AT YOUR FINGERTIPS

Information & Resources for Seniors
MANSFIELD TOWN GOVERNMENT
AND SENIOR RESIDENTS

The municipal government in Mansfield recognizes that older residents are important members of our community.

The Town Council appoints members to the Commission on Aging to:
1. To study the conditions and needs of Senior Citizens in the Town in relation to housing, economics, health, transportation, and other matters.
2. To recommend and evaluate programs to meet the needs of the Senior Citizens and to suggest priorities for action.
3. To provide directions to appropriate resources for Senior Citizens in need of assistance.
4. To furnish information and advocacy to agencies and service providers who support Senior Citizens.

The Commission meets monthly and the public is welcome to attend. Please call the Human Services Department for meeting times at 860-429-3314.

The Human Services Department serves as the state mandated Municipal Agent for the Elderly by providing assistance in applying for services and assuring information and advocacy needs are met. The Department staff also provides consultation and referral to counseling for older persons and family members about any troubling personal concerns.

MANSFIELD SENIOR CENTER: As part of the Human Services Department, the Mansfield Senior Center offers a broad range of programs, activities and services for, by, and with seniors. The Senior Center is open Monday through Friday from 8:30am-4:30pm, and serves adults 55+ from Mansfield and surrounding towns. The Senior Center provides important wellness services including transportation, information & referral, Meal delivery, support groups, and insurance counseling, as well as engaging programming, classes, daily lunches and monthly events. The Mansfield Senior Center publishes the “Senior Sparks” newsletter which contains a host of information on events and activities that may be of interest to seniors. Visit the Senior Center Website for information on how to get a copy. For more information on any Senior Center programs, call the Center at 860-429-0262, visit http://www.mansfieldct.gov/seniors, or stop in at 303 Maple Road.

The Town also grants funds to a number of non-profit regional organizations which provide specialized services to seniors.

This booklet has been compiled by members of the Commission on Aging, and is designed to give an idea of the range of services offered nearby. There are many other services that are not included, so you are invited to Contact INFOLINE 2-1-1, the Mansfield Senior Center at 860-429-0262) or the Human Services Department at 860-429-3315 for more information. We hope you will find this information useful. Please
notify the Commission on Aging at commissiononaging@mansfieldct.org if you find any of the information out of date, wish to suggest additions or have comments or suggestions. The on-line version is the most up-to-date, so please check it: https://www.ectcinc.org/AtYourFingertips.docx to determine if your suggestions have already been incorporated.

Inclusion in this brochure does not constitute a recommendation for nor does omission indicate a recommendation against.

The Municipal Agent for the Town of Mansfield is Patricia Schneider, Director of Human Services, 860-429-3315.

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TOWN OF MANSFIELD MUNICIPAL NUMBERS:

Information Line: Town administrative departments: 860-429-3300

Animal Control: 860-487-0137

Assessor: 860-429-3311

Community Center: 860-429-3015

Fire Marshal: 860-429-3328

Health Officer: 860-429-3325

Housing Authority: 860-487-0693

Human Services Department: 860-429-3315

Landfill: Rte 89, Mansfield Center 860-429-7189

Library: 860-423-2501 Address: 54 Warrenville Rd. Storrs Mansfield

Municipal Agent for the Elderly: Director of Human Services 860-429-3315

Parks and Recreation Department: 860-429-3015

Probate Court Judge: 860-871-3640 (located in Tolland)

Public Works Department: 860-429-3331

Recycling Agent: 860-429-3333

Refuse Collection: 860-429-3331

Registrars of Voters: 860-429-3368

Senior Center: 860-429-0262 Address: 303 Maple Rd. Storrs Mansfield

Storrs Mansfield Post Office: 860-429-9681

Tax/Revenue Collector: 860-429-3307

Town Clerk: 860-429-3302
Town Manager: 860-429-3336

**EMERGENCY NUMBERS:**

Ambulance-Fire-Police: Do not hesitate to call 911

Non-Emergency Police: 860-429-6024

Troop C State Police: 860-896-3200 or 800-318-763; Help is available 24 hours a day

Mansfield Resident Trooper: 860-429-6024 (If not answered, automatically goes to Troop C.)

Non-Emergency Fire Department: 860-429-5290

Poison Control: UConn Health Center 800-222-1222

Community and other Disasters: Mansfield Fire Marshal: 860-429-3328

Emotional Crisis: 24 hour help for personal emergencies call United Services at 860-456-2261 or call info line at 211 (answers 24 hours a day)

Food, Heat or Shelter Emergencies: Call Mansfield Human Services at 860-429-3315 or info line at 211 (answers 24 hours a day)

Domestic Violence Hotline: 860-456-9476

**AMERICAN ASSOCIATION OF RETIRED PERSONS (A.A.R.P.)**

A.A.R.P. Connecticut Office: 866-295-7279 Address: 21 Oak St., Hartford, CT 06106

AARP Smart Driver Course:
The AARP Smart Driver defensive driving course teaches evidence-based strategies to keep you safe behind the wheel, and could save you money on your car insurance. Classes are held at various sites around the State, including at the Mansfield Senior Center twice per year. For more information, call the Senior Center at 806-429-0262.

Senior Citizens Driver Insurance Program: A 5% discount on insurance is obtainable once an accident prevention course has been taken. Call the Department of Motor Vehicles for more information 1-800-842-8222.

**ADULT DAY CARE**

Pierce Baptist Adult Daycare: “Caregiver Day Off” Program located in Brooklyn, CT. Monday and Wednesday only. From 10:00 AM to 4:00 PM - $50, half day - $28.
Includes lunch and snack, no transportation. For more information call Alice at 860-774-9050.

