

# AT YOUR FINGERTIPS

## **Information & Resources for Seniors**



Mansfield Senior Center 303 Maple Road, Mansfield, CT 06268  
[www.mansfieldct.gov/seniors](http://www.mansfieldct.gov/seniors) 860.429.0262

## Mansfield Town Government and Senior Residents

Updated November 2025

The municipal government in Mansfield recognizes that older residents are important members of our community.

The Town Council appoints members to the Commission on Aging:

1. To study the conditions and needs of Senior Citizens in the Town in relation to housing, economics, health, transportation, and other matters.
2. To recommend and evaluate programs to meet the needs of the Senior Citizens and to suggest priorities for action.
3. To provide directions to appropriate resources for Senior Citizens in need of assistance.
4. To furnish information and advocacy to agencies and service providers who support Senior Citizens.

The Commission meets monthly and the public is welcome to attend. Please call the Human Services Department for meeting times at 860-429-3315.

The Human Services Department serves as the state mandated Municipal Agent for the Elderly by providing assistance in applying for services and assuring information and advocacy needs are met. The Municipal Agent for the Town of Mansfield is Jessica St. Louis, Director of Human Services. 860-429-3314.

The Department staff also provides consultation and referral to counseling for older persons and family members about any troubling personal concerns.

The Town also grants funds to a number of non-profit regional organizations which provide specialized services to seniors.

Mansfield Senior Center: As part of the Human Services Department, the Mansfield Senior Center offers a broad range of programs, activities and services for, by, and with seniors. The Senior Center is open Monday through Friday from 8:30am-4:30pm, and serves adults 55+ from Mansfield and surrounding towns. The Senior Center provides important wellness services including transportation, information, referrals, meal delivery, support groups, and insurance counseling, as well as engaging programs, classes, delicious lunches and monthly events. The Mansfield Senior Center publishes the “Senior Sparks” newsletter which contains a host of information on events and activities that may be of interest to seniors. Visit the Senior Center Website for information on how to get a copy. For more information on any Senior Center program, call 860-429-0262, visit [www.mansfieldct.gov/senior](http://www.mansfieldct.gov/senior), or stop by 303 Maple Road.

This booklet has been compiled by members of the Commission on Aging, and is designed to give an idea of the range of services offered nearby. There are many other services that are not included, so you are invited to contact INFOLINE 2-1-1 or [www.211ct.org](http://www.211ct.org), the Mansfield Senior Center 860-429-0262 or the Human Services Department 860-429-3315 for more information. We hope you find this information useful. Please notify the Commission on Aging [commissiononaging@mansfieldct.org](mailto:commissiononaging@mansfieldct.org) if you find any of the information out of date, wish to

suggest additions, or have comments. The online version is the most up to date, so please check it to determine if your suggestions have already been incorporated.

[www.mansfieldct.gov/atyourfingertips](http://www.mansfieldct.gov/atyourfingertips).

Inclusion in this brochure does not constitute a recommendation for nor does omission indicate a recommendation against any agency or organization.

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## **Town of Mansfield Municipal Contacts:**

[www.mansfieldct.gov](http://www.mansfieldct.gov)

Information Line:	860-429-3300
Animal Control:	860-487-0137
Assessor:	860-429-3311
Community Center:	860-429-3015
Fire Marshal:	860-429-3328
Eastern Highlands Health District:	860-429-3325
Housing Authority:	860-487-0693
Human Services Department	860-429-3315
Library:	860423-2501
Municipal Agent for the Elderly:	860-429-3315
Parks and Recreation Department:	860-429-3015
Public Works Department:	860-429-3331
Trash/Recycling:	860-429-3333
Registrar of Voters:	860-429-0262
Senior Center:	860-429-0262
Tax/Revenue Collector:	860-429-3307
Town Clerk:	860-429-3302
Town Manager:	860-429-3336
Transfer Station:	860-429-7189

## **Emergency Numbers:**

Ambulance-Fire-Police:	911
INFOLINE:	211
Suicide Hotline:	988
Adult Crisis Line:	800-HOPE-135 800-467-3135
Domestic Violence Hotline:	888-774-2900
Domestic Violence Hotline Spanish:	844-831-9200
Troop C State Police 24 hours a day:	860-896-3200
Poison Control:	800-222-1222
Community & other Disasters Mansfield Fire Marshal:	860-429-3328
Non-Emergency Fire Department:	860-429-5290
Non-Emergency Police/ Mansfield Resident State Trooper:	860-429-6024
Food, heat or shelter emergencies Mansfield Human Services:	860-429-3315 or 211

## **Other Helpful Contacts:**

A.A.R.P.

21 Oak Street, Hartford, CT 06106

[www.aarp.org](http://www.aarp.org)

866-295-7292

A.A.R.P. Smart Driver Course:

The AARP Smart Driver defensive driving course teaches evidence-based strategies to keep you safe behind the wheel and could save you money on your car insurance. Classes are held at various sites around the state and online. Call your insurance company to see if completing this class qualifies you for a discount.

## **Adult Day Care:**

Agency on Aging

Eastern Area Agency on Aging/Senior Resources

19 Ohio Ave, Norwich, CT 06360

800-994-9422

860-887-3561

Pierce Baptist Adult Daycare

44 Canterbury Road, Brooklyn, CT

860-774-9050

Ross Adult Day Health Center

165 McKinley Ave, Norwich, CT

860-889-1252

Senior Moments Adult Daycare

31 Kingsbury Ave., Tolland, CT

860-643-9500

## **Assisted Living:**

Please note that the assisted living facilities are only a partial listing of senior complexes in Connecticut. Please complete an online search for more options, or call 211.

