



## American Red Cross Adult & Pediatric CPR BL (Ages 13-Adults)



This course provides participants with the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until advanced medical personnel arrive. Participants who pass the course will receive an American Red Cross certificate which is valid for two years. The course fee includes all course materials and certification costs. This course is a blended learning course and does require the completion of online materials and work. You will be required to have completed the online material prior to the in-person class date. You will be emailed the link of online material 1 week prior to the class date. Any questions please feel free to reach out to us.

**Instructor:** Jeanne Goffinet  
**Location:** CC Community Room  
**Dates:** Sun., July 24 (160002 - A) Register by 7/15  
 Sat., Aug. 6 (160002 - B) Register by 7/29  
**Time:** 10 a.m. - 1 p.m.  
**Fee:** \$80 for members, \$90 for non-members

## Babysitter Safety (Ages 11-17)

\*Registration deadline July 29



This course is for youth's age 11 to 17 years of age. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics

include hand washing, diapering, bottle feeding, and personal safety and interview skills. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification; certification is not guaranteed). Booklet, handouts and babysitter Safety Certificate of completion included.

**Instructor:** LifeSafe Services Staff  
**Location:** CC Community Room  
**Date:** Sat., Aug. 6  
**Time:** 8:30 a.m.-1:30 p.m.  
**Fee:** \$97 for residents, \$107 for non-residents  
**Activity #:** 120175-A

## 1-Day Combination Safe Boating & Personal Watercraft Safety Certification

(Ages 10-16 with an adult, and/or Ages 17-Adult)



A complete updated safe boating certification course taught in one (8 hour) day. This class includes the newest requirement for towing skiers & tubes. Successful completion will allow the student to purchase a Connecticut Certificate of Personal Watercraft Operation with Safe Waterski Endorsement, which enables them to operate any recreational vessel up to 65 feet in length, with some age restrictions for younger operators. An easy to understand classroom format is designed for students age 10 and over. **PRIOR TO TAKING THIS CLASS** each student should create an account online at <https://www.ct.wildlifelicenses.com/internetsales>, and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class.

**Instructor:** Current Boating Education, LLC Staff  
**Location:** CC Community Room  
**Dates:** Fri., June 24 (110060-A)  
 Fri., Aug. 5 (110060-B)  
**Time:** 8 a.m. - 4 p.m.  
**Fees:** \$75 for residents, \$85 for non-residents

• Today's Oil Heat is Safe Independent Domestic Efficient Clean Abundant Renewable •

## Ives Brothers, Inc.

Delivering dependable oil heat  
comfort for over 100 years  
from the same **Address.**





**IVES BROTHERS**  
**FUEL OIL INSTALLATION SERVICE**  
 1244 Main St. Rear, Willimantic, CT 06226  
 860.423.6381 • [www.IvesBrosOil.com](http://www.IvesBrosOil.com)

• Today's Oil Heat is Safe Independent Domestic Efficient Clean Abundant Renewable •

# Certifications



## Lifeguard Training- Blended Learning

(Ages 15-Adults)

\*Registration Deadline: June 24



The Mansfield Community Center is proud to provide the most current and up to date training course for lifeguard certification. This course will present the newest lifeguarding curriculum available through the American Red Cross released earlier this year. The purpose of the ARC Lifeguard Training Program is to teach candidates safety and rescue techniques designed to prevent and respond to a variety of aquatic emergencies. This course does have a pre-test that is administered during the first hour of the class. The course prerequisites include: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a

timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students are only allowed to use goggles for the prerequisite 300 yard swim portion of the class, students must be able to demonstrate all skills in the class without the use of goggles to pass the course.

**This is a Blended Learning Course which means there are approximately 10 hours of online learning that must be finished before the first in class session.** Upon registration (once the minimum to run the course has been met) the candidate will receive a welcome email to the course with instructions on how to access the online content. Candidates **MUST** provide the MCC a valid email address upon registration. Registration fees include: one course manual, one pocket mask and processing fees for successful candidates to be issued a certification.

