pm	4 classes	Res- \$20, Non-Res- \$24
Tues.		Strength & Stability/ 9am-10am	4 classes	Res -\$20 , Non-Res- \$24
		Power of Aging/ 11am-12pm	4 classes	Res- \$20 , Non-Res- \$24
Wed.		Yoga/ 11am-12pm	4 classes	Res- \$20 , Non-Res- \$24
		Fundamental Tap/ 1pm-2pm	4 classes	Res- \$20 , Non-Res-\$24
Thur.		Strength & Stability/ 9am-10am	4 classes	Res- \$20, Non-Res-\$24
		Power of Aging/ 12pm-1pm	4 classes	Res- \$20, Non-Res-\$24
		Senior Aerobics/ 3:15-4:15pm	4 classes	Res- \$20, Non-Res-\$24
Fri.		NEW- Chair Yoga/ 9:30-10:30	5 classes	Res-\$25, Non-Res- \$30
		SPECIAL PROGRAMS		
		<i>Crafty Creations</i>	1pm, April 19	\$3.00
		<i>Spring Magic & Pizza Party</i>	10am, April 21	\$5.00
		<i>Dinner & Disney</i>	5pm, April 29	\$5.00
Trips		<i>Bingo The Musical</i>	Sunday, April 3	11:30am-4:30pm
		Brunch at TOAST	Mon, April 4	9:00am-11:30am
		New England Carousel Museum	Thurs, April 7	10:30am- 4:00pm
		Yantic River Inn	Wed, April 13	10:30am-3:30pm
		Magic Butterfly Conservatory	Fri, April 15	9:30am-4:00pm
		Opera- <i>Roberto Devereu</i>	Sat, April 16	10:30am-4:30pm
		Mystic Aquarium	Fri, April 22	10:00am-4:00pm
		Bay Path Lunch Bunch	Mon, April 25	10:30am-2:30pm
		*Cabaret Lulu- <i>The Melody Makers</i>	Wed, April 27	10:30am-3:30pm
		*Pre-pay \$47.50 by April 22		

		Blithewold Mansion	Thur, April 28	9:30am-4:30pm
		Opera- <i>Elektra</i>	Sat, April 30	10:30am-4:30pm

***Trips-** for fee and more information, refer to the *Sparks* newsletter.

WAIVER OF PARTICIPANT BY SELF: I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize and medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

PHOTO RELEASE: I understand that for promotional purposes, the Town videotapes and/ or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me engaging IN THE ABOVE LISTED RECREATIONAL ACTIVITIES.

Signature _____ Date: _____

Revised 3/16/2016