State of CT. Dept. of Social Services

[www.ctlawhelp.org](http://www.ctlawhelp.org)

800-453-3320

Arbors of Hop Brook

403 W. Center Street, Manchester, CT

[www.arborsct.com](http://www.arborsct.com)

860-647-9343

Atria Greenridge Place

1 Elizabeth Court, Rocky Hill, CT

[www.atriaseniorliving.com](http://www.atriaseniorliving.com)

860-257-0000

Atrium at Rocky Hill 1160 Elm St. Ext., Rocky Hill, CT <a href="http://www.benchmarkseniorliving.com">www.benchmarkseniorliving.com</a>	888-595-2761
Avery Heights 550 Avery Hts., Hartford, CT <a href="http://www.averyheights.org">www.averyheights.org</a>	860-953-1201
Bacon Congregate Housing 43 Morris St., Hartford, CT <a href="http://www.sheldonoak.org">www.sheldonoak.org</a>	860-742-4212
Brookdale Buckingham 1824 Manchester Rd., Glastonbury, CT <a href="http://www.brookdale.com">www.brookdale.com</a>	860-647-1695 844-342-6770
F.J. Pitkat Congregate Living Center 80 Franklin St., Vernon, CT <a href="http://www.vernonhousing.org">www.vernonhousing.org</a>	860-875-9244
Glastonbury Housing Authority-Herbert T. Clark House 43 Canione Rd., Glastonbury, CT <a href="http://www.glastha.org">www.glastha.org</a>	860-652-7623
Immanuel House 15 Woodland St., Hartford, CT <a href="http://www.immanuelhousect.org">www.immanuelhousect.org</a> Low Income Assistance	860-525-4228 x22
Juniper Hill Village 1 Silo Circle Rd., Storrs Mansfield, CT <a href="http://www.ehmchm.org">www.ehmchm.org</a> Subsidized Assisted Living	860-429-9933
Luther Ridge at Middletown 628 Congdon St. West, Middletown, CT <a href="http://www.lutherridge.org">www.lutherridge.org</a>	860-374-7144
Masonicare at Ashlar Village 74 Cheshire Rd., Wallingford, CT <a href="http://www.masonicare.org">www.masonicare.org</a>	203-679-6400

<p>Mountain Laurel Senior Living Community  1177 Hebron Ave., Glastonbury, CT  <a href="http://www.brookdale.com">www.brookdale.com</a></p>	<p>860-652-3444</p>
<p>Mystic River Homes  205 Elm St., Noank, CT  <a href="http://www.mysticriverhomesinc.com">www.mysticriverhomesinc.com</a>  Subsidized Assistanct Living</p>	<p>860-572-6020</p>
<p>St. Jude Commons  3 Myrtle Dr., Norwich, CT  <a href="http://www.stjude.org">www.stjude.org</a>  Subsidized Assisted Living</p>	<p>860-889-2139</p>
<p>The McAuley  275 Steele Rd., West Hartford  <a href="http://www.trinityhealthseniorcommunities.org">www.trinityhealthseniorcommunities.org</a></p>	<p>860-920-6300</p>
<p>The Retreat  90 Retreat Ave., Hartford, CT  <a href="http://www.theretreat.org">www.theretreat.org</a>  Subsidized Assistant Living</p>	<p>860-560-2273</p>
<p>The Village at Buckland Court  432 Buckland Rd., South Windsor, CT  <a href="http://www.benchmarkseniorliving.com">www.benchmarkseniorliving.com</a></p>	<p>860-634-5709</p>
<p>Virginia Connolly Residence  1600 Hopmeadow St., Simsbury, CT  <a href="http://www.simsbury-ct.gov">www.simsbury-ct.gov</a>  Subsidized Assistant Living</p>	<p>860-658-1147</p>
<p>Welles Country Village  46 Welles Rd., Vernon, CT  <a href="http://www.wellescountryvillage.com">www.wellescountryvillage.com</a>  Subsidized Assisted Living</p>	<p>860-646-8782</p>

## **Communication**

Safelink Wireless 800-723-3546  
Government supported program that provides free cell phones and minutes to income eligible customers.  
[www.safelinkwireless.com](http://www.safelinkwireless.com)

Assurance Wireless 888-321-5880  
Provides free cell phones and wireless services to those who qualify  
[www.assurancewireless.com](http://www.assurancewireless.com)

## **Disability Resources**

Disability Network of Eastern Connecticut 860-823-1898  
[www.dnec.org](http://www.dnec.org)

State Department for Persons with Disabilities 800-537-2549  
[www.Portal.ct.gov/aginganddisability](http://www.Portal.ct.gov/aginganddisability)

UConn Speech and Hearing Clinic 860-486-2817  
[www.speech-language-hearing.uconn.edu](http://www.speech-language-hearing.uconn.edu)

Commission of the Deaf & Hearing Impaired  
Counseling 860-231-8756  
Emergency Interpreting Services 860-231-7623  
860-231-1690

Bureau of Education & Services for the Blind 860-602-4000  
[www.Portal.ct.gov](http://www.Portal.ct.gov)  
Offers counseling, referrals, educational services, legal advice and visual aids.