**Ross Adult Day Health Center:** 860-889-1252 Address: 165 McKinley Ave Norwich, CT

**Senior Moments Adult Daycare:** 860-643-9500 Address: 31 Kingsbury Ave. Tolland, CT. $86.00 a day

**AGENCY ON AGING**

**Eastern Area Agency on Aging/Senior Resources:** 1-800-994-9422 or 860-887-3561 Planning for, funding of, and information about services to seniors. 19 Ohio Ave. Norwich, CT 06360

**ASSISTED LIVING**

**Arbors of Hop Brook:** 860-647-9343 [www.arborsct.com](http://www.arborsct.com)
403 W. Center St. Manchester, CT

**Atria Greenridge Place:** 860-288-5729 [www.atriaseniorliving.com](http://www.atriaseniorliving.com)
1 Elizabeth Court, Rocky Hill, CT 06067

**Atrium at Rocky Hill:** 888-840-7257 [www.seniorhomes.com](http://www.seniorhomes.com)
1160 Elm St. Extension, Rocky Hill, CT. 06067

**Avery Heights:** 860-953-1201 [www.averyheights.org](http://www.averyheights.org)
705 New Britain Ave., Hartford, CT. 06106

**Bacon Congregate Housing:** 888-857-0838 [www.assistedlivingcenter.com](http://www.assistedlivingcenter.com)
43 Morris St., Hartford, CT. 06114

**Brookdale Buckingham:** 860-647-1695 or 844-342-6770 [www.brookdale.com](http://www.brookdale.com)
1824 Manchester Rd. Glastonbury, CT

**F.J. Pitkat Congregate Living Center:** [www.vernonhousing.org](http://www.vernonhousing.org)
80 Franklin St., Vernon, CT. 06066

**Glastonbury Housing Authority – Herbert T. Clark House:** 860-652-7623 [www.glastha.org](http://www.glastha.org) 43 Canione Rd., Glastonbury, CT. 06033

**Immanuel House:** 860-525-4228 x22 [www.immanuelhousect.org](http://www.immanuelhousect.org)
15 Woodland St., Hartford, CT, 06105. Low Income Assistance
Juniper Hill Village: 860-429-9933  
https://linkprotect.cudasvc.com/url?a=http%3a%2f%2fheim.newsam.org%2fjuniper-hill-village%2f&c=E.1.Wr-rmQLV8-uvQOuwMHikJcCJBhSdRxEJehEanSnaAigSerpvAePLF6F8RtC3_mdHjyxvMbxo5hFm00uKX5FJ34nZmVnfSR9y0FYe1zi-l_UU7Rw&typo=1
1 Silo Circle Rd., Storrs Mansfield, CT 06268. Subsidized Assisted Living

Luther Ridge at Middletown: 860-347-7144 www.lutherridge.org  
628 Congdon St. West, Middletown, CT

Masonicare at Ashlar Village: 860-383-2244 or 203-679-5900 www.masonicare.org  
74 Cheshire Rd., Wallingford, CT. 06492

Mountain Laurel Senior Living Community: 866-333-3090 www.seniorhomes.net  
1177 Hebron Ave., Glastonbury, CT. 06033

Mystic River Homes: 860-572-6020 www.mysticriverhomesinc.com  
205 Elm St., Noank, CT. 06340. Subsidized Assisted Living

St. Jude Commons: 866-355-7043 www.assistedliving.com  
3 Myrtle Dr., Norwich, CT. 06360. Subsidized Assisted Living

The McAuley: 860-920-6309 www.themcauley.org  
275 Steele Rd., West Hartford, CT

The Retreat: 860-968-1689 www.caring.com  
90 Retreat Ave., Hartford, CT. 06106. Subsidized Assisted Living

The Village at Buckland Court: 860-281-2498 www.benchmarkseniorliving.com  
432 Buckland Rd., South Windsor, CT

1600 Hopmeadow St., Simsbury, CT. 06070. Subsidized Assisted Living

46 Welles Rd., Vernon, CT. 06066. Subsidized Assisted Living


Please note that the above assisted living facilities are only a partial listing of senior complexes in Connecticut. Please Google “Assisted Living Facilities” or “Assisted Living Facilities for people with Dementia” for more options.

DISABILITY RESOURCES:

State Department for Persons with Disabilities: 1-877-252-2637
www.portal.ct.gov/Services/Health-and-Human-Services/Disability-Services

UConn Speech and Hearing Clinic: 860-486-2629

Commission of the Deaf and Hearing Impaired: Counseling: 860-231-8756
Emergency Interpreting Services: 860-231-7623 or 860-231-1690
www.dhoh.ct.gov/dhoh/site/default.asp

Offers counseling, referrals, educational services, legal advice, and visual aids available.

Broadcasts readings from local and national newspapers, current magazines and books 24 hours a day. Listeners may be visually, physically or learning disabled so that they cannot read conventional printed information. CRIS radios are provided at no charge, to be kept as long as needed. Listeners can also receive CRIS over a special TV hook-up.


Lions Low Vision Center: 860-377-2063 www.lionslowvisionctr.org

Library for the Blind and Physically Handicapped: 860-721-2020 or 1-800-842-4516 www.ctstatelibrary.org 198 West Street. Rocky Hill, CT 06067
Free mail loan of recorded Braille books and magazines and playback equipment to handicapped residents.

University of Connecticut Homer Babbidge Library, Storrs Mansfield:
Coordinator for the services of the disabled, David Avery: 860-486-1582.
E-mail davidavery@uconn.edu
Assistance is available for finding books, ordering special format materials, volunteer readers, use of Kurzweil reading machine, and many other services for the blind or otherwise physically impaired. Call for information about services and parking.

DURABLE MEDICAL EQUIPMENT:

Shoe Smith: 860-423-8873 www.theshoesmith.com
503 Main St. Willimantic: Provides orthotics and diabetic insoles. They will travel to home to do fittings.

Vision Dynamics: 888-211-6933 www.nelowvision.com
1077 Bridgeport Ave, Shelton, CT. A superstore that sells all types of living aids for the blind, and visually handicapped.

**New England Assistive Technology Disability Equipment Center (NEAT):** 866-526-4492 [https://www.cybo.com](https://www.cybo.com) Offers a large variety of gently used medical equipment such as walkers, canes, shower benches, wheelchairs, scooters and more at 50-80% discount from regular price. or browse the online catalogue at

**Medical Pharmacy:** 860-423-1661 [www.medicalpharmanyct.com](http://www.medicalpharmanyct.com)
1213 Main St. Willimantic, CT 06226. Offers a wide variety of durable medical equipment and home healthcare needs.

