

MANSFIELD SENIOR & WELLNESS CENTER

303 MAPLE ROAD, MANSFIELD, CT 06268

JULY 2016 CLASSES AND EVENTS

Name: _____ Phone: _____

Address/Town/Zip: _____ E-mail: _____

Your Emergency Contact/Phone: _____

DATE	<input checked="" type="checkbox"/>	CLASS/EVENT/TRIP	DETAILS	FEE
MON		SENIOR AEROBICS / 9AM-10AM	NO CLASS 7/4 & 7/18	RES-\$10, NON-RES \$12
		QUILTING/ 10AM-4PM	JULY 11	RES-\$30, NON-RES \$35
		QUILTING/ 10AM-4PM	JULY 25	RES-\$30, NON-RES \$35
		YOGA / 1:30PM-2:30PM	NO CLASS 7/4 & 7/18	RES-\$10, NON-RES \$12
TUES		STRENGTH & STABILITY / 9AM-10AM	NO CLASS 7/19	RES- \$15, NON-RES \$18
		POWER OF AGING / 11AM-12PM	NO CLASS 7/5 & 7/19	RES- \$10, NON-RES \$12
WED		YOGA / 11AM-12PM	NO CLASS 7/20	RES -\$15, NON-RES \$18
		BEGIN TAP / 1PM-2PM	NO CLASS 7/6 & 7/20	RES- \$10, NON-RES \$12
THUR		STRENGTH & STABILITY /9AM-10AM	NO CLASS 7/21	RES -\$15, NON-RES \$18
		POWER OF AGING/ 12PM-1PM	NO CLASS 7/7 & 7/21	RES- \$10, NON-RES \$12
		SENIOR AEROBICS/ 3:15PM-4:15PM	NO CLASS 7/21	RES- \$15, NON-RES \$18
FRI		YOGA/ 9:30AM-10:30AM	NO CLASS 7/22	RES- \$20, NON-RES \$25
EVENTS		<i>MASONICARE COOKOUT</i>	JULY 11 AT NOON	COST: \$5.00
		<i>SUMMER NIGHT EVENT</i>	JULY 15 AT 5:00 PM	COST: \$7.00
		<i>SALAD BAR & QUINTEBRASS BAND</i>	JULY 27 AT NOON	COST: \$7.00
		<i>CRAFTY CREATIONS- BOOK MARKS</i>	JULY 26 AT 1PM	COST: \$2.00
TRIPS		LUNCH BUNCH- CAPTION SCOTTS	WED. JULY 6	11:00AM-3:00PM
		SLATER MUSEUM	FRI. JULY 8	10:00AM-3:00PM
		SAILFEST	SAT. JULY 9	9:30AM-4:30PM
		THIMBLE ISLAND BOAT CRUISE	MON. JULY 25	9:30AM-4:30PM
		CT TIGER'S BASEBALL	TUES. JULY 12	5:30PM-10:30PM
		LUNCH BUNCH- MAINE ATTRACTION	THURS. JULY 14	11:00AM-3:00PM
		ESSEX STEAM TRAIN & RIVERBOAT	TUES. JULY 19	9:00AM-4:30PM
		HOP RIVER CHAMBER MUSIC	THURS. JULY 21	4:30PM-9:30PM
		BUTTONWOOD FARMS	THURS. JULY 28	10:00AM-3:30PM
\$50.00		GLASS HOUSE MUSEUM & GALLERY	FRI. JULY 29	9:00AM-5:00PM
		US COAST GUARD CONCERT	SUN. JULY 31	4:00PM-10:00PM

WAIVER OF PARTICIPANT BY SELF: I hereby agree to release, discharge, and hold harmless the Town of Mansfield, its directors, employees, agents, contractors, and/or volunteers from any and all liability that may occur during either my participation in the above listed recreational activities. I understand that participation in any recreational sport or activity involves risk, and I grant permission to the Town of Mansfield to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

PHOTO RELEASE: I understand that for promotional purposes, the Town videotapes and/or takes photographs of participants enrolled in recreational activities, classes or programs. I hereby release and permit the Town of Mansfield to utilize for said promotional purposes any photographs and/or videotapes of me engaging in the above listed recreational activities.

Signature _____ DATE: _____