Connecticut Radio Information System (CRIS) 860-527-8000  
Audio access to printed materials for individuals who are blind or unable to read due to other print disabilities.  
[www.crisradio.org](http://www.crisradio.org)

Lions Low Vision Center 866-319-9733  
[www.LLVCECT.org](http://www.LLVCECT.org)

CT Library for Accessible Books (CT LAB) 860-757-6500  
231 Capitol Ave, Hartford, CT  
Free mail loan of recorded Braille books and magazines and playback equipment to handicapped residents.  
[www.portal.ct.gov/csl/departments/ct-lab](http://www.portal.ct.gov/csl/departments/ct-lab)

UConn Homer Babbidge Library 860486-2518  
Ensuring that every patron has full access to library services, facilities and collections.  
[www.library.uconn.edu/location/homer-babbidge-library/accessibility-services/](http://www.library.uconn.edu/location/homer-babbidge-library/accessibility-services/)

## **Durable Medical Equipment**

Shoe Smith 860-423-8873  
503 Main St., Willimantic, CT  
[www.theshoesmith.com](http://www.theshoesmith.com)  
Provides orthotics and diabetic insoles.

New England Low Vision and Blindness 888-211-6933  
615 West Johnson Ave., Suite 202 Cheshire, CT  
[www.nelowvision.com](http://www.nelowvision.com)  
A superstore that sells all types of aids for the blind and visually handicapped.

Oakhill Assistive Technology 860242-2274  
[www.assistivetechology.oakhillct.org/at/](http://www.assistivetechology.oakhillct.org/at/)  
Large variety of gently used medical equipment at discounted prices.

Medical Pharmacy 860-423-166  
1213 Main St., Willimantic, CT  
[www.medicalpharmacyct.com](http://www.medicalpharmacyct.com)  
Wide variety of durable medical equipment and home healthcare needs.

## **Education**

Relias Academy 800-910-0223  
[www.reliasacademy.com](http://www.reliasacademy.com)

ECSU 860-465-5125  
[www.easternct.edu](http://www.easternct.edu)

UConn Center for learning in Retirement 860-486-9600  
[www.clir.uconn.edu](http://www.clir.uconn.edu)

EASTCONN 860455-0707  
[www.eastconn.org](http://www.eastconn.org)

CT Community Colleges 860-932-4900  
[www.ctstate.edu](http://www.ctstate.edu)

## **Employment**

Willimantic CT Works 860-450-7603  
Offers free workshops and services including employment counseling, financial awareness, computer basics, interviewing techniques, resume writing and critique as well as educational refreshers.

Easter Seals Connecticut Senior Community Services 860-859-4148  
Matches people age 55+ with agencies based on skills and interests.  
[www.Hartford.easterseals.com](http://www.Hartford.easterseals.com)

Temporaries of New England 860-423-5627  
Matching applicants with available job openings.  
[www.tempsfnewengland.com](http://www.tempsfnewengland.com)

Association of Retired Teachers of Connecticut 860-643-9457  
Employment and volunteer opportunities  
[www.artct.org](http://www.artct.org)

Foster Grandparent Program 860-525-5437  
Eligible seniors participating in community service  
[www.seniorcorps.org/rsvp/foster-grandparents/](http://www.seniorcorps.org/rsvp/foster-grandparents/)

## **Energy Assistance**

Access Agency 860-450-7400  
Provides energy assistance to income eligible residents  
[www.accessagency.org/energy-assistance/](http://www.accessagency.org/energy-assistance/)

Citizens Oil Co-op, Inc. 860-561-6011  
Discounted heating oil and propane  
[www.oilco-op.com](http://www.oilco-op.com)

CT Matching Payment Program 800-286-2828 electric  
800-438-2278 gas  
[www.eversource.com/residential/account-billing/payment-assistance/](http://www.eversource.com/residential/account-billing/payment-assistance/)

Energize CT  
Payment assistance and energy efficiency programs  
[www.energizect.com](http://www.energizect.com)

Generation Power CT 860-243-2345  
Helping people retain access to heat, energy and water  
[www.gpct.org](http://www.gpct.org)

Connecticut Soldiers, Sailors and Marines Fund 860-296-0719  
Assist needy veterans and their families  
[www.alctssmf.org](http://www.alctssmf.org)

Weatherization Assistance 2-1-1  
[www.portal.ct.gov/deep/energy/weatherization/weatherization-in-connecticut](http://www.portal.ct.gov/deep/energy/weatherization/weatherization-in-connecticut)

Windham Area Interfaith Ministry (WAIM) 860-456-7270  
For those facing sudden hardship  
[www.waimct.org/programs/](http://www.waimct.org/programs/)

Winter Shut-off Protection Plan 800-286-2828  
[www.eversource.com/residential/account-billing/payment-assistance/shutoff-protection](http://www.eversource.com/residential/account-billing/payment-assistance/shutoff-protection)

### **Financial Assistance**

Annual Tax Exemptions in Mansfield 860-429-3315  
Homeowner exemptions by income.  
[www.mansfieldct.gov/232/Human-Services](http://www.mansfieldct.gov/232/Human-Services)

Charter Oak Pass 860-424-3200  
Provides access to several state parks for residents 65+  
[www.portal.ct.gov/deep/state-parks/special-passes---ct-state-parks-andforests#CharterOak](http://www.portal.ct.gov/deep/state-parks/special-passes---ct-state-parks-andforests#CharterOak)

Disabled Persons-Mansfield Tax Assessor 860-423-6386  
Property or vehicle valuation reduction

Social Security Willimantic Office 800-772-1213  
Provides benefit verification  
[www.ssa.gov](http://www.ssa.gov)

Home Ownership-Mansfield Tax Assessor 860-429-3311  
Application for valuation reduction  
[www.mansfieldct.gov/2224/Exemptions](http://www.mansfieldct.gov/2224/Exemptions)

Military Veterans or Survivors Benefit 860-429-3311  
Application for valuation reduction  
[www.mansfieldct.gov/2224/Exemptions](http://www.mansfieldct.gov/2224/Exemptions)