**EDUCATION**

**Colleges and Universities:** Continuing Education: 860-486-4631 [www.continuingeducation.com](http://www.continuingeducation.com) Courses may be audited or taken for credit if there is room. Generally, tuition is waived for those aged 62. Fees may be charged for those in degree programs.

**Eastern Connecticut State University:** ECSU Department of Continuing Education 860-465-5125. [https://www.easternct.edu](https://www.easternct.edu)

**Elderhostel:** [https://seniors.lovetoknow.com](https://seniors.lovetoknow.com) National and international programs of educational experience for seniors 55 plus. For information, brochure, and catalog visit

**UCONN:** 860-486-7178 [www.clir.uconn.edu](http://www.clir.uconn.edu)
Center for learning in Retirement: WB Young Building 1376 Storrs Road, Storrs Mansfield, CT 06269

**Mansfield Senior Center:** 860-429-0262. Various educational programs available.

**EASTCONN:** 860-423-2591 [www.eastconn.org](http://www.eastconn.org)
Promotes and supports lifelong learning for parents, workers and citizens of northeastern Connecticut. Whether it’s high school completion, job training, or parenting support, our Adult Programs are designed to develop interests, increase abilities and expand options.

**Mansfield Adult Education:** 860-933-4980 [www.eosmith.org/adulteducation](http://www.eosmith.org/adulteducation)
Courses in exercise, arts and crafts, and educational topics. Catalogue available for winter and spring classes.

**Quinnebaug Valley Community College:** 860-932-4901 [www.qucc.edu/programs/lir](http://www.qucc.edu/programs/lir)
Learning in retirement program. LiR at QVCC provides the means to meet the wide range of interests for mature adults who want to pursue new topics or to revisit interests from the past.

**EMPLOYMENT:**
Willimantic CT Works: 860-423-2521
Offers free workshops and services, including employment counseling, financial awareness, computer basics, interviewing techniques, resume writing and critique as well as educational refreshers.

Easter Seals Connecticut Senior Community Services Employment Program:
860-859-4148 or 1-888-673-3443 ext. 309 [https://www.easterseals.com/hartford/connect-locally/service-center-locations/easterseals-capital-region-eastern-connecticut-norwich.html](https://www.easterseals.com/hartford/connect-locally/service-center-locations/easterseals-capital-region-eastern-connecticut-norwich.html) Matches individuals age 55 and older with host agencies based on their skills and interests. Host agencies will provide paid training and the employment program will provide an individual employment plan at which time you will be assisted with finding steady employment.

[http://www.tempsofnewengland.com/what-we-do-employers.htm?gclid=EA1alQobChM1IXm2-Wh6AIVDtvACH09QQGNEAAAYASAAEgKg__D_BwE](http://www.tempsofnewengland.com/what-we-do-employers.htm?gclid=EA1alQobChM1IXm2-Wh6AIVDtvACH09QQGNEAAAYASAAEgKg__D_BwE) This company tries to match applicants with available job openings. No fees required.


Foster Grandparent Program: 860-525-5437 [https://nbbbs.org/programs/foster-grandparents-program/](https://nbbbs.org/programs/foster-grandparents-program/) A program that enables income eligible seniors (age 55 and over) to participate in community services. Service members work a minimum of 15 hours in locations such as public schools or daycares and receive a stipend for their work.

ENERGY ASSISTANCE:

Access Agency Weatherization Program: 860-450-7400. [https://accessagency.org/access_program/energy-assistance/](https://accessagency.org/access_program/energy-assistance/) For persons who are income eligible for energy assistance.

Citizens Oil Co-op, Inc: 860-561-601. [https://oilco-op.com](https://oilco-op.com)


Connecticut Housing and Investment Fund. Loans for automatic set back thermostats, siding, caulking and weather stripping, insulation, heat pumps, replacement heating systems, replacement roofs, replacement windows, and solar systems to reduce heating bills. Applications only accepted if there is evidence of health or safety issues.


Energy Conservation Loan Program: 1-800-992-3665, ext 3. Offers low interest loans for energy-saving home improvements. Interest rates are based on income.

Operation Fuel: Call 2-1-1 for the number of your local fuel bank. [http://www.operationfuel.org](http://www.operationfuel.org) A private nonprofit energy assistance program for people who need emergency help with energy bills and who are not eligible for state or federal assistance. Payments are made directly to the supplier. Income limits apply.


Windham Area Interfaith Ministry (WAIM): 860-456-7270. [https://waimct.org/contacts/](https://waimct.org/contacts/) Energy assistance program for low-income persons who have exhausted benefits from the Access energy assistance program.


FINANCIAL ASSISTANCE:


**Disabled Persons:** Mansfield Tax Assessor: 860-429-3311.  

**Home Ownership:** Mansfield Tax Assessor: 860-429-3311. If eldest partner has reached the age of 65 prior to December 31 of any year, application for a property valuation reduction may be made at the Tax Assessors office in the Town Hall the following February 1 through May 15. [https://www.mansfieldct.gov/180/Assessor](https://www.mansfieldct.gov/180/Assessor)

**Military Veterans or Survivors Benefit:** Mansfield Tax Assessor: 860-429-3311. Application for Veteran’s benefit on homeownership or motor vehicle after reaching age 65 must be filed every two years. Call Bill Woodbury for more information on programs that assist Veterans: 860-423-4534.

**Mansfield Human Services:** 860-429-3315 [https://www.mansfieldct.gov/232/Human-Services](https://www.mansfieldct.gov/232/Human-Services) The Human Services department provides food programs and other support programs to eligible Mansfield residents; the department also administers the Mansfield Fee Waiver program, designed to improve access to the services offered by the Town to all residents, regardless of their ability to pay.

**Repairs:** [https://www.hud.gov/states/connecticut/homeownership/homerepairs](https://www.hud.gov/states/connecticut/homeownership/homerepairs)

**Renter’s Rebate for the Elderly/ Disabled:** Contact: Kathy Ann Easley (Mansfield Human Services Dept.) at 860-429-3315 or 860-487-9873 for application and assistance. [https://www.mansfieldct.gov/directory.aspx?EID=92](https://www.mansfieldct.gov/directory.aspx?EID=92) Renter’s tax relief program. A reimbursement program for Connecticut renters who are elderly or totally disabled and whose incomes do not exceed certain limits. Persons renting an apartment, room, or living in cooperative housing or a mobile home may be eligible for this program.