Students will receive an American Red Cross Lifeguard, First Aid and CPR for the Professional Rescuer certification upon successful completion of this course. **Please bring a bathing suit and towel to each class. Candidates MUST register by the deadline date.**

- Instructor:** TBD
- Location:** CC Community Room and Pool
- Dates:** Sat., July 2, Sun., July 3, Sat., July 9
- Time:** 8 a.m. – 1:30 p.m.
- Fee:** \$242 for members, \$324 for non-members
- Activity #:** 161022- A





CELEBRATING 10 YEARS

# Eminence Ink



**TATTOOS**



**PERMANENT MAKEUP**



**BODY PIERCINGS**



**CLOTHING**

VISIT US AT

-  877 Main Street Willimantic, CT. 860.456.8282
-  1232 Storrs Road Storrs, CT. 860.477.0880

**WWW.EMINENCEINK.COM**



## Lifeguard Training Recertification and Bridge Class (Ages 15-Adults)

**Update to the newest version of ARC Curriculum!**

*\*Registration Deadline: July 1*

The objective of this course is to enable currently certified ARC lifeguards to update their certification to the newest curriculum and safety standards (released Jan. 2017) and who are looking to renew their certification because they are close to expiration. This course is for current ARC lifeguards who are already certified, or those who have expired no more than 4 weeks prior to the date of this class. Participants are required to demonstrate the following pre-course skills: a continuous 300 yard swim with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Students should bring their pocket masks with them to class as these are not provided with this course. Please bring a bathing suit, goggles and towel to class. A lunch break will be provided. Please bring a bathing suit and towel. Candidates MUST register by the deadline date.

**Instructor:** TBD  
**Location:** Community Room, MCC Pool  
**Dates:** Sun., July 10  
**Time:** 9 a.m. – 1:30 p.m.  
**Fee:** \$110 for members, \$137 for non-members  
**Activity #:** 161023-A

## Lifeguard Training- Upgrade to Waterfront Lifeguarding (Ages 15-Adults)

This course will upgrade a currently certified ARC lifeguard to the waterfront certification. All students must hold a current American Red Cross Lifeguard Certification to attend this class. Students will need to demonstrate skills in the pool and at a waterfront facility and must be able to travel between the two facilities. The class will begin at the Mansfield Community Center and will end at Bicentennial Pond located in Schoolhouse Brook Park in Mansfield. Directions will be provided, distance three miles. Course pre-requisites include: a continuous 550 yard swim (22 lengths) with proficiency in both freestyle and breaststroke, a two minute tread of water without the use of hands, and underwater swim test and a timed 20 yard swim with surface dive to retrieve a submerged 10 pound object in which candidate return to the starting point with the object and exit the pool without using the stairs or a ladder. Course skills include, but are not limited to, beach entries, victim removal and rescue board skills. Upon successful completion students will receive a two year certification for Waterfront Lifeguarding, First Aid and CPR/AED for the Professional Rescuer. Participants will take the written tests for Waterfront Lifeguarding. A 30 minute lunch break will be provided, students should provide with own lunch.

**Instructor:** TBD  
**Location:** Community Room, MCC Pool, Bicentennial Pond  
**Dates:** Sun., June 5  
**Time:** 9 a.m. - 4 p.m.  
**Fee:** \$125 for members \$165 for non-members  
**Activity #:** 161032-A

## North Windham Animal Hospital & Surgical Center

**A FULL SERVICE  
VETERINARY HOSPITAL  
AND  
SURGICAL CENTER**

**860-456-4701**

99 Boston Post Road  
North Windham,  
CT 06256



**northwindhamanimalhospital.com**

Open: Mon - Thurs 7:30-6 • Fridays 7:30-5  
Closed on Sat. 

**DICK'S**   
 644 Middle Turnpike Storrs, CT Professional Family Owned  
**AUTO CARE LLC.**  
**860-429-6448**