Mansfield Human Services 860-429-3315  
Many assistance programs available including Fee Waiver, access to resources, and food pantry.  
[www.mansfieldct.gov/232/Human-Services](http://www.mansfieldct.gov/232/Human-Services)

Housing Resources 860-240-4800  
State of CT resources concerning home ownership  
[www.hud.gov/states/connecticut](http://www.hud.gov/states/connecticut)

Housing Rehab Program 860-429-3315  
Community Development Block grant  
[www.mansfieldct.gov/2035/Housing-Rehabilitation-Program](http://www.mansfieldct.gov/2035/Housing-Rehabilitation-Program)

Renters Rebate for Elderly/Disabled 860-429-3315  
Reimbursement program for CT renters, income limits apply  
[www.mansfieldct.gov/2440/Renters-Rebate-Apr-1---Oct-1](http://www.mansfieldct.gov/2440/Renters-Rebate-Apr-1---Oct-1)

Reverse Annuity Mortgage 860-721-9501  
Applying for an equity loan against your home for money to live on  
[www.chfa.org/homeowners/reverse-annuity-mortgage-ram/](http://www.chfa.org/homeowners/reverse-annuity-mortgage-ram/)

State Department of Social Services 855-626-6632  
Programs that may provide resources or monthly benefits  
[www.portal.ct.gov/dss](http://www.portal.ct.gov/dss)

## **Financial Forms**

Income Tax Preparation 888-227-7669  
Free Tax assistance held at various sites Feb-April  
[www.aarp.org/money/taxes/aarp-taxaide/](http://www.aarp.org/money/taxes/aarp-taxaide/)

VITA/TCE 800-906-9887  
Free Tax assistance for those who qualify  
[www.freetaxassistance.for.irs.gov/s/sitelocator](http://www.freetaxassistance.for.irs.gov/s/sitelocator)

## Other Forms Assistance

Mansfield Senior Center 860-429-0262  
Mansfield Human Services 860-429-3315

## **Food and Nutrition**

Food Pantries  
Mansfield Human Services 860-429-3315  
303 Maple Road, Mansfield  
[www.mansfieldct.gov/1896/Food-Programs](http://www.mansfieldct.gov/1896/Food-Programs)  
Mon-Wed 8am-5:15pm, Thurs 8am-6:30pm

Storrs Congregational Church 2 N. Eagleville Road, Mansfield Mondays 12p-2p, Thursdays 2:30-5pm	860-429-9382  860-429-9382
Natchaug Food Pantry 196 Conantville Road, 2 <sup>nd</sup> Floor, Mansfield Ctr 1 <sup>st</sup> Tuesday of the month 9am-11am 3 <sup>rd</sup> Friday of the month 1pm-3pm	860-465-5909
Covenant Soup Kitchen 220 Valley Street, Willimantic <a href="http://www.covenantsoupkitchen.org">www.covenantsoupkitchen.org</a> Dining Room open: Mon/Weds 8:30am-4pm, Tues/Thurs 8:30am-2pm, Fri/Sat 8:30am-5 pm, Sun 8:30am-1pm	860-423-1643
Willington Food Pantry-for Willington Residents 40 Old Farms Rd., Willington	860-487-3118
Ashford Food Bank Living Proof Church, 38 Pompey Hollow Rd. Ashford Third Friday of the month 7am-9am	860-429-2923
Coventry Human Services- By appointment only 1712 Main Street, Coventry, CT	860742-5324
<u>Mobile Food Pantry</u> <a href="http://www.ctfoodshare.org">www.ctfoodshare.org</a>	203-469-5000
Bolton: St. George Episcopal Church, 1150 Boston Tpke <a href="http://www.stgeorgesboltonct.org">www.stgeorgesboltonct.org</a>	
Columbia: Beckish Senior Center 188 Route 66 November-March Columbia Recreation Park 60 Hennequin Rd April-October <a href="http://www.columbiact.gov/community-social-services/page/columbia-food-pantry-mobile-foodshare">www.columbiact.gov/community-social-services/page/columbia-food-pantry-mobile-foodshare</a>	860-228-0759x2
Coventry: St.Mary's Church 1600 Main Street <a href="http://www.coventry-ct.gov/126/Human-Services">www.coventry-ct.gov/126/Human-Services</a>	860-742-5324
Hebron: Church of Hope-Corner of Rt 85 and Rt 66	860-228-1681
Mansfield: Mansfield Housing Authority 303-309 Maple Road <a href="http://www.mansfieldct.gov/1896/Food-Programs">www.mansfieldct.gov/1896/Food-Programs</a>	860-429-3315

Tolland: United Congregational Church 45 Tolland Green 860-875-4160

Willimantic: First Congregational Church 199 Valley Street 860-423-6827

Willington: Town Hall 40 Old Farms Road 860-487-3118

Other Food Programs

Meals on Wheels 800-560-5015

Available to homebound community members ages 60+. Administered by TVCCA and supported by volunteers, this program delivers meals and wellness checks throughout Eastern CT.

Mom's Meals 877-508-6667

Delivers food as medicine solutions including medically tailored meals.

[www.momsmeals.com](http://www.momsmeals.com)

Peapod by Stop and Shop 800-573-2763

Grocery delivery service.