**Reverse Annuity Mortgage:** Call 860-887-3561 for a list of RAM lenders, their phone numbers, and information about type of loan and repayment arrangements. [https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/Eastern-Connecticut-Area-Agency-on-Aging](https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/Eastern-Connecticut-Area-Agency-on-Aging) At age 62 and over, an elderly person may qualify to apply for an equity loan against their home to obtain money to live on.

**State Supplement:** State Department of Social Services, Willimantic office 860-465-3500. Program for the aged, blind and disabled can provide monthly benefits to low-income individuals for basic living needs.
FINANCIAL FORMS:
Income Tax Preparation: Free tax assistance is available through AARP’s annual Tax Assistance Program, held at various sites across the state between February and April. For more information, visit AARP.com or call Mansfield Senior Center at 860-429-0262. A listing of additional free tax assistance programs across the State is available at https://uwc.211ct.org/taxhelp/.

NOTE: For help filling out other kinds of financial forms call Mansfield Human Services at 860-429-3315 or the Senior Center at 860-429-0262.

FOOD AND NUTRITION:

Located inside St. Paul’s Episcopal Church in Willimantic. Provides free breakfast and noontime meals Monday through Saturday.

Meals on Wheels Meal Delivery: 1-800-560-5015 ext 1006
Meals on Wheels is available to homebound community members ages 60 and older. Administered by TVCCA and supported by a team of dedicated volunteers, this program delivers nutritious meals and daily wellness checks to nearly 1,200 home bound seniors throughout 39 towns in eastern Connecticut. Meals are delivered to the home Monday through Friday with frozen meals provided for weekends. Meals provided are nutritionally balanced and within the guidelines of a no-added-salt and no-added-sugar diet. For more information on this program or eligibility, please call TVCCA directly at 1-800-560-5015, ext. 1006.

VNA East “Meals to Go”: 860-456-7288. VNA East contracts with Windham Memorial Hospital to deliver meals to seniors who are unable to prepare meals for themselves. Meals are brought to the home.

Provides noon meals 4 days a week. A small donation is requested.

Willington Senior Center: 860-429-8321 https://www.willingtonct.org/senior-center
Provides noon meals 5 days a week. A small donation is requested.

Mansfield Senior Center: 860-429-0262. https://www.mansfieldct.gov/275/Senior-Center
The Senior Center partners with TVCCA to offer a daily lunch program at the Senior Center. This program is supported by the Federal Older American’s Act and provides low cost, nutritious meals, along with opportunities to socialize and enjoy a meal with friends old and new. Meals are served Mondays-Fridays at 12pm. For those 60 years and older and their spouses, the cost is a suggested donation of $3.00; those under 60 are welcome to purchase a meal at full price. Reservations are required at least 1 day in advance by filling out a menu at the Senior Center or calling us at 860-487-9876.
**Juniper Hill Village Meal Program:** 860-429-9933. Provides 2 meals a day to residents. Lunch is served in dining room at noon. Supper meal is take-out.

**Food Stamps (SNAP):** Call State Department of Social Services 1-800-842-1508 or call the Mansfield Senior Center at 860-429-0262.

**Willimantic Food Co Op:** 860-456-3611. [https://www.willimanticfood.coop](https://www.willimanticfood.coop)
Provides reduced food costs for senior citizens 65 and over (Let them know you are a senior). Inquire about free delivery. 91 Valley Street Willimantic, CT

**Stop and Shop Peapod:** 1-800-573-2763 or visit [www.peapod.com](http://www.peapod.com). Grocery delivery service. Free delivery for first 60 days.

**Price Chopper Grocery Delivery:** [https://www.pricechopper.com/services/delivery/](https://www.pricechopper.com/services/delivery/)

**Mansfield Human Services Food Pantry:** 860-429-3315. [https://www.mansfieldct.gov/1896/Food-Programs](https://www.mansfieldct.gov/1896/Food-Programs)
Provides canned goods, hygiene products, and vouchers in some cases as available.

**Farmer’s Market Coupons:** 860-429-0262. Available in the summer to income eligible seniors. Check with the Mansfield Senior Center for summer coupons.

* Also check at your local grocery store for information about senior citizen discounts.

**HEALTH SERVICES:**

**CT Association for Healthcare at Home:** 203-265-9931. [https://www.cthealthcareathome.org](https://www.cthealthcareathome.org)
This association can make referrals.

**Alzheimer’s Association:** 860-828-2828. [https://alz.org/ct](https://alz.org/ct)
Call for support, referrals, and program information.

**CT Parkinson’s Working Group:** 860-704-9519
[http://cpwg.org/?fbclid=IwAR0aOQLJINxJaSIOsysRmk8XHTLs1fhhGhRGaRZrO6v1IfWQ43BTJ6GWHpiI](http://cpwg.org/?fbclid=IwAR0aOQLJINxJaSIOsysRmk8XHTLs1fhhGhRGaRZrO6v1IfWQ43BTJ6GWHpiI)

**CT Breast and Cervical Cancer Early Detection:** Referral: 860-509-8251
[https://portal.ct.gov/DPH/Family-Health/EHDI/Contact-EHDI](https://portal.ct.gov/DPH/Family-Health/EHDI/Contact-EHDI)
Manchester: 860-533-4647; Willimantic: 860-456-6896
[https://connecticut.networkofcare.org/mh/services/agency.aspx?pid=WINDHAMCOMMUNITYMEMORIALHOSPITALBREASTANDCERVICALCANCEREARLYDETECTIONONPROGRAMONCOLOGYSERVICESSpecializedTreatmentCancer_2_556_1](https://connecticut.networkofcare.org/mh/services/agency.aspx?pid=WINDHAMCOMMUNITYMEMORIALHOSPITALBREASTANDCERVICALCANCEREARLYDETECTIONONPROGRAMONCOLOGYSERVICESSpecializedTreatmentCancer_2_556_1)

American Cancer Society, New England: 800-227-2345 or visit [www.cancer.org](http://www.cancer.org) Provides services such as transportation.