[www.peapod.com](http://www.peapod.com)

Price Chopper Delivery through Instacart 860-553-6555

[www.pricechopper.com/services/delivery/](http://www.pricechopper.com/services/delivery/)

SNAP- State Department of Social Services 800-842-1508

[www.portal.ct.gov/dss/snap/](http://www.portal.ct.gov/dss/snap/)

Willimantic Food Co-Op 860-456-3611

Provides reduced food costs for seniors 65+

[www.willimanticfood.coop](http://www.willimanticfood.coop)

Farmers' Market Coupons 860-887-3561

Available in the summer to income eligible seniors

[www.seniorresourcesec.org](http://www.seniorresourcesec.org)

Mansfield Senior Center 860-429-0262

[www.mansfieldct.gov/senior](http://www.mansfieldct.gov/senior)

Windham Senior Center 860-423-4524

[www.windhamct.gov/173/Senior-Center](http://www.windhamct.gov/173/Senior-Center)

## Health Services

CT Association for Healthcare at Home This association can make referrals. <a href="http://www.cthealthcareathome.org">www.cthealthcareathome.org</a>	203-265-9931
Alzheimer's Association <a href="http://www.alz.org/ct">www.alz.org/ct</a>	860-828-2828
CT Parkinson's Working Group <a href="http://www.cpwg.org">www.cpwg.org</a>	860-704-9519
CT Breast & Cervical Cancer Early Detection <a href="http://www.portal.ct.gov/dph/cedpp/">www.portal.ct.gov/dph/cedpp/</a>	Manchester 860-872-5368 Willimantic 860-823-6354
Respite Care Financial Assistance Eastern CT Area Agency on Aging <a href="http://www.seniorresources.org">www.seniorresources.org</a>	860-887-3561
American Cancer Society, New England Provides services and support including transportation <a href="http://www.cancer.org">www.cancer.org</a>	860-227-2345
AARP <a href="http://www.states.aarp.org/aarp-connecticut">www.states.aarp.org/aarp-connecticut</a>	866-295-7279
Senior Eye Care Program <a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a>	877-887-6327
Center for Medicare Advocacy Legal assistance with Medicare questions. <a href="http://www.medicareadvocacy.org">www.medicareadvocacy.org</a>	860-456-7790
UConn Speech & Hearing Clinic Services such as audiology, speech-language pathology, specialty ear molds, and a hearing aide dispensing program. <a href="http://www.clinic.speech-language-hearing.uconn.edu">www.clinic.speech-language-hearing.uconn.edu</a>	860-486-2629
Independent Living Aids For blind and visually handicapped <a href="http://www.independentliving.com">www.independentliving.com</a>	800-537-2118

## **Mental Health Services**

2-1-1

Up to date information on programs and services that can assist with mental healthcare

[www.211.org](http://www.211.org)

Backus Hospital Mental Health Center 860-823-6321

Individual and group therapy for seniors

[www.backushospital.org/services/psychiatry](http://www.backushospital.org/services/psychiatry)

Lawrence and Memorial Hospital 860-442-0711

Psychiatric Services

[www.lmhospital.org/services/behavioral-medicine](http://www.lmhospital.org/services/behavioral-medicine)

Mental Health Association of Connecticut 860-529-1970

[www.mhconn.org](http://www.mhconn.org)

Natchaug Hospital 800-426-7792

Inpatient psychiatric and chemical dependency treatment programs.

[www.natchaug.org](http://www.natchaug.org)

Institute of Living 860-545-7200

A program at Hartford Hospital offering Geropsychiatry

[www.instituteofliving.org](http://www.instituteofliving.org)

United Services: Mansfield Center Office 860-456-2261

A private non-profit center providing psychosocial, mental health, chemical abuse, education and prevention services.

[www.unitedservicesct.org](http://www.unitedservicesct.org)

Day Kimball Health Care 860-779-9270

Offers care management including services inpatient and outpatient care

[www.daykimball.org](http://www.daykimball.org)

## **Health Service Care Complaints**

Complaint against the health care institution 860-509-7400

Complaint against the health care professional 800-842-0038

Complaint against the hospital 800-797-9688

Connecticut Department of Public Health

Divisions of Health Systems Regulation

410 Capitol Avenue

PO Box 340308

Hartford, CT 06134-0308

## **Health Professionals**

Generations Family Health Center 860-450-7471  
40 Mansfield Ave, Willimantic, CT  
[www.genhealth.org](http://www.genhealth.org)

Hartford HealthCare Medical Group 860-456-9720  
1244 Storrs Road, Storrs, CT  
[www.hartfordhealthcaremedicalgroup.org](http://www.hartfordhealthcaremedicalgroup.org)

Mansfield Family Practice  
34 Professional Park Rd., Mansfield, CT 860-487-0002

UConn Health Medical Care 860-487-9200  
One Royce Circle, Suite 104

UConn Health Urgent Care 860-487-9300  
1 Royce Circle Suite 103, Storrs, CT  
[www.health.uconn.edu/storrs](http://www.health.uconn.edu/storrs)

Dentists  
Aspen Dental 959-219-4163  
96 Storrs Road Suite #1, Mansfield, CT

Mansfield Family Dentist 860-456-2906  
10 Higgins Hwy #1, Mansfield, CT

Reservoir Commons Dentist Associates 860-753-3620  
203 Storrs Road, Mansfield, CT

Storrs Family Dentistry 860-429-6406  
1022 Storrs Rd., Mansfield, CT

Windham Dental Group 860-560-1489  
1671 Main Street, Willimantic, CT

UConn Health Storrs Dental 860-487-9330  
1 Royce Circle #108, Mansfield, CT

## Help in the Home

211.ct.org

Hire-a-Habitator

[www.uconnhabitat.rso.uconn.edu/hire-a-habitator/](http://www.uconnhabitat.rso.uconn.edu/hire-a-habitator/)  
[www.easternct.edu/clubs/habitat-for-humanity.html](http://www.easternct.edu/clubs/habitat-for-humanity.html)

UR Community Cares

860-430-4557

[www.urcommunitycares.org](http://www.urcommunitycares.org)

## Home Care

Care Plus More

860-207-6708

Specializing in 24-hour live in care.

[www.careplusmore.com](http://www.careplusmore.com)

Community Companions & Homemaking Services

860-456-3626

Non-medical services such as companions, homemakers, personal care assistants.

[www.communitychs.org](http://www.communitychs.org)

Connecticut Home Care Program for Elders (CHCPE)

800-445-5394

[www.portal.ct.gov/dss/health-and-home-care/connecticut-home-care-program-for-elders/connecticut-home-care-program-for-elders-chcpe](http://www.portal.ct.gov/dss/health-and-home-care/connecticut-home-care-program-for-elders/connecticut-home-care-program-for-elders-chcpe)

ECHN Visiting Nurse

860-872-9163

Skilled home health care

[www.echn.org/locations/visiting-nurse-health-services-of-connecticut/](http://www.echn.org/locations/visiting-nurse-health-services-of-connecticut/)

Hartford Healthcare at Home

860-456-7288

Offers skilled nursing and home health aides.

[www.hartfordhealthcare.org/locations-partners/hartford-healthcare-at-home](http://www.hartfordhealthcare.org/locations-partners/hartford-healthcare-at-home)

Helping Hands

860-645-7667

Offers a variety of personalized home care services

[www.helpinghandsct.com](http://www.helpinghandsct.com)

Home Instead

860-896-5295

Caregiver, companionship and home help services

[www.homeinstead.com](http://www.homeinstead.com)

Right at Home

959-243-5665

Offers non-medical home care services

[www.rightathome.net](http://www.rightathome.net)

The Key 866-425-2180  
Offers a variety of home care services  
[www.thekey.com](http://www.thekey.com)

Visiting Angels 860-872-6084  
Offers non-medical companion and personal care assistance  
[www.visitingangels.com](http://www.visitingangels.com)

## **Housing**

Eagleville Green 860-487-0693  
Moderate-income and market-rate housing  
[www.eaglevillegreen.com](http://www.eaglevillegreen.com)

Glen Ridge 860-429-2202  
11 Sycamore Drive, Storrs, CT  
Independent living for 55+ members

Holinko Estates 860-487-0693  
Zygmunt Drive, Storrs, CT  
State financed housing community for moderate income families  
[www.mansfieldct.gov/223/Housing-Authority](http://www.mansfieldct.gov/223/Housing-Authority)

Housing Choice Voucher Program  
Section 8 program funded by the Federal Government HUD  
[www.cthcvp.org](http://www.cthcvp.org)

Juniper Hill Village 860-429-9933  
1 Silo Circle Rd., Storrs, Mansfield, CT  
Cottage style units and an Assisted Living Program for 62+  
[www.ehmchm.org/properties/juniper-hill-village/](http://www.ehmchm.org/properties/juniper-hill-village/)

The Standard 888-482-5121  
Quality apartments through affordable housing program  
[www.thestandardfourcorners.com](http://www.thestandardfourcorners.com)

Sun Homes/Rolling Hills 888-439-9375  
536 Middle Turnpike, Storrs, CT  
Vibrant & Friendly active 55+ community  
[www.suncommunities.com/connecticut/rolling-hills](http://www.suncommunities.com/connecticut/rolling-hills)

Wright's Village 860-487-0693  
Wright's Way, Storrs, CT  
State financed Senior or Disabled moderate income housing  
[www.mansfieldct.gov/223/Housing-Authority](http://www.mansfieldct.gov/223/Housing-Authority)

## Information

CT Department of Social Services  
[www.portal.ct.gov/DSS/Services/Children-Family-and-Older-Adults/Older-Adult-Services](http://www.portal.ct.gov/DSS/Services/Children-Family-and-Older-Adults/Older-Adult-Services)

Info line 2-1-1  
[www.211ct.org](http://www.211ct.org)

Mansfield Human Services 860-429-3315  
[www.mansfieldct.gov/232/Human-Services](http://www.mansfieldct.gov/232/Human-Services)

Eldercare Locator Service 800-677-1116  
[www.eldercare.acl.gov/home](http://www.eldercare.acl.gov/home)

Eastern Area Agency on Aging/Senior Resources 800-994-9422  
[www.seniorresourcesec.org](http://www.seniorresourcesec.org)

CT Social Services Eviction Prevention Program 860-887-3561  
[www.portal.ct.gov/doh/doh/programs/eviction-prevention-fund](http://www.portal.ct.gov/doh/doh/programs/eviction-prevention-fund)

Library for the Blind and Physically Handicapped 800-842-4516  
786 South Main Street, Middletown, CT  
[www.ctstatelibrary.org/lbph](http://www.ctstatelibrary.org/lbph)

## Legal Assistance

Center for Medicare Advocacy 860-456-7790  
[www.medicareadvocacy.org](http://www.medicareadvocacy.org)

Connecticut Legal Services 860-456-1761  
Transforming the lives of low-income people through legal support.  
[www.ctlegal.org](http://www.ctlegal.org)

Consumer Law Project for Elders 800-296-1467  
Improving the lives of CT residents by providing free legal help.  
[www.Ctlawhelp.org](http://www.Ctlawhelp.org)

Connecticut Long Term Care Ombudsman Program 860-424-5200  
[www.portal.ct.gov/lcop](http://www.portal.ct.gov/lcop)