Driver safety: 888-227-7669
Benefits Outreach: 866-295-7669
Money Management: 203-743-9760 x 111
[https://states.aarp.org/aarp-connecticut](https://states.aarp.org/aarp-connecticut)

Senior Eye Care Program: 877-887-6327 or visit [www.eyecareamerica.org](http://www.eyecareamerica.org)

Center for Medicare Advocacy: 860-456-7790. Legal assistance with Medicare questions and concerns. [https://www.medicareadvocacy.org/about/contact-us-2/](https://www.medicareadvocacy.org/about/contact-us-2/)

Angels Depot Resource Center: 860-742-5279 or 860-646-3399.
[http://angelsdepotinc.com](http://angelsdepotinc.com)  
A nonprofit organization providing holistic counseling for individuals, couples or families.

Converse Communications Corp.: 860-242-4974 or 1-800-743-1219.
[http://www.conversecommunications.com](http://www.conversecommunications.com)  
Non-profit serves telecommunication needs of people in CT who are profoundly deaf.

UCONN Speech and Hearing Clinic: 860-486-2629. [https://slhs.uconn.edu/clinic/](https://slhs.uconn.edu/clinic/)  
Provides services such as audiology, speech-language pathology, a hearing aide dispensing program and specialty ear molds.

Independent Living Aids: 1-800-537-2118. [https://www.independentliving.com](https://www.independentliving.com)  
For blind and visually handicapped.

Safelink Wireless: 1-800-723-3546.

MENTAL HEALTH SERVICES:

Backus Hospital Mental Health Center: 860-823-6321. 
https://backushospital.org/services/psychiatry Individual and group psychotherapy for seniors.

Lawrence and Memorial Hospitals: 860-442-0711. 

Mental Health Association of Connecticut: 1-800-842-1501 http://www.mhconn.org


Institute of Living: 860-545-7200. https://instituteofliving.org A program at Hartford Hospital offering a geriatric program for seniors.

United Services: Mansfield Center office: 860-456-2261. 
http://www.unitedservicesct.org/services/mental-health/adult-services/ A private non-profit center providing psychosocial, mental health, chemical abuse, education and prevention services to the community.

Day Kimball Health Care: 860-779-9270. https://www.daykimball.org Offers a geriatric care management program including services such as the Quiet Corner Elder Screening Tool, support groups and the Fall Prevention Initiative.

Health Care Service Complaints: 
Complaint against the health care institution: 860-509-7400 
Complaint against the health care professional: 1-800-842-0038 
Complain CT against the health care agency: 1-800-828-9769 
Complaint against the hospital: 1-800-797-9688

*Note: Any person can file a complaint in writing to the Connecticut Department of Public Health, Divisions of Health Systems Regulation, 410 Capitol Avenue, PO Box 340308, Hartford, CT 06134-0308. 

https://portal.ct.gov/DPH/Practitioner-Licensing--Investigations/PLIS/Reporting-a-Complaint

HEALTH PROFESSIONALS:

40 Mansfield Ave, Willimantic, CT
DENTISTS:

Dr. Maya Paulose: 860-429-0230 https://paulose.weebly.com/
72 Flaherty Rd. Storrs Mansfield, CT 06268

Dr. Marc J. Czarnowski: 860-456-2906 https://mansfieldctdental.com/
10 Higgins Highway, Suite 1. Mansfield Center, 06250

Dr. James Gilligan: 860-423-0045
236 Stafford Road. Mansfield Center, 06250

Dr. Ralph L. Kroopnik: 860-429-0079
https://www.vitals.com/dentists/Dr_Ralph_Kroopnick
Mansfield Shopping Plaza 591 Middle Tpke. Storrs Mansfield, CT 06268

Dr. Deborah M. Liang: 860-423-9717 http://www.reservoircommonsdentald.com
203 Storrs Rd. Mansfield Center, 06250

Dr. Matthew Raynor: 860-429-6406 http://storrsfamilydentistry.com/dr-matt-raynor/
1022 Storrs Rd. Storrs Mansfield, 06268

10 Higgins Highway Suite 1. Mansfield Center, CT 06250

Dr. Rostyslav Stepanenko: 860-429-8282
981 Storrs Road. Storrs Mansfield, CT 06268

Dr. Steven J. Abbott: 860-429-2051
1733 Storrs Rd. Storrs Mansfield, CT 06268

DOCTORS:

Ledgebrook Family Practice: 860-456-1485
6 Ledgebrook DR Suite A. Mansfield Center, CT 06250

Mansfield Family Practice: 860-487-0002 https://mfpstorrs.com
34 Professional Park Rd. Storrs Mansfield, CT 06268

Dr. Ralph J. LaGuardia: 860-456-7101
10 Higgins Highway Suite 4. Mansfield Center, CT 06250

HELP IN THE HOME:

University of Connecticut Student Employment: 860-486-3474
studentjobs@UCONN.edu
Hearing Ear Dogs of New England: 860-446-1576. Groton, CT

HOME CARE:

A Caring Hand: 860-643-1623  [http://www.acaringhand.com/index.asp](http://www.acaringhand.com/index.asp) Offers services such as companions, homemakers, specialty companions (Alzheimer’s care for example), personal care assistants and live care assistants. Located in Vernon, CT. (A Caring Hand is not licensed by the Connecticut Department of Public Health and is not a Medicare certified agency.)


Community Companions and Homemaking Services: 860-456-3626  [http://communitychs.org/ServicesFunded.html](http://communitychs.org/ServicesFunded.html) Offers homemaking service and companion service as well as transportation, personal care assistance, Alzheimer’s care, respite care, and overnight care. Locally located in Willimantic.

Companions and Homemakers: 860-859-1141. Offers services such as companions, homemakers, personal care assistants, live-in companions and Alzheimer’s companions. Located in Norwich, CT.

Companions and Homemaking Services: 860-589-6226. Offers services such as companions, homemakers, personal care attendants and 24-hour live-in services. Located in Hartford, CT. Contact Jane Asumadu.


Helping Hands: 860-645-7667. Offers a variety of personalized services in your home. Located in Bolton, CT.

Home Instead: 860-896-5295. Offers caregiver, companionship and home helper services. Located in Tolland, CT.

Visiting Angels: 860-872-6084. Offers living assistance services. Tolland, CT.


**HOUSING:**

**Wrights Village:** 860-487-0693. kmatychak@mansfieldhousingct.org
Wright’s Village is a state financed housing community consisting of 40 one bedroom units garden style apartments on one level and located on Wright’s Way in Storrs. The units range in size from 425 SF to 590 SF and there is a laundry facility located on site. The actual rent amount is 30% of the family's adjusted income but never less than the base rent. To Qualify, a family must have a minimum income of approximately $17,400 to 19,500 depending on unreimbursed medical expenses and unit style (Regular or Large). Families are chosen by lottery for each unit that becomes available. Wright’s Village is designed to promote independent living.

**Juniper Hill Village:** 860-429-9933
https://linkprotect.cudasvc.com/url?a=http%3a%2f%2fehm.newsam.org%2fjuniper-hill-village%2f&c=E.1.Wr-rmQV8-uvQOuwMHikJcCJhdsRxDlEhEanSmAigSerpvAePlF68RtC3_mdHjyxxMbxo5hFm00uKX5Fj34nZmVn6SR9yOEYeIzi-I_UU7Rw&typo=1
1 Silo Circle Rd., Storrs Mansfield, CT 06268. Subsidized Juniper Hill Village is a 100-unit community offering 36 one-bedroom cottage style units, 59 one-bedroom main building and 5 two-bedroom main building units. All units are funded through the U.S. Department of Housing and Urban Development Section 202 program. Eligibility is restricted to residents who have a head or co-head of household who is aged 62 years or older or a head or co-head with a disability and needing the features of an accessible unit. There are units that are fully adapted for persons with disabilities. Juniper Hill includes an Assisted Living Program which has further programmatic restrictions for eligible households and offers supportive services to those households. The community also has a meal program open to all residents that provides one hot meal per day served in the beautiful, centrally located dining room. Community amenities include a sun-room, library area, a community room, entertainment room, hair salon and spacious outdoor areas including a large three season community area. The community is owned by the Mansfield Retirement Community which is a non-profit corporation.

**Glen Ridge Cooperative Community:** 860-429-2202
http://glenridgect.com/adultcommunity/ 11 Sycamore Drive Storrs, CT 06268. Fax: 860-429-2202 (Please call in advance in order to engage fax machine) Email: glenridge@ehmchm.org. Bob Kremer – Administrator. Active retirement community with homes for purchase for independent persons age 55 and over.

**Sun Homes:** 860-864-6016 https://www.suncommunities.com/community/rolling-hills/?fbclid=IwAR1HvOspOytlkJ3H2Looyhv6219Jh9kOJNDaDSKTzayq7Xg1wrtlo1qTk 536 Middle Turnpike, Storrs, CT 06268. A mobile home retirement community for people ages 55 and over.
*Note: Information listing of all licensed facilities in Connecticut available at Mansfield Dept. of Human Services 860-429-3315.

INFORMATION SOURCES:

CT Department of Social Services Information Line Elder Services: 1-800-443-9946. https://portal.ct.gov/DSS/Services/Children-Family-and-Older-Adults/Older-Adult-Services Handles questions concerning programs and services for persons age 60 and older. Trained staff available to answer questions about housing, Medicare benefits and other programs for senior citizens.

Info line 2-1-1: https://www.211ct.org A 24-hour services with information about, and referrals to, any available service in the Northeast Connecticut area.

Mansfield Human Services: 860-429-3315 or 860-429-0262. https://www.mansfieldct.gov/232/Human-Services Confidential discussions about your concerns to help you understand a problem, seek solutions and make use of appropriate programs or agencies.

Eldercare Locator Service: 1-800-677-1116. https://eldercare.acl.gov/Public/Index.aspx Information about organizations serving older people throughout the U.S. Caller should have name, address and zip code of person who needs assistance, and a brief description of the problem and type of assistance sought.


CT Social Services, Eviction Prevention Program: 860-424-5427 https://portal.ct.gov/DOH/DOH/Programs/Eviction-Prevention

Library for the Blind and Physically Handicapped: 860-721-2020/ 1-800-842-4516. https://ctstatelibrary.org/lbph/ Free mail loan of recorded Braille books and magazines and playback equipment to handicapped residents. 198 West Street. Rocky Hill, CT 06067.

LEGAL ASSISTANCE:


assistance to seniors aged 60 and over who need help with all types of consumer problems including credit card debt, medical debt, abusive or harassing debt collection practices, credit repair, credit discrimination or identity theft.

**Statewide Legal Service:** 1-800-453-3320. [https://www.slsct.org](https://www.slsct.org)
A statewide organization designed to help those with low-income civil problems.

**Dept. of Social Services Elderly Ombudsman:** 1-866-388-1888 or 860-424-5200. [https://portal.ct.gov/LTCOP](https://portal.ct.gov/LTCOP) Investigates complaints of physical or mental abuse, exploitation, neglect or abandonment of elderly persons and takes action, legal if necessary, to correct the situation.

**Center for Medicare Advocacy:** 860-456-7790. [https://medicareadvocacy.org](https://medicareadvocacy.org)
Willimantic Office: P.O. Box 350 Willimantic, CT 06226. Help with Medicare or Medicaid denials.

**Lawyer Referral Service:** 860-525-6052. [https://www.hartfordbar.org/lawyer-referral/](https://www.hartfordbar.org/lawyer-referral/)
Call to request legal consultation. An appointment will be set for you with a local attorney who handles your kind of problem. Reasonable cost. No age or income limits. Fee of $35.00 covers referral and ½ hour appointment with lawyer in your area.

**Qualid GM:** 1-800-553-7590. For answers to questions about Medicare program or to request a case review.

**Living Wills:** 860-429-0262. Mansfield Senior Center provides legal help in preparing a living will.

**Legal Assistance to Medicare Patients:** 860-456-1761. Connecticut Legal Services Willimantic Office: 872 Main Street Willimantic, CT 06226. Counseling and representation at no cost to income-eligible beneficiaries on all aspects of Medicare and related law.