Lawyer Referral Service 860-525-6052  
[www.hartfordbar.org/lawyer-referral/](http://www.hartfordbar.org/lawyer-referral/)

Statewide Legal Service 800-453-3320  
A statewide organization designed to help those with low income civil problems.  
[www.slsct.org](http://www.slsct.org)

## **Nursing Homes**

Douglas Manor 860-423-4636  
103 North Rd., Windham, CT 06280  
[www.douglasmanor.net](http://www.douglasmanor.net)

Mansfield Center for Nursing and Rehabilitation 860-487-2300  
100 Warren Circle, Storrs/Mansfield, CT 06269  
[www.mcnr.org](http://www.mcnr.org)

St. Joseph Living Center 860-456-1107  
14 Club Road, Windham, CT 06280  
[www.sjlivingcenter.org](http://www.sjlivingcenter.org)

Vanderman 860-450-7060  
595 Valley Street, Willimantic, CT 06226  
[www.vandermanplacehcc.com](http://www.vandermanplacehcc.com)

## **Prescription Assistance**

ArrayRx 800-913-4146  
Using this digital card can help save up to 80% on medications  
[www.arrayrxcard.com](http://www.arrayrxcard.com)

Needymeds 800-503-6897  
[www.needymeds.com](http://www.needymeds.com)

Rx Assist 877-537-5537  
[www.rxassist.org](http://www.rxassist.org)

Rx Outreach 888-796-1234  
[www.rxoutreach.org](http://www.rxoutreach.org)

Partnership for Prescription Assistance 888-477-2669  
[www.pparx.org](http://www.pparx.org)

## **Protective Services for Seniors**

Connecticut Alzheimer's Helpline 800-272-3900  
[www.alz.org/help-support/resources/alznavigator](http://www.alz.org/help-support/resources/alznavigator)

Connecticut Department of Social Services, Elderly Services 860-424-5274  
[www.portal.ct.gov/dss/social-work-services/social-work-services/protective-services-for-the-elderly](http://www.portal.ct.gov/dss/social-work-services/social-work-services/protective-services-for-the-elderly)

Domestic Violence Hotline 800-799-7233  
[www.thehotline.org](http://www.thehotline.org)

Elder Hotline 860-808-5555  
[www.portal.ct.gov/ag/elderhotline](http://www.portal.ct.gov/ag/elderhotline)

Protective Services For the Elderly 888-385-4225  
[www.ct.gov/dss/protectiveservicesforelderly](http://www.ct.gov/dss/protectiveservicesforelderly)

Safe Return Enrollment: 800-272-3900  
A program that assists with the identification and safe return of people with Alzheimer's disease.

Sexual Assault Crisis Center of Eastern Connecticut 860-456-2789  
Counseling, support and help for sexual assault victims and their families  
[www.sacceec.org](http://www.sacceec.org)

## **Recreation**

Fishing and Hunting Passes  
Free for Residents 65+  
Applications available at Mansfield Town Clerk office and online  
[www.portal.ct.gov/deep/hunting/hunting-licenses-and-permits](http://www.portal.ct.gov/deep/hunting/hunting-licenses-and-permits)

Mansfield Community Center 860-729-3015  
[www.mansfieldcc.com](http://www.mansfieldcc.com)

Mansfield Senior Center 860-429-0262  
[www.mansfieldct.gov/Seniors](http://www.mansfieldct.gov/Seniors)

## **Safety**

### Personal Emergency Response Buttons

Emergency buttons worn around the neck or a station placed in the house to alert emergency personnel when button pushed. Companies may have installation fees and monthly rental fees.

Life Alert 888-919-4534  
[www.lifealert.com](http://www.lifealert.com)

Lifeline 855-415-5819  
[www.lifeline.com](http://www.lifeline.com)

LifeStation 888-712-1224  
[www.lifestation.com](http://www.lifestation.com)

Medical Alert 866-381-8314  
[www.medicalalert.com](http://www.medicalalert.com)

### File of Life

Voluntary program designed to help local responders quickly obtain your necessary medical history, support needs and emergency contact information in an emergency situation. This is a red, magnetic packet that can easily be placed on any magnetic surface in the house, helping those emergency responders easily find your information.

Available at the Mansfield Senior Center 860-429-0262

## **State Services**

Consumer Protection 800-842-2649  
[www.portal.ct.gov/dcp](http://www.portal.ct.gov/dcp)

Department of Social Services 855-626-6632  
[www.portal.ct.gov/dss](http://www.portal.ct.gov/dss)

Disabled American Veterans Department of CT 203-440-4440  
[www.disabledvetsct.org](http://www.disabledvetsct.org)

Disability Rights Connecticut 800-842-7303  
Statewide non-profit with a mission to advocate for human, civil, and legal rights of people with disabilities in CT.  
[www.disrightsct.org](http://www.disrightsct.org)

Elder Abuse 888-385-4225  
[www.portal.ct.gov/dss/social-work-services/social-work-services/report-elder-abuse](http://www.portal.ct.gov/dss/social-work-services/social-work-services/report-elder-abuse)