**NURSING HOMES:**

**Mansfield Nursing and Rehabilitation Center:** 860-487-2300
[http://www.mcnr.org/home.html](http://www.mcnr.org/home.html) 100 Warren Circle, Storrs Mansfield CT 06269

**Douglas Manor:** 860-423-4636. [https://www.douglasmanor.net](https://www.douglasmanor.net)
105 North Rd., Windham CT 06280.

**Saint Joseph Living Center:** 860-456-1107 [https://www.sjlivingcenter.org](https://www.sjlivingcenter.org)
14 Club Rd., Windham CT 06280

**PROTECTIVE SERVICES FOR SENIORS:**
Connecticut Department of Social Services, Elderly Services: 860-424-5274.
https://www.caregiverlist.com/Connecticut/departmentonaging.aspx If you suspect or know of elderly abuse, exploitation, inadequate care and or neglect.

State Senior Services Help Line: 860-424-5274 or 860-218-6631

Connecticut Elderly Protective Service: Willimantic Office 860-465-3550

Connecticut Department of Social Services Alzheimer’s Respite Program and Elder Locater Services: 1-800-677-1116 Monday through Friday.

Connecticut Alzheimer’s Helpline: 1-800-272-3900. For immediate assistance or advice 24 hours a day 7 days a week.

CT Department of Social Services-Elder Abuse: 860-886-0521. To investigate and resolve complaints of neglect, abuse, or exploitation of elderly in the community. For Long Term Care Ombudsman Program advocacy for the elderly in nursing homes, please call 860-823-3366 or 860-424-5964.


https://www.alz.org/national/documents/card_wanderingwhoisatrisk.pdf A program that assists with the identification and safe return of people with Alzheimer’s disease. The program includes identification products, a photo/information database, an emergency crisis line, Alzheimer’s Association local chapter support.

Sexual Assault Crisis Center of Eastern Connecticut: 860-456-3595.
http://www.saccec.org/ Counseling, support, and help for sexual assault victims and their families.

RECREATION:

Mansfield Senior Center: 860-429-0262. Call or visit www.mansfieldct.org/seniors for a listing of monthly events, exercise classes, creative arts classes, interest groups and more.

Fishing and Hunting Passes: Free lifetime passes for people aged 65 and over. Applications are available at Mansfield Town Clerks office 860-429-3302.

Mansfield Community Center: Call for programs 860-429-3015.
http://www.mansfieldct.gov/245/Community-Center

SAFETY:
**Personal Emergency Response Buttons:**

**Windham Hospital:** Ask for lifeline service: 860-456-9116

**Absolute Alarm Co. Windham:** Bodyguard system 860-456-4015

**Lifeline Systems, Inc. of Massachusetts:** 1-800-380-3111

**VNA East, Mansfield:** 860-456-7288

Button worn around the neck of a frail elderly or handicapped person and/or placed in the bathroom or other room activates an emergency notification system when pushed:

*Please note:* All companies have installation fees but a reputable response button service will rent its equipment on a monthly basis, not sell it to the user*

*Suggestion:* Use the File of Life (see below) to have the numbers of your physician, family and emergency services posted on your refrigerator and also put them other places that are convenient and available.*

**File of Life:**

The File of Life is a voluntary program designed to help local first responders quickly obtain your necessary medical history, your support needs, and your emergency contact information in an emergency situation. The File of Life is a red, magnetic packet that contains important medical information about you. The File of Life also provides an area to list contact information for your doctor, family members, insurance information and any other special circumstances that rescue personnel should know in caring for you in an emergency situation. The File of Life is available for residents ages 55+ - please visit the Mansfield Senior Center to pick one up or call 860-429-0262.

**Southern New England Telephone Company:** 1-800-922-4605. Has services

**Emergency Medical Information Magnet** to aid the sight and hearing impaired, including exemption from charging for directory assistance and telecommunication devices for the deaf (TDD).

**STATE SERVICES:**

**Blindness Prevention:** 1-800-850-2020, (860) 289-1971

**ConnPace:** 1-800-423-5026. State subsidized pharmacy program for seniors and disabled individuals that do not have Medicare.

**Consumer Protection:** 1-800-842-2649 (860) 713-6100

[https://portal.ct.gov/SmartConsumer/SmartConsumer/home-page-items/Contact-Us](https://portal.ct.gov/SmartConsumer/SmartConsumer/home-page-items/Contact-Us)

**Disabled Adults:** 1-800-842-7303 [https://www.disrightsct.org/contact](https://www.disrightsct.org/contact)

**Elder Abuse/ Neglect:** 860-886-0521
Email: DEEP.EnergyBureau@ct.gov.

**Fraud Reporting:** Toll Free Fraud Hotline: 1-800-842-2155  
- Email: Client Complaint Form to clientfraud.dss@ct.gov  
  Provider Complaint Form to providerfraud.dss@ct.gov  
- Fax: Complaint Form to (860) 424-4945  
- Mail: Complaint Form to: State of Connecticut Department of Social Services Investigations Division 55 Farmington Avenue Hartford, CT 06105-3730.

**Housing Court:** 860-887-3731

**Husky Health Care:** 1-877-284-8759 [https://portal.ct.gov/HUSKY/How-to-Contact-Us](https://portal.ct.gov/HUSKY/How-to-Contact-Us)

**Insurance Commissioner:** 860-297-3800 [https://portal.ct.gov/CID/About-Us/Contact-Us](https://portal.ct.gov/CID/About-Us/Contact-Us)

**Connecticut Legal Services (Willimantic Office):** 1-800-413-7796  
[https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.414775-Connecticut_Legal_Services_Willimantic_Office](https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.414775-Connecticut_Legal_Services_Willimantic_Office)

**Poison Control Center (24 Hours):** 1-800-222-1222 [https://www.poison.org/contact-us](https://www.poison.org/contact-us)

**Social Services:** 1-800-842-1508 [https://portal.ct.gov/DSS/Common-Elements/General-Guidance](https://portal.ct.gov/DSS/Common-Elements/General-Guidance)

**State Police:** 860-685-8190 [https://www.ctliving.com/statepolice/](https://www.ctliving.com/statepolice/)


**Veterans Affairs:** 860-616-3600 [https://portal.ct.gov/DVA/About-Us/Contact](https://portal.ct.gov/DVA/About-Us/Contact)

**OTHER IMPORTANT NUMBERS:**

[https://ct-aa.org/district-1/](https://ct-aa.org/district-1/)

**Child Abuse Hotline:** 1-800-422-4453 [https://www.childhelp.org/contact/](https://www.childhelp.org/contact/)

**Consumer Credit Counseling:** 1-800-208-2227, 860-240-8170  


Red Cross: 860-447-3248


Connecticut Do Not Call List: 1-800-842-2649

TRANSPORTATION:


Connecticut Transit Bus Service: Contact Yamil Figueroa 860-487-9875 or figueroay@mansfieldct.org. Discounts on bus tickets and bus passes for seniors. Passes are available at the Mansfield Senior Center.


Ace Taxi (Manchester): 860-222-2222.

Mansfield Senior Center: The Mansfield Senior Center Transportation Program provides free, accessible transportation for medical appointments and errands to Mansfield residents ages 60+ and those 55+ deemed disabled by social security. Reservations are required. Contact Yamil Figueroa 860-487-9875 or figueroay@mansfieldct.org.

Windham Region Transit (WRTD): Our dispatchers are available for questions, information, reservations, or comments. Customer service Hours: Monday through Friday 5:45AM – 10:00PM. Reversion Hours: Monday through Friday 8:00AM – 4:30PM (4:30PM is the end of the business day for the purpose of bookings). Phone: 860-456-2223. TTY: 1-800-842-9710. Email: info@wrtd.org. Website: www.wrtd.org.

WRTD provides three types of service:
• **Fixed Routes**: The bus runs on a published schedule and route with no deviations. Passengers can board at a stop. No reservations are required.

• **ADA Paratransit**: Passengers with a disability preventing them from using the fixed route may be eligible for ADA Paratransit Service. This service is an origin-to-destination service for individuals of any age with a physical or cognitive disability that prevents them from using the WRTD route system. Trips that qualify as ADA paratransit must have pick-ups and drop-offs within ¾ of a mile of WRTD’s Local routs, and occur within the same hours and days of operations. You must be certified as ADA paratransit eligible. Please visit [www.ctada.com](http://www.ctada.com) to apply.

• **Dial-A-Ride**: is a door-to-door shared ride service to and from anywhere within the nine-town region. Reservations are required. Service is available to the general public with no age or disability restrictions.

**Operates:**
- Weekdays only – Monday thru Friday – 8am – 4pm (last trip by 3PM)

**Where can I go?**
WRTD can transport riders that start and end in their service area which is Ashford, Chaplin, Columbia, Coventry, Lebanon, Mansfield, Scotland, Willington and Windham/Willimantic.

**Where can I get picked up?**
If you’re within 3/4 of a mile from a fixed-route bus, you need to take the fixed-route bus (unless you are a senior or disabled). Destinations include Ashford, Chaplin, Columbia, Coventry, Lebanon, Mansfield, Scotland, Willington and Windham/Willimantic.

**How do I schedule a ride?**
  - Riders can make a reservation in three ways:
    – Call WRTD – 860-456-2223
    – Through our website* – visit [www.wrtd.org](http://www.wrtd.org)
    – Use the Ecolane “app”* – visit [www.wrtd.org](http://www.wrtd.org) for more information
  - Reservations may be made up to two weeks in advance.
  - All reservations must be made a minimum of one business day in advance by 4pm. Reservations are made on a first-come-first-served basis.
  - WRTD will make an effort to accommodate trips within one hour before and one hour after a requested pick-up time.
  * Call the WRTD office to get set up with an account to access this system.

All WRTD vehicles are wheelchair-accessible.
Some vehicles are equipped with a bicycle rack.

**VETERANS AFFAIRS:**

**Veterans Affairs Agency Main**: 860-450-7583 [https://www.va.gov/](https://www.va.gov/)

**Office of Volunteers**: 860-667.6718

**Veterans Advocacy and Assistance**: 860-616-3683
Burial and Cemetery Services: 860-616-3688
Veterans Home Food Services: 860-616-3861
Veterans Home Safety and Security: 860-616-3610
Veterans Advocate: Contact Bill Woodbury at 860-423-4534 or 860-423-8507
Veterans Affairs Office: 203-932-5711 West Haven, CT
Disabled American Veterans: 860-589-4710 Bristol, CT
Veterans of Vietnam in America: 860-568-9212 Hartford, CT
Norwich Vet Center: 860-887-1755

VOlunteering:

Connecticut Retired and Senior Volunteer Program: 860-889-2648
http://nedv.net/seniors/rsvp.php

Mansfield Senior Center: 860-429-0262 http://www.mansfieldct/seniors. A good way to make friends, use your skills and have fun while giving back to the community.

Windham Hospital Volunteer Department: 860-456-6792
https://windhamhospital.org/careers/volunteers. Many volunteers are needed to assist in varied facets of hospital operation. Your interests and talents will be matched with volunteer positions.

Mansfield Town Hall: 860-429-3336
https://www.facebook.com/TownofMansfieldCT/?__xts__[0]=68.ARCwxUaXpGWJbTtN9m44lsBG-qZwGvgVTDzp3NG5zFvZzFjtR-4W7867haKekWzpxKvtjILrHJITmjH8Qon56eHRTs2eIFvr9JjI6uxpShdu_pHEm7g1olSyMWnq76oBnMN_pU7jkJQpJviiN2j8rPrssR-RduHn6W5XHioa0D57kYmMH0YhWzf1OWvCQIXEXAH88-QXgaTN4HEaBoFlxzG14UEq044QwjseNWnzAFtrzRd7ffN11vo_sQvClGdOvvnYDOboniDNe9mMw6hnG7XB_EvvpPA_LTLXfLtWF4s7HZrx1 (Search for “Volunteer”). Call for listing of volunteer opportunities