Energy Services <a href="http://www.Energizect.com">www.Energizect.com</a>	
Fraud Reporting CT Attorney General's Office <a href="http://www.portal.ct.gov/fightfraud/content-pages/report-fraud">www.portal.ct.gov/fightfraud/content-pages/report-fraud</a>	860-808-5354
Federal Trade Commission <a href="http://www.reportfraud.ftc.gov">www.reportfraud.ftc.gov</a>	877-382-4357
Identity Theft <a href="http://www.identitytheft.gov">www.identitytheft.gov</a>	877-438-4338
Housing Court Includes matters involving summary process, appeals for fair rent commission and other issues. Check this website for correct location and directions on filing. <a href="http://www.jud.ct.gov/directory/directory/directions/housing.htm">www.jud.ct.gov/directory/directory/directions/housing.htm</a>	860-756-7920
Husky Health Care <a href="http://www.huskyhealthct.org/members.html">www.huskyhealthct.org/members.html</a>	855-805-4325
Insurance Commissioner Guidance, support, education and industry regulation to make sure insurance is available to everyone. <a href="http://www.ct.gov/CID">www.ct.gov/CID</a>	860-297-3800
Social Services <a href="http://www.portal.ct.gov/DSS">www.portal.ct.gov/DSS</a>	800-842-1508
State Police Missing Person- Bring Me Back Home A registry designed to assist in the recovery of missing or wandering persons. <a href="http://www.portal.ct.gov/despp/division-of-emergency-and-public-protection/bring-me-back-home">www.portal.ct.gov/despp/division-of-emergency-and-public-protection/bring-me-back-home</a>	
State Police- Troop C Tolland <a href="http://www.portal.ct.gov/despp/services/connecticut-state-police-csp">www.portal.ct.gov/despp/services/connecticut-state-police-csp</a>	800-318-7633

## **Other Important Information**

Alcoholics Anonymous <a href="http://www.ct-aa.org">www.ct-aa.org</a>	866-783-7712
Child Abuse Hotline <a href="http://www.childhelp.org">www.childhelp.org</a>	800-422-4453
Gambler's Anonymous <a href="http://www.ctwmaga.org">www.ctwmaga.org</a>	855-222-5542
Hospice Locator <a href="http://www.nationalhospicelocator.com">www.nationalhospicelocator.com</a>	719-209-1237
Red Cross <a href="http://www.redcross.org">www.redcross.org</a>	877-287-3327
Social Security <a href="http://www.ssa.gov">www.ssa.gov</a>	800-772-1213
Federal Do Not Call List <a href="http://www.donotcall.gov">www.donotcall.gov</a>	

## Transportation

Ace Taxi 860-222-2222

American Cancer Society 800-227-2345

Rides for cancer treatment

[www.cancer.org/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/support-programs-and-services/road-to-recovery.html)

Connecticut Transit Bus Service 860-525-9181

[www.cttransit.com](http://www.cttransit.com)

Discounted bus passes are available for seniors by calling Yamil Figueroa 860-487-9873

Mansfield Senior Center 860-487-9875

Providing free, accessible transportation for medical appointments and errands to Mansfield residents ages 55+

Norwich Taxi 860-642-1999

Windham Region Transit (WRTD) 860-456-2223

[www.wrtd.org](http://www.wrtd.org)

TTY: 800-842-9710

Fixed Bus routes- runs on a published schedule and route with no deviations. Passengers board at a stop. No reservations required.

ADA Paratransit-Passengers with a disability preventing them from using the fixed route may be eligible for the ADA Paratransit Service. This is an origin-to-destination service for individuals of any age with a physical or cognitive disability. Trips that qualify must have pick-ups and drop-offs within ¾ mile of WRTD's local routes and occur within the same hours and days of operation. You must be certified as ADA paratransit eligible. Please visit [www.ctada.com](http://www.ctada.com) to apply

Dial-A-Ride- a door to door shared ride service to and from anywhere within the nine-town region. (Ashford, Chaplin, Columbia, Coventry, Lebanon, Mansfield, Scotland, Willington, Windham/Willimantic. Reservations are required minimum of one business day in advance. Service is available to the general public with no age or disability restrictions.

Schedule: Monday-Friday 8:00am-4:00 pm (last trip by 3 pm)

Does not operate on: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas Day

## **Veterans Affairs**

Disabled American Veterans 203-440-4440  
[www.disabledvetsct.org](http://www.disabledvetsct.org)

Norwich Vet Center 860-887-1755  
[www.va.gov/norwich-vet-center](http://www.va.gov/norwich-vet-center)

Office of Volunteers  
[www.volunteer.va.gov](http://www.volunteer.va.gov)

Veterans Advocacy and Assistance 860-616-3685  
[www.portal.ct.gov/dva/advocacy-and-assistance](http://www.portal.ct.gov/dva/advocacy-and-assistance)

Veterans Affairs Agency 860-450-7583  
[www.va.gov](http://www.va.gov)

Veterans Affairs CT 860-616-3600  
[www.portal.ct.gov/dva](http://www.portal.ct.gov/dva)

Veterans Burial and Cemetery Services 800-698-2411  
[www.va.gov/burials-memorials](http://www.va.gov/burials-memorials)

Veterans Home Safety 888-388-3811  
[www.homesafety.net/partners/veterans-administration](http://www.homesafety.net/partners/veterans-administration)

Veterans Nutrition and Food Services  
[www.nutrition.va.gov/NUTRITION](http://www.nutrition.va.gov/NUTRITION)

Veterans of Vietnam in America 868-819-1081  
[www.vva.org/chapter/vva-ct-state-council-01](http://www.vva.org/chapter/vva-ct-state-council-01)

## **Volunteering**

Connecticut Retired and Senior Volunteer Program 860-889-1365  
[www.nedv.net/seniors/rsvp.php](http://www.nedv.net/seniors/rsvp.php)

Mansfield Senior Center 860-429-0262  
[www.mansfieldct.gov/353/Job-Opportunities](http://www.mansfieldct.gov/353/Job-Opportunities)

Windham Hospital 860-456-9116  
[www.windhamhospital.org/about-us/volunteers](http://www.windhamhospital.org/about-us/volunteers)

